



Online-Appendix zu

**„The Attitude-Behavior Gap – Drivers and Barriers
of Sustainable Consumption“**

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Appendix

Appendix A: Definitions of sustainable consumption and related constructs

Author & Year	Definition	Key elements
Own definition	Sustainable consumption is the selection, acquisition, use and disposal of products and services that considers not only the consumer's own needs and wants, but also the ones of the current and future population in both an ecological and social respect.	(a) entire consumption cycle, (b) ecological and social issues, (c) global population and (d) long-term perspective
Geiger et al. (2017)	"Sustainable consumption behaviors [are] individual acts of satisfying needs in different areas of life by acquiring, using and disposing goods and services that do not compromise the ecological and socio-economic conditions of all people (currently living or in the future) to satisfy their own needs." (p.20)	(a), (b), (c), (d) and highlights that consumption serves the satisfaction of one's needs
Di Giulio et al. (2014)	"[T]he sustainability of consumption acts is defined by the degree to which individual acts of selecting, acquiring, using, and disposing of, or prosuming goods contribute to creating or sustaining external conditions that allow all human beings to meet their objective needs today and in the future. These external conditions comprise ecological, social, cultural, and economic resources and processes." (p.54)	(a), (b), (c), (d) and explicitly mentions the cultural and economic component of sustainable consumption
Phipps et al. (2013)	"Sustainable consumption [is] consumption that simultaneously optimizes the environmental, social, and economic consequences of acquisition, use and disposition in order to meet the needs of both current and future generations" (p.1227)	(a), (b), (c) and (d)
Pepper et al. (2009)	"Sustainable consumption is a broad and contested concept that concerns the interaction of social and ecological issues such as environmental protection, human needs, quality of life, and intra-generational and inter-generational equity." (p.126)	(b), (c), (d) and stresses the width of as well as the controversial nature of this concept
Vermeir and Verbeke (2006)	"Sustainable consumption is based on a decision-making process that takes the consumer's social responsibility into account in addition to individual needs and wants." (p.170)	(b) and empathizes that consumption serves to satisfy both needs and wants
Kilbourne et al. (1997)	Sustainable consumption "minimizes environmental effects, considers the needs of future generations, and is for the satisfaction of needs that produce a better quality of life". (p. 5)	(c), (d) and highlights that consumption serves the satisfaction of one's needs
Norwegian Ministry of the	Sustainable production and consumption is "[t]he use of goods and related products which respond to basic needs and bring a better quality of life, while	(c) and (d)

Environment (1994)	minimizing the use of natural resources and toxic materials as well as the emissions of waste and pollutants over the life cycle, so as not to jeopardize the needs of future generations."	
<i>Concepts related to sustainable consumption</i>		
Kushwah et al. (2019)	"[...] ethical consumption [is] an act of buying products that consider various ethical attributes (e.g., human, environment, animal, etc.) besides the essential product benefits based on individual moral beliefs and values. (p.3)"	(b) and shows that ethical consumption is based on a person's moral beliefs and values but
Crane and Matten (2004)	" Ethical consumption is the conscious and deliberate choice to make certain consumption choices due to personal and moral beliefs." (p.15)	Also shows that ethical consumption is based on a person's moral beliefs and values but
Tan, Johnstone, and Yang (2016)	"Several definitions were found in the literature [...]. Commonly, consumers' green consumption behaviour includes recycling, protecting waterways, bringing own shopping bags, the purchase and consumption of environmentally-friendly products etc." (p.289)	Shows that green consumption has no clear and consistent definition and may include social as well as ecological issues (b)
Balderjahn et al. (2013)	" Consciousness for sustainable consumption (CSC) [is] an intention to consume in a way that enhances the environmental, social and economic aspects of quality of life." (p.182)	(b) and explicitly mentions the economic component of sustainable consumption
Steg and Vlek (2009)	Pro-environmental behavior refers to "behavior that harms the environment as little as possible, or even benefits the environment" (p.309)	Consideration of the ecological component only
Fisk (1973)	" Responsible consumption refers to rational and efficient use of resources with respect to the global human population" (p. 24)	(c) and stresses the underlying resources used for consuming

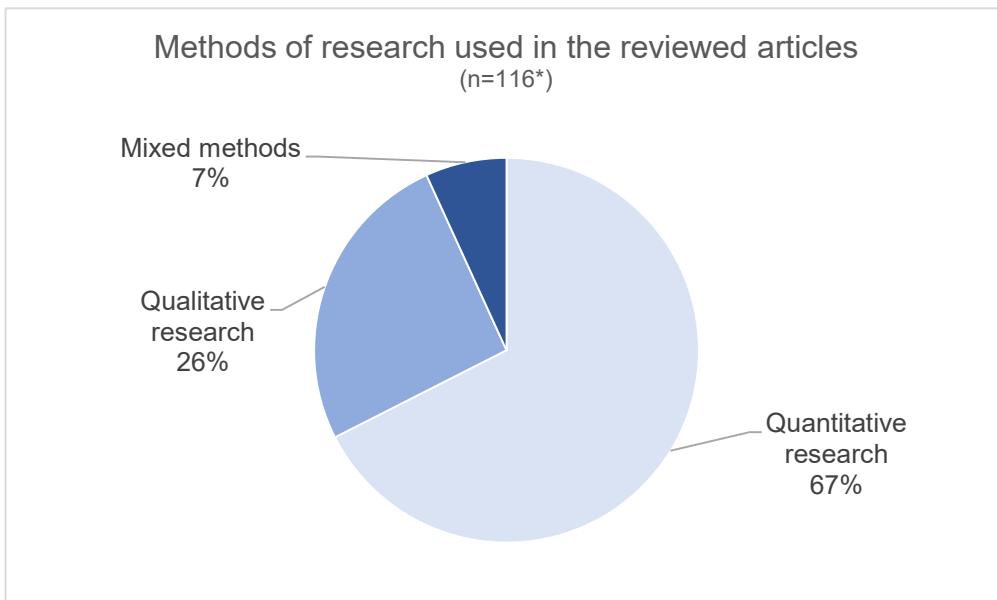
Appendix B: Overview of justification strategies found in the literature

Authors	Exemplary argumentation	Key theme
Chatzidakis et al. (2007), and Gruber et al. (2014)	<p>"It's so much more expensive anyway, and to be honest money is so tight at the moment..." or "I think I would become more passionate about FT (Fair Trade) products if I had realized the difference that exists when a product is FT and when it's not...but, I think people don't know enough, they are not given much explanation..." (Chatzidakis et al., 2007, p.92)</p> <p>"I don't think I would consider sustainability when shopping. It's not OK what most companies do, but I haven't asked them to do it. Whether I care or not they would do it anyway." (Gruber et al., 2014, p.40)</p>	Denial of responsibility (asserting that consumers should not be held accountable for sustainability issues)
Chatzidakis et al. (2007) and Gruber et al. (2014)	<p>"I wouldn't feel bad for not buying FT...in my view, the causes of unfair trade are systemic... (by buying FT) I'm not doing anything that contributes to an improved trading system." or "I think, the problem is too big to be dealt at the level of the consumer... it seems to me that the minority of people that care about FT aren't going to overcome the bigger problem...which is about all those organizations and subsidies, signing agreements". (Chatzidakis et al., 2007, p.92)</p> <p>"It's much better for children to work for a minimum wage than to do nothing and die. Presumably, they are happy about every cent they earn. Actually you are just helping them, doing good by buying their products." (Gruber et al., 2014, p.40)</p>	Denial of injury or of benefit (claiming that they harmed nobody or their behavior would not benefit anyone)
Chatzidakis et al. (2007) and Gruber et al. (2014)	<p>"I think that the issue of FT puts a lot of burden of fairness to the consumer... for example, you've got COSTA coffee, where if you look at the menu, it says in small print letters that you can request any of our coffees in FT...where maybe it should be the other way round? If a person wants to save some money they could request non-FT coffee" (Chatzidakis et al., 2007, p.92) This also contains denial of responsibility.</p> <p>"Even if a company really behaves irresponsibly, it's pointless to be the only person not going there. Then I pay a lot more somewhere else and other people continue to shop for cheap things. Then it doesn't make a difference." (Gruber et al., 2014, p.40)</p>	Condemning the condemners (putting the blame on the companies)
Chatzidakis et al. (2007), and Gruber et al. (2014)	<p>"...to be honest, I like trying different things...and I am not very keen on buying the same on and on". "FT might be a consideration, but in general...when I go shopping in Sainsbury's I look for the cheapest and nearest thing to me" (Chatzidakis et al., 2007, p.92)</p> <p>"She doesn't have enough money but still wants to cater for everything her children want. Also she doesn't want the children to notice that they cannot have a lot. She</p>	Appeal to higher loyalties (referring to domestic circumstanced that have an impact on the consumer's decision making)

	buys cheaper stuff so her children have something and will not be ragged at school" (Gruber et al., 2014, p.40)	
Gruber et al. (2014)	"Concerning boycotting Nestle' [...] nowadays it's not possible to do that anymore, I wouldn't do this because so many products have a name that doesn't reveal the company behind it, it's not possible" (Gruber et al., 2014, p.40)	Defense of the necessity (consumers claiming that they lack the possibility to engage in the desired behavior)
Gruber et al. (2014)	"I assume that the average consumer, in such a situation, would list random examples of how he or she has already contributed to saving the environment. They say that they have already done something, so they don't have to pay in this specific situation." (Gruber et al., 2014, p.40)	Claim of the metaphor of the ledger (consumers thinking that they have already made their contribution)
Gruber et al. (2014)	"I think if a company offers a good product that is extremely cheap then consumers would buy it anyway, even if the company is engaging in dubious practices and not working in a sustainable way. It is just the best product and I think the personal advantage is of greater importance (...) One's own benefit is greater and more important than the benefit you see if workers in Asia are doing better." (Gruber et al., 2014, p.41)	Claim of entitlement (consumers thinking they deserve the extra benefit a specific purchase brings about)
Gruber et al. (2014)	"I wouldn't get a bad conscience if I did it like this. Knowing that others who, in my eyes, should really have a bad conscience are just doing whatever they feel like." (Gruber et al., 2014, p.41)	Claim of relative acceptability (referring to others that are even worse in their behavior)
Gruber et al. (2014)	"I am a more important person and I don't care about other people, that is why I don't really mind this product being made by a poorer person and I am interested in my own advantage." (Gruber et al., 2014, p.41)	Claim of individuality (consumer is occupied with his/herself)
Gruber et al. (2014)	"The product in front of me is exactly as bad as the others. It is attached to the same unethical production. And if I stand in front of the shelf and there are five products and all five products are equally bad I can only choose the lesser of two evils" (Gruber et al., 2014, p.41)	Justification by comparison (referring to even worse conducts (not to behavior of others))
<i>The following neutralization techniques were found in relation to ethical consumer behavior and thus also rarely contain behaviors that are not related to sustainability (e.g. copyright infringement)</i>		
Eckhardt et al. (2010)	"I might consider a local brand not using bad labor practices, but it would have to be competitive in terms of all other factors." (Eckhardt et al., 2010, p.430)	Economic rationalization (focusing on personal utility)
Eckhardt et al. (2010)	'Now we're part of Europe, so it's Europe's responsibility.' "I cannot do anything about it, so why bother thinking about it." (Eckhardt et al., 2010, p.431)	Institutional dependency (similar to denial of responsibility, as responsibility is ascribed to institutions)

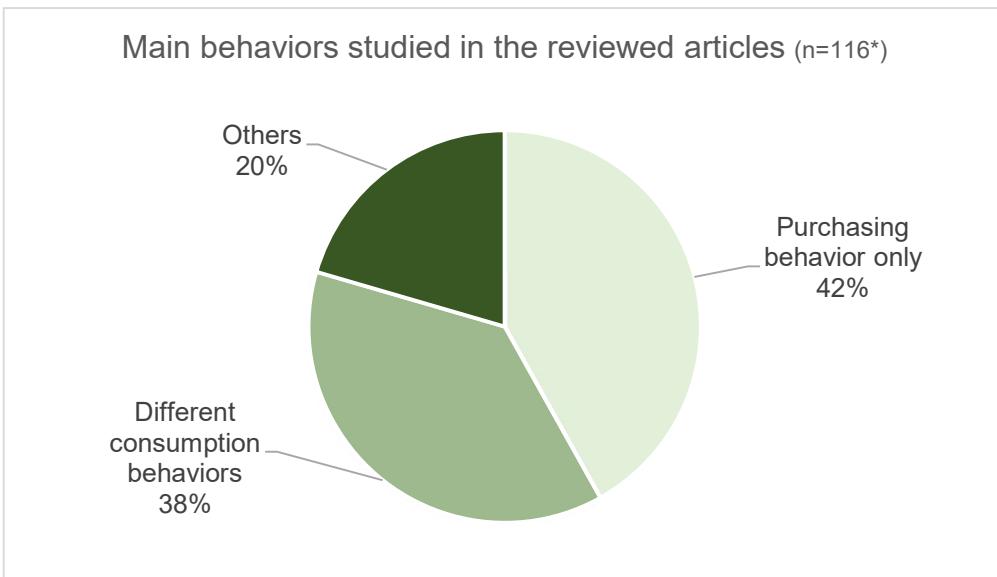
Eckhardt et al. (2010)	"What can we do? It has nothing to do with us. Some people earn well, some countries are poor. That is business. It's cheap for them [Nike]. If they try to do it in the US, they have to pay more. There is nothing wrong. If they [the workers] had no job, then how would it be? At least they have food to eat." (Eckhardt et al., 2010, p.430)	Developmental realism (economic growth works like this)
<i>The following rationalizations are related to flying by plane</i>		
McDonald et al. (2015)	"People fly internally in this country, I don't, but say you needed to get from London to Scotland, getting the train would be so horrendous, and it's just hideous and expensive and takes so long." (McDonald et al., 2015, p.1512)	Justifications related to travel product (e.g. more convenient or less expensive)
McDonald et al. (2015)	"I have flown three times over four years to do international work on sustainability with the [developing nation] government, which I think is justified." (McDonald et al., 2015, p.1513)	Justifications related to travel context (e.g. for work or visiting friends)
McDonald et al. (2015)	"There's this breadth of experience that comes from travelling, that you've seen this and you've done that, sometimes I feel like I'm under pressure to travel because that's what all the interesting people have done...I think that other people judge us by our travelling experiences." (McDonald et al., 2015, p.1513)	Justifications related to personal identity (i.e. benefits for oneself)

Appendix C: Graphical representation of the research methods that were used in the reviewed articles



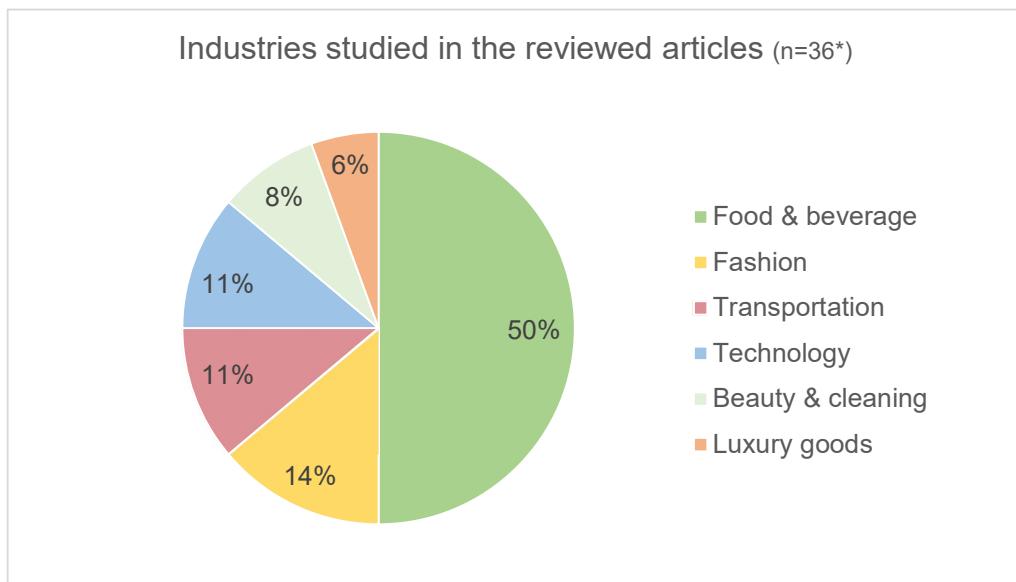
*The sample size is only 116 because two of the papers did not explicitly undertake research for the article cited in this thesis, which is why they were excluded here.

Appendix D: Graphical representation of the proportion of the reviewed articles that either studied purchasing behavior only or different behaviors at once



*The sample size is only 116 because two of the papers were meta-analysis and therefore automatically research different behaviors, which is why they were excluded here.

Appendix E: Graphical representation of the industries that are studied in the articles that focused on a specific behavior



*The industry is only displayed in the graph if there was a specific behavior studied, only one industry was examined and this industry appeared more than once in the literature reviewed.

Appendix F: Literature table 1 – Overview of the literature reviewed for the compilation of the drivers and barriers of sustainable consumption

The column “Rating” contains either the ranking of the most recent rating of the German Academic Association for Business Research, short VHB, (letters: A+ until D) or the H index (or Hirsch number) of the Scimago Journal Rank (numbers: the higher the better), if the journal was not evaluated by VHB. With very few selected exceptions, only journals with a ranking of at least “C” or an H index which is comparable to a “C” or better were included.

The column “Gap” indicates an “x” if the authors mention the attitude-behavior, belief-behavior or intention-behavior gap in the introduction or literature review. A “xx” means that the gap is not only mentioned but also a connection is established between the findings of the study and the gap.

Apart from that, a determinant that is asterisked indicates that its impact was merely studied on intention or attitudes but not directly on behavior.

Author(s)	Title	Year	Journal	Rating	Theories	Methodology	Results	Barriers & Drivers	Behavior (industry)	Gap
Cesare Amatulli, Matteo De Angelis, Alessandro M. Peluso, Isabella Soscia & Gianluigi Guido	The Effect of Negative Message Framing on Green Consumption: An Investigation of the Role of Shame	2019	Journal of Business Ethics	B	<p>framing a message means highlighting specific aspects and making them more salient in communication.</p> <p>- positively framed messages: companies highlight the possible environmental benefits deriving from the purchase of their green options</p> <p>- negatively framed messages: companies highlight the harmful environmental consequences deriving from consumers' decision to buy unsustainable alternatives.</p> <p>The cognitive theory of emotion contends that emotions typically lead to behaviors that allow people to cope with their emotional states in an adaptive way</p>	<p>four quantitative studies:</p> <p>(1) in-field experiment: participants watched a video and completed a questionnaire afterwards</p> <p>(2) experiment with 3 conditions (frame valence was manipulated: negative, neutral or positive); questionnaire to measure environmental concern, then narrative scenario and subsequent choice (=dependent variable)</p> <p>(3) experiment with 4 conditions within a 2 (environmental concern: salient vs. non-salient) x 2 (frame valence: negative vs. positive) between-subject experiment;</p> <p>(4) experiment with 4 conditions within a 2 (type of product: luxury vs. non-luxury) x 2 (frame valence: negative vs. positive) between-subject experiment, also with narrative scenario</p>	<ul style="list-style-type: none"> - anticipated shame mediates the effect of message frame valence on consumers' pro-environmental behaviors and induces consumers to make more eco-friendly choices (like purchasing sustainable products) - anticipated shame is the sole emotion at play, distinct from typically assimilated emotions such as guilt - the effect of negative framing on anticipated shame is more pronounced when environmental concern is active in consumers' minds - negative message frames activated a feeling of anticipated shame only in those recipients characterized by a higher dispositional concern for the environment. - shame does not lead to pro-environmental behaviors when the product is a luxury one 	<p>framing of the messages (in communication strategies of firms)</p>		
Cristina Longo, Avi Shankar & Peter Nutall	It's Not Easy Living a Sustainable Lifestyle": How Greater Knowledge Leads to Dilemmas, Tensions and Paralysis	2019	Journal of Business Ethics	B	<p>none mentioned, but discussion of status quo of the research regarding knowledge and information in consumer's sustainable purchasing behaviors</p>	<ul style="list-style-type: none"> - qualitative - interviews with people committed to sustainability - phenomenological interviews → the course of the discussion was driven by the interviewees 	<ul style="list-style-type: none"> - uncovers the contrasting and paradoxical role of knowledge - consumer knowledge can have a disempowering effect on consumers by being a source of dilemma, tension and paralysis, hence provoking a self-inflicted paradoxical situation for people → consumer knowledge might represent a source of disvalue rather than value to the practice of sustainable consumption - the more somebody becomes aware of the detrimental environmental and social effects of their consumption habits, the more this becomes a burden rather than an aid - consumers struggle to combine social and environmental principles in one single purchasing option - "green confusion" (Chen and Chang 2013) might be caused by information overload (and not by the multitude of alternatives available in the marketplace - the accumulation of knowledge makes informants doubtful of their own capabilities → social dilemma of having to make a choice between different options when there is no clear winner - accumulation of knowledge can represent a source of tension in terms of not being able to attain desired sustainability ideals, e.g. feeling unwittingly trapped in unsustainable practices - continuously perfecting knowledge can actually be paralyzing in that it can paradoxically lead to the risk of not being able to function. → Knowledge has an empowering and an disempowering side (source of dilemmas, tensions and paralyses) 	<p>knowledge</p> <p>xx</p>	<p>different behaviors</p>	

				- shopping patterns are affected by the belief that sustainable products are less strong than conventional products (doubts about functional aspects) -> this is sometimes unnoticed by the consumer - consumers hold the intuitive belief that sustainable alter-natives have lower product strength (i.e., they are less robust, less tasty, less durable) than conventional products. - findings revealed a substantial link between the ELSI and the share of sustainable products present in the shopping cart - increased interest in sustainability issues can reduce explicit reliance in the ELSI - more money is spent on sustainable items when consumers show lower subscription to the intuition	perception of sustainable products	purchasing groceries (food)	xx
Robert Mai, Stefan Hoffmann, Wassili Lasarov & Anne Buhs	Ethical Products 5 Less Strong: How Explicit and Implicit Reliance on the Lay Theory Affects Consumption Behaviors	Journal of Business Ethics	B	2019 quantitative implicit association test and two follow ups one of them being an observational large-scale field experiment) - dependent variable: shopping cart composition: independent variables: interest in sustainable consumption, explicit and implicit ELSI ("ethical = less strong" intuition), gender, age	quantitative implicit association test and two follow ups one of them being an observational large-scale field experiment) - dependent variable: shopping cart composition: independent variables: interest in sustainable consumption, explicit and implicit ELSI ("ethical = less strong" intuition), gender, age	- some consumers explicitly deny belief in the ELSI they unconsciously associate sustainable companies with weaker products - consumers, and particularly males, are likely to favor conventional products over sustainable options, particularly when they make their choices impulsively and unobserved by others - these effects are reversed when the decision is made in a framing that activates more calculative thinking → increase in the likelihood of choosing the sustainable option for both females (+30%) and males (+27%) → distinction between the reflective and the impulsive mechanisms of the ELSI helps to gain a better understanding of the lay theory - increasing the consumer's motivation to consume sustainably indeed helps to improve the sustainability of their consumption patterns and also helps to reduce belief in the ELSI, yet at a cognitively controlled level only. If implicit subscription to the intuition is strong, increasing the motivation is ineffective in reducing explicit subscription to the ELSI → directing the consumer's emphasis on sustainability issues does not affect those mechanisms that occur outside their awareness and that are more difficult to change - Overall, although sustainability induces positive normative evaluations, doubts about functional aspects (e.g., performance, quality) are also activated—sometimes unnoticed by the consumer—with negative consequences for the final purchase decision.	- TPB is indeed, a predictive model for explaining organic milk purchase intentions and behavior - it can be successfully extended to elements such as self-identity and trust. Yet among all the dimensions of trust in the different actors of the supply chain, only trust in farmers was supported by the results → the importance of farmers in building consumer trust could be used to implement innovative and more efficient marketing strategies for organic products - consumers' intentions to purchase organic milk were best explained by the perception of their personal control on organic milk purchase - positive attitude, subjective norms and self-identity as a green consumer towards organic milk determined intentions - past behavior influenced intentions and future purchase, which is in line with the consumer's tendency to be in an "automated" mode when purchasing food, which restrains the possible consideration of alternative food
V. Carfora, C. Cavallo, D. Caso, T. Del Giudice, B. De Devilis, R. Viscechia, G. Nardone & G. Ciccia	Explaining consumer purchase behavior for organic milk: Including trust and green self-identity within the theory of planned behavior	Food Quality and Preference	Food Quality	2019 - quantitative, longitudinal design: interviews with consumers in two stages in order to obtain data regarding both intentions and actual behavior in respect of organic milk purchase (1) dependent variable: intention: independent variables: past behavior, PBC, subjective norm, attitude, trust in government, trust in farmers, trust in manufacturers, trust in retailers & self-identity as a "green consumer" (2) dependent variable: future behavior; independent variables: intention and past behavior	- Identity Theory: explains how the individual's expectations about role-appropriate behavior can enforce his/her position within society (Callero, 1985; Charng, Pillai, & Callero, 1988) - Theory of Planned Behavior → extended to include trust in supply chain actors and self-identity of the consumers in question as "green consumers"	- trust in farmers - green self-identity - past behavior - antecedents of intentions as in the TPB	purchasing organic milk (food) xx

Lay beliefs about product sustainability operate at different levels. Scholars distinguish between processes, which are brought about more implicitly and processes brought about more explicitly in a more reflective and cognitively-controlled manner.					
- the deliberate, explicit process is characterized by slow, controlled decisions on the basis of rules, in-depth logic, reasoning, and careful elaboration. - the more implicit process is characterized by quick and spontaneous associations and unconsciously activated intuitions → consumers cannot fully assess their implicit associations via introspection and they cannot easily control or modify these associations	Hungry bellies have no ears; How and why hunger inhibits sustainable consumption Stefan Hofmann, Robert Mai, Wassili Lasarov, Jan S. Krause & Ulrich Schmidt	B	Ecological Economics 2019	two quantitative experiments: (1) within-subjects laboratory experiment participants were randomly assigned to either the satisfied condition in which the participants had breakfast before conducting the test, or the hungry condition with 18 h of food deprivation - dependent variable: sustainable food buying patterns - independent variable: hunger - possible mediators: implicit association and explicit evaluation (2) field experiment between consumers who entered or left the cafeteria (incl. verbal report of their hunger on a scale)	<ul style="list-style-type: none"> - hunger shapes the extent to which consumers choose the sustainable options → hungry consumers display a lower preference for sustainable food options - reasoning: hunger alters human associations with sustainable food products, which are related to product gentleness. While sustainable product choice is driven by these cognitions both implicitly and explicitly, food deprivation only operates at the implicit level, but does not effect the explicit evaluation → the state of hunger shapes implicit associations concerning sustainability, which, in turn, spill over to decisions about sustainable products → effect of hunger occurs, thus, spontaneously, automatically, and unconsciously - physiological needs actually have priority over higher-order needs, such as sustainability - motives to consume sustainable do not only result from changes in the general life situation, but can also be temporarily induced, e.g. by food deprivation - contextual factors, such as hunger, can override consumers' intentions to consume sustainably
Being engaged is a good thing; Understanding sustainable consumer behavior among young adults Selma Kadić, Maja Mađaljčić, Maja Aršanagić-Kalajžić, Milena Micevski, Jasmina Đadić & Vesna Zabkar	Being engaged is a good thing; Understanding sustainable consumer behavior among young adults Selma Kadić, Maja Mađaljčić, Maja Aršanagić-Kalajžić, Milena Micevski, Jasmina Đadić & Vesna Zabkar	B	Journal of Business Research 2019	quantitative web-based panel study in two different countries - dependent variable: consumer behavior - independent variables: self-identity, consumer values influencing engagement (which is the independent variable of consumer behavior - emotional intelligence as a moderator of the relationship between engagement and consumption behavior - engagement is defined as a participation in, and connection with, environmental and social issues	<ul style="list-style-type: none"> - pro-environmental engagement and pro-social engagement are significant predictors of young adults' pro-environmental and pro-social consumption behavior, which is also dependent on consumption behavior-relevant self-identity and values - emotional intelligence boosts the effect of engagement on pro-environmental and pro-social consumption behavior, and it has a significant direct effect on pro-environmental behavior (not on pro-social behavior though) → could be due to the relative abundance of environmental communities and events related to pro-environmental causes compared to pro-social events → results suggest that sustainable consumption behavior is driven by context-congruent consumer characteristics
Understanding consumer resistance to the consumption of organic food. A study of ethical consumption, purchasing, and choice behavior Shikhsai Kushwaha, Amandeep Dhir & Mahin Sagar	Food Quality and Preference 2019	100		<ul style="list-style-type: none"> - Value-Belief-Motiv theory (Stern, 2000) - Emotional Regulation Theory (Gross, 1998) - research on engagement (Vivek, Beatty, Dalela, & Morgan, 2014) 	<ul style="list-style-type: none"> - barrier is the most significant and the only barrier against organic food consumption → value barrier negatively influences both ethical consumption intentions and choice behavior (for buyers as well as nonbuyers) - possible explanation: benefits associated with organic food in comparison with conventional alternatives are not very clear and profound among consumers - the relationship between ethical consumption intention and choice behavior is mediated by purchase intention. - ethical consumption intentions are also significantly associated with purchase intentions as well as choice behavior → suggest that consumers with higher ethical consumption intentions are likely to possess high purchase intentions and favorable choice behavior toward an organic food purchase. - no significant differences have emerged based on the level of buying involvement - environmental concerns only moderates the relationship between value barrier and purchase intentions

Who can improve the environment—Me or the powerful others? An integrative approach to focus of control and pro-environmental behavior in China	Xisi Yang & Anja Weber	Resources, Conservation & Recycling	103	<ul style="list-style-type: none"> - quantitative questionnaire among Chinese people living in different provinces (→ low-, middle- and high-GDP/PC (GDP-per capita)) - dependent variables: different pro-environmental behaviors (purchase, activism, recycling, energy, transport) - independent variables: internal and external dimensions of locus of control (e.g. governmental or corporate responsibility) and confucian values
				<ul style="list-style-type: none"> - the model explains 51% of the variance of energy-saving behavior and 25% of green transport choices - Chinese consumers' beliefs in their own and others' abilities are confirmed to be positively associated with reported behaviors - integration of Confucian values helps to understand what drives the high level of perceived governmental and corporate responsibility - people with high internal locus of control are more likely to engage in environmental actions - people who recognize the environmental improvement through green consumption and recycling also tend to buy various pro-environmental products, e.g., purchasing sustainable products, recycling, energy usage, and transport - locus of control - confucian values*
Ethical consumer behavior in Germany: The behavior-gap in the green apparel industry	Marie Wiedhold & Luis F. Martinez	International Journal of Consumer Studies	D	<ul style="list-style-type: none"> - purchase behavior is affected by the personal circumstances - interrelations between the attributes are evident - drivers and barriers: - price revealed to be most discussed barrier in the interviews - Image (i.e. old fashioned) - lack of information / knowledge (especially concerning labelling of sustainable clothing and the criteria, which classify ethical items to its legitimacy) - lack of availability (i.e. lack of stores offering ethical cloths) - consumption habits - inertia / (perceived) incapacity to make a difference / external locus of control → -perceived powerlessness → participants justify their purchasing inertia with the feeling that no difference can be made with the own behaviour and no significant impact will be generated - pride - price - image - information / knowledge purchasing availability clothes (fashion) - habits - locus of control - pride

				The findings are organized in four thematic categories that were derived from the analysis: (1) green credibility seeking; awareness of the supply side of the purchasing and consumption processes, such as how goods are produced, delivered, and sold, was central to the informants' judgments (2) emotionally affiliated green procurement "dumpster-diving", clothes-swapping and buying from second-hand shops → such green procurement practices operate primarily outside of the dominant social paradigm and dominant market mechanism (3) green presumption to replace commodities: presumption is producing the goods and services consumed rather than purchasing them from the marketplace → respondents' motivation went beyond their concerns for the environment and included feelings of self-sufficiency and independence, social belonging, and excitement. (4) green whispers: describes the interactions with others. While many of the informants engaged in very public actions in support of the environment, most expressed their environmentalism in a pragmatic fashion so as not to create discord with closely held others. → the findings highlight the critical trade-offs that young environmentalists had to make to be environmentally conscious and maintain their social network	- opinion of the social network* - technology / mobile apps (for information)		
Chamila Perera, Pat Auger & Jill Klein	Green Consumption Practices Among Young Environmentalists: A Practice Theory Perspective	Journal of Business Ethics	B	Practice theory: the notion of practice is described as a routinized type of behavior which consists of several forms of bodily and mental activities (Wardle 2005) Practice guides the process of consumption through capturing required consumer objects, learning about them, and putting them to use. Practice theory focuses on material meanings, and competencies as the components of a practice, positting that a practice can thrive and grow only when these elements come together.	qualitative, photo-elicited, in-depth interviews with young environmentalists		
So Young Song & Youn-Kyung Kim	Theory of Virtue Ethics: Do Consumers' Good Traits Predict Their Socially Responsible Consumption?	Journal of Business Ethics	B	Theory of Virtue Ethics: Virtues reflect individuals' positive traits, which become a foundation of a person's moral goodness → this study views virtues from the perspective of traits and not from that of values Virtuous Traits are acquired and learned through life experiences and can be classified into self-regarding (welfare for self, e.g. self-efficacy or self-control) and other-regarding traits (serve the good of others, e.g. altruism or empathy)	- quantitative online-survey using consumer panels of a market research agency - instrument was designed to measure nine virtuous traits and five personality traits of the Big Five factors - dependent variable: Socially responsible purchase and disposal behavior (SRPD)	- the virtuous traits of self-efficacy, courage, and self-control, as well as the personality traits of openness and conscientiousness, predict socially responsible purchase and disposal behavior. - SRPD can especially be predicted by consumers' virtuous traits of self-efficacy and by their personality trait of openness (→ individuals who are open to new ideas and are imaginative and creative are more likely to show SRPD behavior)	- self-efficacy traits of consumers; purchase and disposal behavior and conscientiousness
Matthew A. Maxwell-Smith, Paul J. Conway, Joshua D. Wright & James M. Olson	Translating Environmental Ideologies into Action: The Role of Amplifying Commitment to Beliefs	Journal of Business Ethics	B	- Theory of Planned Behavior (Ajzen, 1988) - Commitment to Beliefs Framework: Maxwell-Smith and Eeses (2012) proposed that people vary in their level of commitment to beliefs (CTB), the extent to which people generally feel obligated to follow their value-based beliefs, whatever they may be. An important corollary of the CTB framework: ideology amplification. - System-Justification Theory (Jost et al. 2004): argues that individuals are motivated to rationalize the social systems and institutions on which they are dependent as legitimate, fair, and appropriate, sometimes to the detriment of their self- or group-interests	- two studies: both quantitative, student-sample and closed-question surveys - study 1 additionally contained consumer decision trials (choices between pairs of similar products) - study 2: longitudinal (2-5 weeks break) - independent variables: economic systems-justification (ED) and New Ecological Paradigm (ideological beliefs about the importance of maintaining balance with nature) - dependent variables: sustainable consumption - moderating variable: CTB	- evidence for the amplification effect of CTB is indicated by a significant interaction between CTB and the specific ideological variable predicting the EF choice. - both studies demonstrated that individuals who endorsed either environmentally conscious or environmentally negligent consumption ideologies were most likely to engage in ideologically consistent behavior (both currently and in the future) when they had greater levels of CTB (even while controlling for a wide range of covariates that included environmental identity, political leaning, social desirability, behavioral norms, perceived behavioral control, and past EF behavior in study 2) - CTB is a useful tool to identify who is likely to follow their beliefs in the environmental domain, and has potential to do the same in other value-relevant domains	

Kristin A. Scott & S. Todd Weaver	The Intersection of Sustainable Consumption and Anticonsumption: Repurposing to Extend Product Life Spans	Journal of Public Policy and Marketing	B	only past research discussed	<p>(a) social influences / networks: connections to 'makers' enable users to learn about the concept of repurposing, find inspiring ideas, and learn new techniques</p> <p>(b) object agency: object itself as starting point, e.g. object that they currently owned and did not want to dispose of</p> <p>(c) individual motivations: positive feelings associated with the activity, e.g. enjoying the creativity and innovativeness → saving the planet was not the focus of the informants. Instead, they were generally motivated by expressive and recreational goals</p> <p>- the outcomes of repurposing include value creation for the maker or customer, behavioral and perception effects, and identity effects. Two types of value are identified: utilitarian and hedonic</p> <p>- repurposed objects create higher levels of product attachment due to their "history"</p>	<p>- fun/creativity during the process - social influence</p> <p>Repurposing / Extending product life spans</p>
C. William Young, Sally V. Russell, Cheryl A. Robinson & Phani Kumar Chintakayala	Sustainable Retailing – Influencing Consumer behavior on Food Waste	Business Strategy and the Environment	B	none mentioned	<p>- quantitative quasi-experiment in a field setting</p> <p>- tested five communication channels (Magazine, e-newsletter, Facebook site, on-pack sticker & in-store event) of Asda (a retailer in the UK) with cross-sector agreed standard food waste reduction messages</p> <p>- Six national surveys over 21 months tracked Asda customers' self-reported food waste</p>	<p>communication of food waste behavior (food)</p> <p>retailers (constant reminders)</p>
Meike Janssen	Determinants of organic food purchases: Evidence from household panel data	Food Quality and Preference	##	2018	<p>no theories mentioned, but summary of the state of the art on determinants of organic food consumption:</p> <ol style="list-style-type: none"> (1) Perceived healthiness and naturalness (free from harmful substances) (2) Concern for environmental protection (3) Quality and enjoyment of eating (4) Preference for local/domestic origin (5) Price consciousness: organic products are perceived as being expensive (6) Convenience orientation: consumers with a high convenience orientation buy less or no organic food 	<p>- perceived healthiness and naturalness</p> <p>- concern for environmental protection</p> <p>- quality and enjoyment of eating</p> <p>- preference for local/domestic origin</p> <p>- Price consciousness:</p> <p>organic products are perceived as being expensive</p> <p>- convenience orientation</p>

Exploring attitude-behavior gap in sustainable consumption: comparison of recycled and upcycled fashion products	Hyun Jung Park & Li Min Lin	Journal of Business Research 2018 B	- quantitative survey focusing on young consumers who are fashion-oriented, conscious about their public image, and enjoy immediate gratification - dependent variables: purchase intention and purchase experience (both category variables) - independent variables: environmental concern, perceived consumer effectiveness (PCE), subjective norms, perceived product value, economic risk, availability/risk and demographical variables	<ul style="list-style-type: none"> - utilitarian value (concerns the quality of the products) had significant influences on the likelihood of being in the buyer group than in the non-buyer group for both recycled and upcycled products - Although many other factors increased purchase intention, perceived consumer effectiveness or income was more related to actual purchase behavior of second-hand fashion product, while subjective norm or education played important roles in purchasing upcycled fashion good with respect to recycled products, variables such as PCE, utilitarian value, and income significantly increased purchase probability. Consumers were willing to purchase second-hand goods when they believed that they could contribute in solving environmental problems. In terms of upcycled products, subjective norms, education level, and utilitarian value were variables that discriminate between green and non-green buyers → partly due to the fact that upcycled products are viewed to be more innovative or unique than recycled products - results indicate that there were differences between the antecedents of purchase intention and those of actual buying: Although self-expressiveness value played a part in increasing the intention to purchase upcycled fashion products, it did not affect actual purchase
Exploring the effects of non-cognitive and emotional factors on household electricity saving behavior	Shanyong Wang, Shoufu Lin & Jun Li	Theory of Reasoned Action, Theory of Planned Behavior & Theory of Interpersonal Behavior 2018 Energy Policy B	- quantitative questionnaire survey in four stages → participants evaluate intention to save electricity and actual electricity saving behavior at different points in time - dependent variable: electricity saving behavior - independent variables: attitude, subjective norm, PBC, personal moral norm - mediator between independent variables and behavior: intention to save electricity - additional independent variables that have a potential influence on intention and/or behavior: habit and positive anticipated emotion	<ul style="list-style-type: none"> - quality of the product / utilitarian value - perceived consumer effectiveness - demographical: income and education level - subjective norm - personal moral norm, habit, positive anticipated emotion (complex relationship) - attitude & PBC*
				<ul style="list-style-type: none"> - personal moral norm, habit and positive anticipated emotion are positively and significantly related to residents' intention to save electricity - personal moral norm has the largest impact on intention to save electricity - habit is also positively associated with electricity saving behavior - positive anticipated emotion is negatively associated with electricity saving behavior but positively with intention → suggest that positive anticipated emotion does not translate into actual electricity saving behavior, despite residents intend to do so, for instance because residents may have avoidance-oriented beliefs and think that they can save electricity in the future so not perform the electricity saving behavior right now is forgivable - consistent with TPB, attitude and perceived behavioral control are positively related to intention to save electricity. However, the effect of subjective norm on intention to save electricity is not significant, which means that important others do not influence residents' intention to save electricity (maybe because household electricity saving behavior is almost invisible to friends, relatives or neighbors) → research highlights the importance of non-cognitive and emotional factors as drivers of electricity saving behavior

- Consumer Involvement Theory - Elaboration Likelihood Theory (Petty et al., 2005; Cacioppo and Petty, 1984; Petty et al., 1983); provides a general framework for organizing and understanding the effectiveness of persuasive communications and can be applied to product purchase situations. According to the model, consumers are persuaded through either a central or a peripheral route. Both motivation and ability are key determinants of these routes. In the central route, consumers apply the required cognitive effort to assess the information available to them. On the other hand, on a peripheral route, consumers execute their evaluation on more salient and easily available cues. > When consumers' involvement level is high, persuasion occurs through the central route, while for low-involvement consumers the peripheral route is utilized	- quantitative questionnaire -quantitative variables: intention to engage in sustainable behavior (green hotel visit, purchase organic wine or purchase a green car), willingness to pay -independent variables: consumer's involvement	- consumers' behavioral intentions depend strongly on the type of environmental product considered and the underlying type and extent of involvement associated with the product category - As products can be distinctly different depending on the associated involvement, consumption dynamics and attributes, it is important for marketers to take note of the differences when designing marketing campaigns for green products - for green cars, high-involvement does not decrease willingness to purchase it or to pay more for it; however, willingness to sacrifice is less for high-involvement consumers	xx					
The Interplay of Product Involvement and Sustainable Consumption: An Empirical Analysis of Behavioral Intentions Related to Green Hotels, Organic Wines and Green Cars	Sustainable Development	C	2018	Imran Rahman	- regarding organic wine, high-involvement consumers are significantly more willing to purchase such wines, pay a price premium and make more sacrifices to obtain them - consumers, in general, irrespective of their involvement with hotels, would show support for green hotels as the green appeal is treated as a main attribute > no significant difference was found in consumers' intention to visit, willingness to pay more or willingness to sacrifice based on their level of involvement with hotels -> con-sumers tend to evaluate each green product differently based on the attributes of the product and on the type of involvement they exhibit with the product category. Thus, it is erroneous to make any general inferences about the interplay of product involvement and behavioral intentions about green products. Consumers' behavioral intentions in regards to such products are a complex process and the elaboration likelihood model alone cannot explain this process completely.	discusses the influence of type of product/ involvement on the determinants	xx	
Religiosity, Attitude, and the Demand for Socially Responsible Products	Journal of Business Ethics	B	2017	Iohann Graafland	- survey of four SR products (fair trade coffee, organic meat, free-range eggs, and fair trade chocolate sprinkles) - independent variable: Buying behavior - independent variables: Concern, Price fairness, Moral duty, Subjective norm, Religious denomination, Church attendance, Prayer or meditation, Monthly net income, Education, Age, Gender	- Christian religiosity increases positive attitude towards SR products, except for the Orthodox Protestant affiliation → religiosity encourages a positive attitude both directly and indirectly through subjective norm, for Orthodox Protestant affiliation, a negative relationship is found between religious affiliation and attitude towards SR products - In accordance with the theory of planned behavior, attitude is found to increase the demand for SR products - no evidence of hypocrisy (in the sense that religiosity increases pro-social attitude without affecting behavior in the case of SR products) for any of the Christian denominations - attitude, subjective norm, and the demand for SR products are negatively related to non-religious affiliation	religious beliefs	x
Toward Sustainable Livelihoods: Investigating the Drivers of Purchase Behavior for Green Products	Business Strategy and the Environment	B	2017	Chiou-Fong Wei, Chang-Tang Chang, Tun-Chih Kou & Bruce C Y Lee	quantitative: - closed-ended structured questionnaire consisting of two main sections, including demographic data (e.g., gender, age, marriage status, monthly disposable income, education level and occupation) and seven latent constructs (environmental involvement = perceived relevance → more cognitive elaboration), green advertising skepticism, informational utility, green trust - dependent variable: green purchase behavior (attitude toward green products and green purchase intention are mediators, like in the TPB)	- purchasing fair trade coffee, organic meat, free-range eggs, and fair trade chocolate sprinkles (food)	x	

"Yes, but this Other One Looks Better": How do Consumers Respond to Trade-offs Between Sustainability and Other Valued Attributes?	Michael G. Luchs & Minu Kumar	Journal of Business Ethics	B	<p>- Regulatory Fit Theory (Higgins, 1997); behavior can be understood as goal pursuit and the individual's desire to pursue gains, i.e., promotion-oriented goals, or avoid pains, i.e., prevention-oriented goals. Anticipation and fulfillment of goals evokes positive emotions, whereas non-fulfillment of anticipated goals evokes negative emotions (Higgins 1997)</p> <p>→ within the current context, we can understand consumers' emotional and behavioral responses to products based on their appraisal of product attributes and the goals that they can potentially fulfill</p> <p>three quantitative studies (1a) online survey in 2 trade-off-type: utilitarian vs. hedonic) X (order: superior utilitarian-hedonic option on the left/right), superior sustainability on the right (left) between-subjects design: presented participants with a product choice task (online survey) + measured anticipatory emotions; dependent variable: consumer response; independent variable: type of trade-off with sustainability (hedonic vs. utilitarian); moderators: attitude towards sustainability and product type (hedonic/utilitarian) (1b) 2 (trade-off type: utilitarian vs. hedonic) X 2 (product type: utilitarian vs. hedonic) X 22 (order: superior or utilitarian/hedonic option on the left/right), superior sustainability on the right [left] between-subjects design with a similar choice scenario to study 1a (2) online survey with a choice experiment in 2 (product type: hedonic vs. utilitarian) X 2 (trade-off type: utilitarian vs. hedonic) between-subjects design.; dependent variable: consumer response</p>
Quantitative qualitative insights into consumers' sustainable purchasing behavior: a segmentation approach based on motives and heuristic cues	Andrea K. Eberhart & Gabriele Naderer	Journal of Marketing Management	C	<p>- mixed method approach; combination of real purchasing data from loyalty card purchases at a major German drugstore chain (quantitative) with in-depth qualitative data</p> <p>none mentioned</p>
				<p>- consumer responses given a trade-off-with, or in favor of, product sustainability depend on what being traded off: - consumers are more likely to choose a product that trades off hedonic value (e.g., aesthetics) for sustainability as opposed to one that trades off utilitarian value (e.g., performance) for sustainability → sustainability is relatively more likely to be chosen in the context of a trade-off with hedonic value than in the context of a trade-off with utilitarian value - the effect of trade-off type is moderated by both individual- and category-specific characteristics: → with respect to individual characteristics: the effect of trade-off type depends on the degree to which consumers' value sustainability attributes → with respect to category characteristics and the predicted moderating effect of product type: consumers' more (less) favorable response to a trade-off with hedonic value (utilitarian value) is attenuated (amplified) as the relative importance of hedonic (utilitarian) attributes increases - results also provide evidence of the important role of emotions: consumers may be more likely to trade-off hedonic value (vs. utilitarian value) for sustainability given that choosing hedonic values over sustainability would induce even less pride and less confidence than choosing utilitarian value over sustainability—especially as their attitude towards sustainability becomes more positive. Specifically, participants' higher anticipatory pride felt towards the more sustainable product appeared to be greatest among participants with a highly positive attitude towards sustainability, but only in the context of a trade-off with hedonic value, not utilitarian value</p> <p>- identified three market clusters which reflect purchasing patterns of different consumer segments: (1) hardly contains any sustainable cues (e.g., glass packaging or vegan table), (3) primarily contains certified sustainable brands and (2) mix of these two extremes</p> <p>- three critical factors that build on each other to ultimately result in more sustainable consumption → motivational state in which they feel they have to act (2) consumers have to be competent in assessing products and brands with regard to sustainability for which they use simple decision heuristics (3) consumers have to be able to identify options for courses of action → products have to be evaluated positively and satisfy motives</p> <p>- three consumer segments could be distinguished: unreflecting consumers ($n=10$), limited ($n=7$) consumers and responsible consumers ($n=4$) → segments differ in the perceived relevance of sustainability</p> <p>- universalism was found to be a main motivator value for responsible consumers - responsible consumers do not purchase personal care products solely for reasons of sustainability, but also personal health and skin feel linked to self-indulgent values</p> <p>- the lack of motivation and competence as well as competing motives and the rejection of possible courses of action are the main obstacles to a more sustainable consumption - For the majority of consumers, sustainable product attributes are also not obvious (→ lack of knowledge/awareness)</p> <p>- Generally, attributes such as ingredients, packaging and design were decisive for purchasing personal care products. Indulgence, health and universalism were the values to which these attributes were related.</p> <p>- the simple use of heuristic cues does not make sure that these cues are reliable indicators to infer sustainability. Only responsible consumers have the competence to identify more sustainable products by the help of heuristics such as established certifications</p>

Do Ethical Social Media Pay Off? An Exploratory Study of the Ability of Facebook Ethical Communities to Strengthen Consumers' Ethical Consumption Behavior	Johanna Gummesson, Veronica Lijander & Reija Sihman	Journal of Business Ethics	B	none mentioned	- quantitative online survey (questionnaire) of ethical community participants (on Facebook) - independent variables: consumer commitment to ethical consumption (affective and continuance) - mediator: perceived benefits from community participation - dependent variables: reinforced ethical consumption due to community participation and loyalty to the online community	- ethical consumption behavior can be strengthened by online community participation, especially due to informational benefits (information about available ethical choices, up-to-date facts in response to consumers' ethical concerns...) - social and entertainment benefits showed no significant relationship with ethical consumption behavior but have a positive influence on loyalty to the community - consumers' prior commitment to ethical consumption influences the perceived benefits: the affective commitment to ethical consumption has a positive, and the continuance commitment a negative influence on the benefits → the more consumers feel they engage in ethical consumption because of an emotional attachment, the higher the perceived benefits from online community participation are. The more consumers perceive that their ethical consumption is driven by lack of choice, the fewer the benefits - Overall, the perceived benefits of these communities were at a relatively low level
Understanding Ethical Luxury Consumption Through Practice Theories: A Study of Fine Jewellery Purchases	Caroline Moraes, Marilyn Carrigan, Carmela Bosangkit, Carlos Ferreira & Michelle McGrath	Journal of Business Ethics	B	qualitative, semi-structured face-to-face interviews with consumers of a particular shop of fine jewellery	- knowledge about the supply chain of luxury products can be important in consumers' ethical purchases. Such knowledge and availability (e.g. of conflict-free diamonds), in turn, has enabled some informants to articulate new practices, meanings and involvement with fine jewellery - consumers' ethical and non-ethical performances are very much embedded in social processes, whereby changes in the materiality are part of a more general performance integration where objects, feelings, personal experiences, cultural values and activities as well as norms, shared knowledge and understanding, and the consumption place	- knowledge - availability
					- study highlights that if ethics and sustainability are to be embedded in fine jewellery consumption practices, they must be an intrinsic part of the organisation of the social and material environment of trading places and the consumption environment - norms, shared knowledge and understanding as well as the consumption environment and place are relevant in shaping fine jewellery consumption practice → new practices such as ethical luxury consumption will likely require an innovation process through which consumers incorporate new meanings, ethical materials and ethical competencies in their pre-established ways of doing things	- purchasing fine jewellery xx (luxury goods)
Breaking Bad: Existential Threat Decreases Pro-Environmental Behavior	Benjamin Buttiar, Marc Latz & Eva Walther	Basic and applied social psychology	59	Terror Management Theory (TMT) tries to explain how people respond to existential catastrophes; originally stated that individuals cope with existential threat by defending their cultural values and beliefs as humans have an instinctive desire for self-preservation. Empirical evidence led to incongruous findings. TMT literature thus suggests that existential threat may reduce or enhance pro-environmental attitudes and behavior depending on the saliency of certain social norms and the execution of habits may not be reduced but rather enhanced under threat.	- two quantitative field studies on different types of habitual behavior among university students: - study 1: one-factor design, including a baseline condition, a request condition (signalling the request to use less towels), and a request-threat condition (poster with picture and discussion of life-threatening effects of nuclear power plants)	- barrier only: - information about existential threats / arousing situations use of paper towels or napkins

				- the survey supported the two-dimensional approach to RCB (see column "theory") - both consumer awareness and sustainability-focused value orientation have direct positive influence on responsible consumer behavior - consumer awareness is a mediator, with mediations for societal or personal responsible consumer behavior by the respective consumer awareness → it is crucial for organizations to link their sustainable offers with appropriate communication activities in order to motivate consumers to engage in more responsible consumption - findings suggest that societal responsible consumer behavior is driven more directly by the striving for sustainability, while personal responsible consumer behavior has psychological sources, such as the striving for life satisfaction and self-actualization - in contrast to very broad value measures, more specific value orientations may have a greater potential to be linked to consumer behavior - consumers behave more responsibly when they are aware of their behavior's consequences and believe in their ability to contribute effectively to environmental or social problems → consumers' sustainability-focused values not only have a direct effect on behavior, they also enhance certain forms of consumer awareness which then support behavior in line with consumers' values.	
Consumer awareness and sustainability-focused value orientation as motivating factors of responsible consumer behavior	Anja Buerke, Tammo Straatmann, Nick Lin-Hi & Karsten Müller	Review of Managerial Science	B	- Literature revealed two dimensions of responsible consumer behavior (RCB): impact on society ("doing good"), consideration of the ecological, social, and economic consequences - societal dimension as well as impact on consumer ("doing well", meeting personal needs), individual dimension → RCB is defined as sustainability-oriented consumer behavior that consists of societal responsible consumer behavior, including environmental, social, and economic aspects, and personal responsible consumer behavior, including physical, socio-psychological, and financial aspects. - Value-belief-norm (VBN) theory (Stern et al. 1999)	- quantitative, anonymous online survey among consumers - independent variable: sustainability-focussed values - dependent variable: responsible consumer behavior - mediator: consumer awareness - consumers behave more responsibly when they are aware of their behavior's consequences and believe in their ability to contribute effectively to environmental or social problems → consumers' sustainability-focused values not only have a direct effect on behavior, they also enhance certain forms of consumer awareness which then support behavior in line with consumers' values.
Staging luxury experiences for understanding sustainable fashion consumption: A balance theory application	Jinghe Han , Yuni Seo & Eunju Ko	Journal of Business Research	B	Heider's (1985) balance theory and consumer luxury brand experiences explain and reveal how a state of psychological imbalance causes the attitude-behavior gap between sustainable fashion and SFPC behaviors. Balance Theory: postulates that individuals generally seek to maintain internal harmony and order among their attitudes, values, and behavior. If elements are imbalanced, consumers are likely to change their attitudes and/or behaviors to appropriately restore the equilibrium qualitative two stages process: (1) focus groups (with broad guidance questions) (2) direct observations (staged shopping trips where each participant was given money to spend in the two eco-fashion stores) & post-behavior semi-structured long interviews about their experiences immediately after visiting each store	- respondents recognize the importance of sustainability considerations and most engage in pro-environmental practices (apart from buying sustainable fashion), but they have reservations about purchasing sustainable fashion products - three distinct but interrelated themes describing why consumers are unwilling to purchase sustainable fashion products: (1) negative quality perceptions (inferior in terms of product design and quality characteristics); many associate eco-friendly products with unattractive appeals and limited selection (2) the lack of justification for paying a premium price (3) the lack of social awareness about the value of eco-fashion products; participants note that they have few opportunities to learn about sustainable fashion through media and/or consumption experiences → nexus of overpriced and poor quality perceptions may come from lack of awareness and social capital surrounding knowledge about eco-fashion rather than actual product performance - staged experiences can reinforce the link between sustainability issues and sustainable fashion product consumption (SFPC) and foster a more positive consumer orientation toward SFPC. - the consumers who underwent staged experiences: (1) extended their practical knowledge about sustainable fashion products; (2) became more open to adopting SFPC behaviors; and (3) developed personalized competencies that encourage future SFPC behaviors → Such experiences reinforce the connection between sustainability concerns and SFPC, heighten the personal relevance of SFPC behaviors, convey practical knowledge about SFPC, encourage openness to SFPC, and develop consumer competencies for performing SFPC behaviors

Nature as extended-self: Sacred nature relationship and implications for responsible consumption behavior	Vimala Kunchamboo, Christina K.C. Lee & Jan Brace-Govan	Journal of Business Research	B	<p>three different connection-types to nature:</p> <ul style="list-style-type: none"> (1) relational extended self (= nature perceived as a part of a larger self): - self as being more important than nature - connection with nature to fulfill personal needs; engagement with nature to enhance physical and mental strength - nature as a companion, e.g. to reduce loneliness → beginning stage of forming a meaningful relationship with nature / seeing nature as extended self (2) encapsulated self (= the self as a subset of superior nature): - viewing nature as superior → generates feelings of smallness and powerlessness, often promoting either respect or fear of nature - participants of this group are responsible consumers, but their actions are in-consistent and tend to be situational (3) assimilated self (= the self as one with nature): - participants perceive nature as calm and knowledgeable. Their nature look, hunger for knowledge, and peaceful demeanor link to a perception of a self and nature collective - individuals adopt a broader view of life and develop a strong sense of belonging with the broader universe - as the self is seen as nature, loss of nature becomes a loss of the self → As connecting with nature intensifies, individuals begin seeing nature as a self-relevant object. Familiarity and in-depth knowledge strengthens the nature identity. Nature as part of the self positively influences responsible consumption behavior. The results suggest that (1) inter-actions with nature create personal meanings that guide beliefs and values (2) perceptions of similarity between the self and nature are necessary to develop empathy and establish relationships; and (3) the extent to which an individual perceives the self as part of nature influences the consistency of engagement in responsible consumption behavior. → nature as part of their extended self to develop concern for nature, thus encouraging responsible consumption behavior. <p>BUT: engagement in responsible consumption behavior is inconsistent despite the perception of nature as an extension of the self. The results show that one's level of attachment to nature and ecological worldviews influences responsible consumption activities. A stronger attachment results in consistent behavior</p>
				<p>- attachment to nature (seeing nature as part of oneself encourages sustainable consumption behaviors; seeing nature as a distant object has a negative influence)</p> <p>→ emphasizing self-gain addresses environmental problems and brings about lasting behavioral changes</p>
Sally V. Russell, C. William Young, Kerrie L. Unsworth & Cheryl Robinson	Bringing habits and emotions into food waste behaviour	Resource Conservation & Recycling	103	<p>- results showed that the less well-studied variables of habits and emotions were important determinants of participants' intentions to reduce food waste and their current food waste behaviour</p> <p>- negative emotions were associated with greater intentions to reduce food waste and they were also associated with higher levels of food waste behaviour → participants who experienced more negative emotion when thinking about food waste intended to reduce their waste but actually ended up wasting more food</p> <p>- possible explanation: when the behaviour is imminent, then the negative emotion may lead to greater food waste behaviour through an avoidance-oriented behaviour: e.g., I'm angry about food waste but because that makes me feel bad I want to avoid having to think about it at all; so I'll take the easier option and not reduce food waste, or the negative emotions were a consequence of the food waste behaviour.</p> <p>- findings also underscore the importance of not relying on intention as a proxy measure for behaviour</p> <p>- role of habits is particularly important as a determinant of food waste behaviour. Indeed, habits were the single most important predictor of behaviour in our study.</p> <p>- participants with a greater sense of control, and more normative support for reducing food waste also had stronger intentions to engage in the behaviour</p>

Teresa Heath, Lisa O'Malley, Matthew Heath & Vicki Stony	Caring and Conflicted: Mothers' Ethical Judgments about Consumption	Journal of Business Ethics	B	Philosophy of "care ethics" (Held 2006; Timmons 2002), which provides a novel and more comprehensive account of ethical consumption.	qualitative, semi-structured interviews with open-ended questions with mothers of young children → discovery-orientated approach	- behavioral decisions considered to demonstrate an attitude-behavior gap are complex and situated, and involve competing moral stances - the duty to care for one's children may play a central role not only in consumption choices, but also in judgments about what is morally "right" or "wrong"; → what is "ethical" becomes more complex, and different beliefs come into conflict. - the attitude-behavior gap is based on a view of moral reasoning that overlooks the moral import of the private sphere	- competing moral concerns, e.g. evoked by the impact of caring relationships (→ social influence) xx
	Hippies, Greenies, and Tree Huggers: How the "Warmth" Stereotype Hinders the Adoption of Responsible Brands	Psychology & Marketing	B	The Stereotype Content Model: analyses social perception and group stereotypes - maintains that warmth and competence are universal dimensions that characterize the perception of different social groups and individuals on the basis of the relative benefit or harm they could deliver to the self or the relevant in-group. Groups or individuals that do not compete for the same pool of resources are considered as warm. Warmth judgments encompass positive social traits such as friendliness, trustworthiness, sincerity, and tolerance. Conversely, competitive social entities are perceived as hostile and threatening.	- two quantitative empirical studies in which participants' evaluations of different groups of consumers are collected and stereotype tendencies are measured - study 1: individuals are asked to evaluate the users of different well-known brands - study 2: measuring perceptions of different consumer groups - both studies were online surveys; dependent variable: imitation of consumption patterns	- the image of a brand as responsible has important consequences for the social perception of its users. Users of responsible brands are perceived as "warm." Warmth, when attributed to a social group, reduces feelings of envy and weakens the desire to emulate these consumers - the responsible credentials of a brand hinder its appeal because they lead to stereotyping its users - the social stereotyping of users of responsible brands represent an important barrier to the adoption of responsible offerings - study 2: following a different approach, the same pattern of results of Study 1 is replicated: consumer groups perceived as altruistic are dissociative because of the mediating role of envy → current users of responsible brands might represent a dissociative social group that is not appealing to mainstream consumers.	
Aaron R. Brough, James E. B. Wilke, Jingjing Ma, Matthew S. Isaac & David Gal	Is Eco-Friendly Unmanly? The Green-Feminine Stereotype and Its Effect on Sustainable Consumption	Journal of Consumer Research	A+	Discussion of the Green-Feminine Stereotype & Gender-Identity Maintenance	three quantitative: (1) aimed at testing for an implicit cognitive association between the concepts of greenness and femininity via a Single Category Implicit Association Test. (2) examines whether consumers who engage in green behaviors are indeed judged by both men and women to be more feminine with a 2x2 online survey. (3) tests whether the green-feminine association can affect not only social judgments about others but also self. (4) tests whether a gender-identity threat can decrease men's preference for green products with a 2x2 between-participant experiment. (5) test whether masculine affirmation can differentially influence preferences for masculine products (vs. product preferences more generally with a 2x2x2 experiment and primary dependent variable being product preference). (6) tests the effectiveness of masculine branding as a practical tool marketers can use to reduce men's inhibitions toward green behaviors in a lab and in real	- a mental association exists, among both men and women, between the concepts of greenness and femininity - consumers who engaged in green behavior were perceived by both male and female participants as more feminine than consumers who engaged in nongreen behavior. - the same stereotype is applied to perceptions of the self - following a gender-identity (vs. age) threat, men were less likely to choose green products - the green product was perceived by both men and women as more feminine and less masculine than a nongreen version of the same product - masculine branding/masculine affirmation was found to be a managerially relevant boundary condition	

Simona Romani, Silvia Grappi & Richard P. Bagozzi	Corporate Socially Responsible Initiatives and Their Effects on Consumption of Green Products	Journal of Business Ethics	B	none mentioned	- skepticism towards the company – consumer partnership CSR initiative can be an important obstacle in the adoption of the new sustainable behaviors → persuading consumers that company CSR actions are not motivated solely by profit is essential to produce positive consumer behavioral responses - witnessing good environmental actions by a company triggers the moral emotion of elevation, which can change people's thought-action repertoires and increase the likelihood that they not only show behaviors in line with the CSR initiative, but also engage in similar sustainable behaviors in related contexts with different products → positive spillover effects	- credibility of CSR initiative - spillover effect	- consumption of bottled mineral water (food)	
Louise Lundblad & Iain A. Davies	The values and motivations behind sustainable fashion consumption	Journal of Consumer Behavior	C		The means-end chain theory proposes that consumers use means (products) to achieve ends (states of being) and assumes that consumer decisionmaking is a form of problem-solving (rather than cognitive rationalization) → enhance benefits and avoid negative outcomes (Reynolds and Gutman, 1988) → influences approach for data analysis	identification of six motivational patterns: (1) less buying: sustainable clothing are seen as a net positive value alternative (last longer, better quality, timeless cut) (2) the self: sustainable fashion consumption is driven by values closely related to the self (comfort and expression of values, not looking good for others) (3) health: natural materials in sustainable clothing perceived to lead to less health problems (4) the environment: consumer's will to address environmental concerns (5) accomplishment: sustainable consumption gives a sense of accomplishment/feel pleased with behavior (6) social justice: importance of equality and human rights of the workers in the factories used by clothing companies → drivers are a mix of individual benefits with ethical obligations → ethical values as well as the egoistic values are important for understanding sustainable fashion consumption → sustainable fashion consumers perceive value in non-economic terms, e.g. unique designs or feeling good → self-esteem, self-accomplishment and self-expression / individuality plays a role, contradicting the paradigm of motives for fashion consumption (e.g. Belk, 1985)	- value: individuality - value: social justice - perceived quality of items - sense of accomplishment - availability	x
Camilla Barbaross & Patrick De Peismann	Positive and Negative Antecedents of Purchasing Eco-friendly Products: A Comparison Between Green and Non-green Consumers	Journal of Business Ethics	B		Social Dilemma Theory (Trade-offs) & Psychological Egoism Theory (positive ego-centric motives as additional antecedents of purchasing environmentally friendly product (EFF)) + Dissonance Theory & Self-Perception Theory (Bern 1972)	- first contribution of this paper is the development and testing of a parsimonious model of eco-friendly products purchasing that integrates care for the environmental consequences of purchasing (positive altruistic antecedents) green self-identity and moral obligation (positive ego-centric antecedents), and perceived personal inconvenience of purchasing EFP (negative ego-centric antecedent) → conceptual model is largely supported - ego-centric positive motives seem to be at least as important as altruistic ones, and negative motives seem to be at least as relevant as positive ones. - green self-identity, one of the two positive ego-centric motives in fueling green consumption - confirming the relevant role of ego-centric motives in fueling green consumption - significant differences in eco-friendliness product purchasing patterns between green and non-green consumers - altruistic motives are more important for green than for non-green consumers - Negative ego-centric motives affect the purchase intentions of non-green consumers more than the intentions of green consumers, whereas the impact of negative motives on behavior is stronger for green than for non-green consumers - another difference in the decision process between green and non-green consumers: with respect to the negative effect exerted by the perceived personal inconvenience of purchasing EFP (PPI): the negative variable PPI mainly reduces non-green consumers' intention to purchase EFP, whereas it mainly reduces green consumers' EFP purchase behavior. - Despite the fact that green consumers are more willing to purchase EFP than non-green consumers, the means of EFP self-reported purchase behavior do not differ between the two consumer samples - findings confirm that EFP purchasing should be best viewed as driven by a mixture of altruistic and ego-centric positive antecedents	- green self-identity and moral obligation environment ally-friendly products like tissue paper products - care for the environmental consequences of purchasing - perceived convenience	

Martin Grimmer, Ashley P. Kilburn & Morgan P. Miles	The effect of purchase situation on realized pro-environmental consumer behavior	Journal of Business Research	B	2016	Intention-Plans-Behavior model by Carrington et al. (2010): suggests that implementation intentions—or plans—mediate the relationship between intention and behavior. In other words, implementation intentions account for the link between the intention and the realized behavior. The positive nature of this relationship suggests that strong implementation intentions (such as a strong and complete plan to purchase an environmentally-friendly product) have a positive influence on actual behavior. Two moderating variables: actual behavioral control and situational context	two-stage survey, separated by one week to ensure that measurement of predictor (i.e., intention) and criterion (i.e., PECB) variables did not occur at the same time - dependent variable: pro-environmental consumer behavior - independent variable: intention - mediating variable: implementation intentions (plans) - moderating variable: situational context	- findings empirically provide support for the Intention-Plans-Behavior Model of Carrington et al. (2010) - plans positively mediate the relationship between intention and PECB: the formation of a specific plan to purchase an environmentally-friendly product increases the probability that an intention will translate into actual PECB - purchase situation (conceptualized as convenience, time at hand and similar) positively moderates the relationship between intentions and PECB. - the following situational factors have an influence: time at the end of the day, the importance of price, willingness to drive a greater distance, availability, and ease of purchase between plans and PECB) → 'practical' constraints that get in the way of intentions, such as lack of time or money	- plans - practical constraints', 'time at the end of the day, the importance of price, willingness to drive a greater distance, availability, and ease of purchase sustainable products xx
Daniel M. Zane, Julie R. Irwin & Rebecca Walker Reczek	Do less ethical consumers denigrate more ethical consumers? The effect of willful ignorance on judgments of others	Journal of Consumer Psychology	A	2016	- Social Comparison Theory (Festinger, 1954; Suls & Wheeler, 2000): posits that individuals make direct comparisons with others in order to evaluate their personal characteristics, opinions, and abilities (Festinger, 1954). These comparisons can reveal information that is threatening to the self. - Self-perception Theory (Bem, 1972), which posits that consumers learn about themselves, including their emotions by observing and interpreting their own behavior.	- three quantitative studies (1) two-cell between-subjects design (information ignored: control attribute vs. ethical attribute) where participants had to evaluate brands (2) computer-mediated study used a two-cell (Second Opportunity to Act Ethically, yes or no) between-subject design with a similar scenario (3) computer-mediated 3 Type of Ignorance, no willful ignorance, easy-to-justify willful ignorance, hard-to-justify willful ignorance) × 2 (Chance to Denigrate Ethical Others vs. No Exposure to Ethical Others) between-subjects design.	- consumers who willfully ignore ethical product attributes denigrate other, more ethical consumers who seek out and use this information in making purchase decisions - willfully ignorant consumers negatively judge ethical others they have never met across various disparate personality traits (e.g., fashionable, boring) - the denigration arises from the self-threat inherent in negative social comparison with others who acted ethically instead of choosing not to do so - this denigration has detrimental downstream consequences, undermining the denigrator's commitment to ethical values, as evidenced by reduced anger toward firms who violate the ethical principle in question and reduced intention to behave ethically in the future - two moderators of the effect: Denigration becomes less strong if willfully ignorant consumers have a second opportunity to act ethically after initially ignoring the ethical product information and also significantly weakens if initially ignoring the ethical attribute is seen as justifiable	- consumers who act more sustainable /denigration* jeans and backpacks (fashion)
Michael-Lee Johnstone & Lay Peng Tan	Exploring the Gap Between Consumers' Green Rhetoric and Purchasing behavior	Journal of Business Ethics	B	2015	discussion of demographic and motivational factors, environmental knowledge & awareness as well as green attitude and behavior (TRA & TPB)	- qualitative focus groups - structured moderator's guide was used, which included discussion-based questions, and exercises ranging from whiteboard activities to discussions about product packaging	key themes that emerged: - it's too hard to be green': external factors, which they believe hinders consumers' ability to adopt greener consumption practices, e.g. it takes time, effort, and money; two sub-themes: 'I'm not ready to be green' and 'Others are not making green easy for me'. - the green stigma': negative or unfavourable perceptions of 'green' consumers and 'green' messages → some consumers may not be open to adopting greener consumption practices due to their unfavourable perceptions - green reservations': uncertainty or ambivalence towards green consumption practices, i.e. that participating in green consumption practices will not make a difference to the environment or that green products are only a marketing ploy → consumers' green perceptions shape consumers' green consumption behaviors. → the presented consumers' green perceptions are not mutually exclusive.	- external factors which facilitate/hinder consumer's ability to adopt sustainable practices - image of green practices - perceived consumer effectiveness - trust in companies xx

Janine Dermody, Stuart Hammer-Lloyd, Nicole Koenig-Lewis & Anita Lien Zhao	Advancing sustainable consumption in the UK and China: the mediating effect of pro-environmental self-identity	Journal of Marketing Management	C	none mentioned	<ul style="list-style-type: none"> - quantitative international online panel survey was employed in the UK and China - independent variables: materialism, social consumption motivation, environmental concern - pro-environmental self-identity as independent and dependent variable - dependent variable: sustainable consumption behavior 	<ul style="list-style-type: none"> - Chinese respondents differed from the UK in their higher levels of materialism and social consumption motivation, environmental concern, pro-environmental self-identity and sustainable consumption behavior - pro-environmental self-identity has a positive significant influence on sustainable consumption behavior for both countries - environmental concern had no significant effect on pro-environmental self-identity, whereas the Chinese respondents reported a significant positive effect - social consumption motivation was positively linked with pro-environmental self-identity for both our Chinese and UK respondents - pro-environmental self-identity plays a mediating role between sustainable consumption behavior and values - pro-environmental self-identity partially or fully mediates the relationships between materialism, environmental concern, social consumption motivation and sustainable consumption behaviors. - significant differences between the UK and China with regard to materialism: the China results show a positive relationship between materialism and sustainable consumption, reflecting a consumer population focused on the acquisition of possessions and their social status, who are also environmentally concerned. -> different meanings of materialism in China
Seonaidh McDonald, Caroline J. Oates, Maree Thyne, Andrew J. Timmis & Claire Carlile	Flying in the face of environmental concern: why green consumers continue to fly	Journal of Marketing Management	C	2015	<p>Neutralization Theory & Cognitive Dissonance Theory (Festinger, 1957) with the basis that there is an innate human desire to be consistent. It offers insight into the conditions that need to be met in order for cognitive dissonance around a specific inconsistency to occur and how it is reduced: making changes to their attitudes or beliefs or by adding consonant ideas to their belief structures in order to outweigh the dissonant elements</p>	<p>clear tension existed between the expressed benefits of fair travel and the personal awareness of the impact such behavior has on climate change tour strategies were uncovered (justifying behavior (1) and changing behavior (2,3,4):</p> <ul style="list-style-type: none"> (1) not changing travel behavior, but offering justifications related to travel product (flying is more convenient, cheaper, faster), travel context (desire to travel in order to visit family or friends or work) or personal identity (gaining wisdom/perspective via travelling) (2) reducing or restricting flights (3) changing other behaviors to compensate for flying (e.g. carbon offsetting) (4) stopping flying: least common strategy <p>For long-haul flights, 'doing without' or changing destinations as a compromise, were often not considered, even for very committed green consumers → A shift in social norms from a situation where 'well-travelled' means quality of travel and not quantity of travel in terms of number of visited places may be the only real way to significantly reduce long-haul travel</p>
Hsiu-Yi Lin & Meng-Hsiang Hsu	Using Social Cognitive Theory to Investigate Green Consumer Behavior	Business Strategy and the Environment	B	2015	<ul style="list-style-type: none"> - quantitative questionnaire survey - conceptual research model and therefore dependent and independent variables are interrelated and divided into four main 'clusters': (1) person (e.g. self-esteem, self-monitoring), (2) environment (e.g. public media influence, social sanction), (3) outcome expectations (e.g. personal outcome expectation) and (4) green consumer behavior (the only variable that is only dependent but does not influence others) 	<ul style="list-style-type: none"> - the practice of green consumption relies on the self-sanction concept in individuals - personal self-concepts (the most significant of which is green consumption self-efficacy), personal outcome expectation and social sanction all have a significant influence - in particular: an increase in self-efficacy in green consumer behavior serves as a core factor with regard to whether green consumption is implemented - outcome expectation is not enough to initiate action, it has to be combined with a person's belief in their abilities - the influences of the expected outcome of green consumer behavior, climate change and the mass media were not significant <p>→ although individuals perceive the importance and urgency of issues regarding the environment and sustainable development, they must still possess sufficient self-regulatory abilities to constrain themselves and and actual consumer behavior</p>

		- Theory of Planned Behavior - Norm Activation Model (Schwartz, 1977); basic premise is that moral or personal norms are direct determinants of pro-social behavior.	- quantitative web-based survey among consumers - independent variables: discretionary time (obtained from employment status), climate change knowledge, experiences attitudes, concerns, and more	- the effect of discretionary time is twofold: (1) direct effect on costs/constraints and (2) adaption effect on the relationship between environmental concerns and preferences: (1) time-poor individuals tend to satisfy their preferences by adopting sustainable consumption practices that require relatively less time (2) a lack of discretionary time also inhibits agents from developing preferences that actually reflect their underlying environmental concerns → policies which increase discretionary time, such as measures to improve the work-life balance, may thus help in fostering the emergence of pro-environmental actions among consumers in the long run	- amount of discretionary time / business-structural conditions / lifestyle
Andreas Chai, Graham Bradley, Alex Lo & Joseph Reser	What time to adapt? The role of discretionary time in sustaining climate change value-action gap	Ecological Economics B 2015	- Household production theory (Becker, 1965); in an effort to maximize utility, families attempt to efficiently allocate time, income, and the collection of goods and services they both use and produce	- dependent variables: concern about climate change, number of different sustainable consumption practices (e.g. recycling, driving less, using less electricity) and values-action gap - results confirm this, e.g. by: the relationship between income and purchasing practices was positive, while that between income and more time-intensive conservation practices was negative - discretionary time was found to have a positive influence on the overall propensity for individuals to adopt sustainable consumption practices across a wide range of consumption domains - concerning the value-actions-gap: the older agents are, the smaller it is and more interestingly: the gap appears to decline among individuals with relatively more discretionary time → understand discretionary time as not only a cost that constrains the satisfaction of given preferences, but also as a factor that shapes both the formation of preferences and the extent to which they are aligned with the underlying environmental values of consumers	- knowledge & belief of climate behaviors - variables related to the non-cognitive learning process (disaster experience and exposure to severe weather events) had no significant impact on sustainable consumption behavior - age & education have a positive impact, while income has a negative one → authors argue that this is due to the rising opportunity cost of time. If many sustainable consumption practices require a lot of time, this can explain why wealthy respondents are less likely to adopt sustainable consumption practices than less wealthy ones - results confirm this, e.g. by: the relationship between income and purchasing practices was positive, while that between income and more time-intensive conservation practices was negative - discretionary time was found to have a positive influence on the overall propensity for individuals to adopt sustainable consumption practices across a wide range of consumption domains - concerning the value-actions-gap: the older agents are, the smaller it is and more interestingly: the gap appears to decline among individuals with relatively more discretionary time → understand discretionary time as not only a cost that constrains the satisfaction of given preferences, but also as a factor that shapes both the formation of preferences and the extent to which they are aligned with the underlying environmental values of consumers
Michal J. Carrington, Benjamin A. Neville & Gregory J. Whitwell	Lost in translation: Exploring the ethical consumer intention-behavior gap	Journal of Business Research B 2014	qualitative multi-methods approach - ethical concerns and purchasing practices of informants were explored over a nine-month immersive study - methods: semi-structured depth interviews, accompanied shopping trips, shopping diaries, projective interviews & observations (of events e.g. community cooperative workshops)	Theory of Planned Behavior & Neutralization Theory → authors proposed the addition of a further construct, namely "commitment and sacrifice" to the TPB four factors influencing the misalignment of ethical intentions and actual shopping behavior (attitude-behavior gap): (1) prioritization of ethical concerns (where primary ethical issues contribute to a sense of dissonance when non-ethical purchases take place): The process of embedding ethical issues into daily life is gradual and difficult. Prioritization is required to avoid being paralyzed by their full set of ethical concerns (2) formation of plans and habits. Forming plans before embarking on a shopping trip is a highly effective tool used by informants to ensure that their ethical intentions translate into their shopping basket (helps to avoid distraction and spontaneous purchases) (3) willingness to commit and sacrifice: factors underlying commitment avoidance are twofold: (a) previous experiences the ethical choice has not been acceptable and (b) trade-off between multiple primary concerns (4) modes of shopping behavior: This motivational framework was observed across all informant classifications: Pre-meditated and rapid shopping behavior, Effortful decision-making at the point of purchase & Spontaneous shopping	- willingness to commit/sacrifice - effort in the decision-making at the point of purchase - plans and spontaneity of shopping - competing ethical concerns

Pamela Yeow, Alison Dean & Danielle Tucker	Bags for Life: The Embedding of Ethical Consumerism	Journal of Business Ethics	B	mostly qualitative: - exploratory study: use of a longitudinal case study of the usage of "bags for life" in the UK, with data from a variety of sources over a 5-year-period (2006-2012) (e.g. media and press coverage articles covering various bags for life, adoption initiatives, ad news observation of social media feeds) - online questionnaire with open and closed questions	- The model proposes that attitudes about 'bags for life' were formed through environmental arguments and social pressures to 'do your bit'. - Both institutions and individuals have an active amplification role to play in contributing to the eventual embedding of the behavior: individuals play a significant role in encouraging attitudinal change, and institutions are necessary for closing the intention-behavior gap, especially by altering the situational context, e.g. supermarkets: "remembering" promotions, giving rewards points for use of the 'bag for life' → encouraging actual behavior change at the point of purchase (or action)) - Future campaigns to increase usage of 'bags for life' particular initiatives may be more effective than others, depending on the target group (f.ex. because increasing quality of bags and the introduction of having to pay for single-use bags were less influential on those with higher household incomes)	- effort willingness / convenience forgetfulness (habits) close social network (family & friends) / social pressure situational context (role of institutions)	xx
Verena Gruber & Bodo B. Schlegelmilch	How Techniques of Neutralization Legitimize Norm- and Attitude-Inconsistent Consumer Behavior	Journal of Business Ethics	B	- Social Learning Theory (Bandura, 1977): posits that people learn from one another, via observation, imitation, and modeling. - Ways Model of account giving (Fritzsche, 2002): integrative meta-taxonomy of accounting concepts	- identified three consumer groups: (1) Enthusiasts (highly supportive of sustainability), (2) Fickle Consumers (drift back and forth between behavior that is norm-compliant and behavior that is norm-violating) (3) Detractors (no interest in sustainability) - even more pressing norms stem from individuals' desire to conform to societal values, as they prefer both attitudes and behavior that are socially accepted → Accordingly, the chance of an attitude-behavior gap to occur is linked to the extent to which others expect an individual to behave in a certain way and one's own motivation to conform to these expectations - they found additional neutralization techniques to Chatzidakis (2007): (a) Defense of the necessity: no possibility to properly execute the desirable behavior due to external factors (b) Claim of the metaphor of the ledger: consumers feel like they have already contributed their share (c) Claim of entitlement: consumer thinks they deserve the additional benefits accruing from a specific purchase (d) Claim of relative acceptability & (e) Justification by comparison: reference to potentially worse behavior (f) Claim of individuality: focusing on own person or problems	neutralization techniques purchasing sustainable products	xx
Anastasios Pagialis & Athanasios Krystallis	Green Consumption Behavior Antecedents	Psychology & Marketing	B	quantitative: - self-administered questionnaire - independent variables: concern about the environment, demography, beliefs in biofuels, knowledge about renewable energy/biofuels - dependent variable: intention (willingness to pay and use biofuels)	- concern for the environment: subjective knowledge about environment-related behaviors, and beliefs toward biofuels have direct and indirect effects on intention to behave in an environmentally sustainable way (i.e., use and pay premiums for biofuels), albeit some of the interrelationships are rather weak - weak impact of concern on knowledge (high levels of concern for the environment did not necessarily result in an increase in situation or product-specific environmental knowledge) - weak effect of knowledge on beliefs - concern impacts on intention directly, as well as indirectly through both beliefs and knowledge. As hypothesized, environmental concern is a very strong (mainly indirect) antecedent of green consumer behavior - although consumers report low-knowledge levels, they have already formed strong beliefs toward biofuels (consumers have a heightened anxiety for the environment, which has a high impact on the formation of their beliefs toward the positive or negative aspects of green products. At the same time they exhibit low green product knowledge) - demographics determine levels of concern for the environment and environmental knowledge → "concern for the environment" and "environmental-subjective knowledge" remain important antecedents of green consumption behavior.	the environment* environmental subjective knowledge* - beliefs*	using of biofuels (transportation)

Carmen Valor & Isabel Carrero	Viewing Responsibility Consumers on a Personal Project	Psychology & Marketing	B	2014	interviews with deeply committed people or activists on the basis of a semistructured questionnaire	"Personal project" is a useful concept in the case of RC since consumers do not see RC as a single action, but as an interrelated set - consumers may not be circumstantially performing RC-related actions, which is in fact a behavior inconsistent with the RC-project. However, the reason for not carrying out these behaviors may be so as to act consistently with other personal projects or to protect the relationship they have with significant others → may be consistent overall when taking the whole project network into account over time. - inter-personal project conflict emerges as a fundamental explanation of the gap that responsible consumers experience. This occurs when the personal projects of an individual lack the support of their significant others. - influence of social and cultural settings on RC is central - highlights the need to go beyond the narrow conceptualizations of RC	- significant others - other personal projects somebody has xx different behaviors		
Paolo Antonetti & Stan Maklan	Exploring Postconsumption Guilt and Pride in the Context of Sustainability	Psychology & Marketing	B	2014	Appraisal theory, which holds that emotions are extracted from people's evaluations (appraisals) of events that cause specific reactions in different people → guilt/pride is the outcome of cognitive appraisals Pride is elicited by a very similar appraisal process to that for guilt. The main difference is that, while guilt is experienced in cases of goal incongruence, pride is caused by goal congruent events	quantitative multi-method design: (1) between-subjects online experiment, where consumers read a scenario (manipulated intentionality in the purchase and responsibility for the outcome) and then completed different scales. (2) very similar to study 1 (3) qualitative in-depth interviews incl. collection of several images and pictures that would represent their thoughts and feelings in a scenario that was emailed beforehand (4) quantitative survey testing the dimensions discovered in study 3 (→ independent variables; dependent variables: pride, guilt, personal norms and purchase intentions)	- emotions of guilt or pride can lead to increased intentions to buy ethical products in the future - when a purchase decision includes an ethical dilemma, consumers were found to express guilt or pride (adaptive emotions), even when the purchase is not intentional, i.e., forced by external circumstances → intentionality is not necessary to experience guilt and pride in ethical consumption - both emotions appeared to exert a similar influence on future intentions to purchase ethical products contextually and therefore could reinforce each other: (1) altruistic personal values (2) credibility of the ethical alternative (3) social visibility of the decision (observation by others) (4) moral relevance of the issue (5) perception of a trade-off between altruism and self-interest → support for the important role of personal altruistic values and social image concerns in motivating ethical consumption choices - the activation of personal norms plays a mediating role in the experience of guilt and pride, e.g., consumers who believe in altruistic values appear more likely to perceive the support of fair trade as a personal obligation and this, in turn, contributes to experiences of guilt and pride - when consumers perceive the information available as credible, they appear more likely to consider the purchase as morally salient, which influences the activation of personal norms in support of ethical consumption The same is true for consumers with a preference for altruistic values.	- guilt* - pride* - personal norms* - credibility of information* - altruistic values*	
Paolo Antonetti & Stan Maklan	Feelings that Make a Difference: How Guilt and Pride Convince Consumers of the Effectiveness of Sustainable Consumption	Journal of Business Ethics	B	2014	Theory of Planned Behavior + discussion of existing research on perceived consumer effectiveness (PCE), self-efficacy (SE) and Internal Locus of Control (ILOC) and neutralization techniques (provides a table with previous studies on that variables)	two quantitative studies: (1) between-subjects online experiment where participants read a scenario designed to elicit specific emotional reactions (guilt or pride) and then completed a series of scales to measure the key variables investigated (2) between-subject design with the same scenarios like in in study 1 - dependent variable: purchase intentions - independent variables: guilt & pride - further influencing variables: PCE (in study 1 and 2) and neutralization (in study 2) as mediator variables	- guilt* - pride* - PCE* - neutralization*	purchasing coffee (food) x	

Ruth Rettie, Kevin Burchell & Chris Barnham	Social normalisation: Using marketing to make green normal	Journal of Consumer behavior	C	<ul style="list-style-type: none"> - Theory of Reasoned Action, Theory of Planned behavior and Theory of Interpersonal behavior (Triandis, 1977) - The social norms approach (SNA) attempts to influence behavior by communicating information about what most other people do or think people should do → nudge - Practice Theory: socially shared practices are seen as stabilising and shaping individual actions, whereas social change is understood in terms of the evolution of practices rather than the choices of individuals
When Going Green Backfires: How Firm Intentions Shape the Evaluation of Socially Beneficial Product Enhancements	George E. Newman, Margarita Gorlin & Ravi Dhar	Journal of Consumer Research	A+	<p>Consumers Lay Theories about how intentionality informs people's judgements and about a company's resource allocation: intended (vs. unintended) green enhancements lead consumers to assume that the company diverted resources away from product quality, which in turn drives a reduction in purchase interest; reasoning: firm resources are zero-sum—in other words, that superiority on one product dimension is compensated by inferiority on other dimensions</p>
Changing the marketplace one at a time: Perceived Marketplace Influence (PMI) = perception that one's decision to engage in sustainable behavior influences the marketplace behavior of other actors (consumers and organizations) → encourages these individuals to behave in a sustainable manner, similar in nature to PCE; in that individuals are making judgments about their operative capability to influence a situation through action	R. Brett Leary, Richard J. Vann, John D. Mittelstaedt, Patrick E. Murphy, and John F. Sherry, Jr.	Journal of Business Research	B	<ul style="list-style-type: none"> - no theories mentioned, only discussion of the concepts sustainable consumption behavior, environmental concern, and Perceived Marketplace Influence (PMI) = perception that one's decision to engage in sustainable behavior influences the marketplace behavior of other actors (consumers and organizations) → encourages these individuals to behave in a sustainable manner, similar in nature to PCE; in that individuals are making judgments about their operative capability to influence a situation through action

Mark R. Gleim, Jeffery S. Smith, Demetra Andrews & J. Joseph Cronin Jr.	Against the Green: A Multi-method Examination of the Barriers to Green Consumption	Journal of Retailing	A	<p>Social Dilemma Theory suggests, for example, that perceived efficacy, or the extent to which one believes that she/he can make a difference toward achieving a goal (i.e., positively impacting the planet), impacts cooperation, or green behaviors</p> <p>qualitative as well as quantitative research:</p> <ul style="list-style-type: none"> (1) critical incident study in order to identify specific barriers to the adoption of green products (2) quantitative follow-up analysis questionnaire forcing respondents to rank each of the barriers discussed in (1) (3) experimental study with a 2 (information quality: 3 vs. 6 information cues) X 3 (information form: numerical vs. simple verbal vs. detailed verbal) design 	<p>- The vast majority of respondents held very simplistic attitudes toward green products. They were often unaware of green products</p> <ul style="list-style-type: none"> - main green barrier categories (from most frequently mentioned to least frequently mentioned): <ul style="list-style-type: none"> (1) price (nearly half of the respondents noting price as the main barrier leading to the non-green purchase also mentioned another reason when discussing motivations for non-green consumption). (2) quality (3) lack of expertise among participants, (4) lack of trust in firm's green activities, (5) lack of availability / inconvenience (6) apathy surrounding the environment and green products (7) brand loyalty to existing non-green products (8) miscellaneous category, e.g. shortage of green options - further barriers identified by the questionnaire survey (alongside with consumer clusters not mentioned here): <ul style="list-style-type: none"> (10) inertia (11) awareness (12) lack of trust in advertisements (13) perceived consumer effectiveness (14) social norm
Basil G. Englis & Diane M. Phillips	Does Environmental Conscious Consumer Behavior?	Psychology & Marketing	B	<p>quantitative:</p> <ul style="list-style-type: none"> - online study with adults sampled from a large-scale consumer panel maintained by a commercial market research company - dependent variable: pro-environmental behaviors - independent variables: affinity of new ideas, early product adoption, human rule (beliefs that humans were meant to rule over nature), nature rule (belief that humans should not abuse the environment) 	<p>- innovativeness (most of all affinity for new ideas) is a strong mediator of the relationship between attitudes toward the environment and pro-environment behavior → suggests that consumers who are most open to and accepting of new ideas may be at the forefront of the present movement to act green.</p> <ul style="list-style-type: none"> - strong relationship between consumers' beliefs that "Nature Rules" (=belief that humans should not abuse the environment and there are dire consequences if they do) and their "Affinity for New Ideas." This implies that individuals who most strongly subscribe to the attitude that the environment is a delicately balanced system that should be protected also are the most open to and accepting of new ideas.
Marleen C. Onwezen, Gerrit Antonides & Jos Bartels	The Norm Activation Model: An Exploration of the Functions of Anticipated Pride and Guilt in Pro-environmental Behavior	Journal of Economic Psychology	B	<p>- Norm Activation Model (Schwartz, 1977)</p> <p>- Theory of Planned Behavior (Ajzen, 1991)</p>	<ul style="list-style-type: none"> - anticipated emotions motivated individuals not only to behave themselves in accordance with their standards to avoid negative emotions such as guilt but also to strive for positive emotions such as pride - anticipated pride and guilt modulate individual behavior towards aligning with one's personal norms as anticipated pride and guilt mediate the effects of personal norms on behavior - these self-regulatory functions of anticipated pride and guilt remain present in an extended NAM that includes TPB variables. - In this integrated NAM-TPB model, anticipated pride and guilt no longer directly affected behavior; rather, these effects were mediated by intentions → anticipated emotions form the underlying mechanism through which personal norms guide behavior

Ying-Ching Lin & Chiu-chi Chang	Double Standard: The Role of Environmental Consciousness in Green Product Usage	Journal of Marketing	A+	none mentioned	use of green products (hand sanitizer, cleaning sprays, mouth-wash and laundry or dishwashing detergents) (beauty)	- environmental consciousness - stereotypes	xx
Tania Bucic, Jennifer Harris & Denni Ari	Ethical Consumers Among the Millennials: A Cross-National Study	Journal of Business Ethics	B				
Helene Cherrier, Mathilde Szuba & Nil Ozaglar-Toulose	Barriers to carbon emission: Explaining sustainable consumption in the face of the glass floor	Journal of Marketing Management	C	none mentioned			
Alice Grønhaug & John Thøgersen	Action speaks louder than words: The effect of personal attitudes and family norms on adolescents' pro-environmental behavior	Journal of Economic Psychology	B				

Product Choice and the Importance of Aesthetic Design Given the Emotional Trade-off between Sustainability and Functional Performance	Michael G. Luchs, Jacob Brower & Ravindra Chitturi	Journal of Product Innovation Management A	2012	<p>two separate quantitative studies with the dependent variable choice and various independent variables (1) student-based sample and (2) nationally representative online sample where participants were presented with a choice between two consumer products. One was depicted as having superior sustainability characteristics (and a average functional performance) and the other as having superior functional performance (and average sustainability characteristics) → participants imagined having to choose one, indicated degree to which they were feeling a set of possible emotions and then chose one of the products.</p>
				<p>- participants chose the product with superior functional performance over the product with superior sustainability characteristics.</p> <ul style="list-style-type: none"> - due to feelings of distress, until a minimum threshold of functional performance is achieved - this functional trade-off effect is mediated by distress - choice given this trade-off depends upon the degree to which consumers value sustainability that, in turn, is mediated by consumers' feelings of confidence and guilt experienced while considering a trade-off in this context - based on an understanding of the emotions mediating choice in this context, the authors demonstrate how the effective use of product aesthetic design can improve the relative choice likelihood of sustainability-advantaged products. Specifically, the authors demonstrate that superior aesthetic design has a disproportionately positive effect on the choice likelihood of sustainability-advantaged products (versus performance-advantaged) products due to the effect that superior aesthetic design has on overcoming the potential lack of confidence in sustainable products. - aesthetic design advantage is especially important for sustainable products, since a performance-advantaged product does not appear to benefit from an explicit aesthetic design advantage <p>→ the current research shows that choice given a trade-off between sustainability and functional performance also depends upon the degree to which consumers believe that the general issue of sustainability is important as the importance that consumers place on sustainability decreases, they are increasingly likely to feel greater confidence toward a product with a performance advantage (versus sustainability advantage), thereby increasing the likelihood that they will choose a performance-advantaged product; this greater relative confidence may disappear, however, as sustainability importance increases.</p>
				<p>- TRA & TPB</p> <ul style="list-style-type: none"> - Hunt and Vitell's model (1986): describes the individual decision-making process, presenting the various philosophical frameworks that underlie a decision-maker's ethical judgments - Rest's (1979) four-stage model: suggests a decision schema in which each stage is expected to occur sequentially. Specifically, recognition of the moral issue prompts the decision maker to make a moral judgment. This, in turn, forces the individual to decide whether or not to engage in moral behavior. The moral intensity has an influence in all of the four stages
Catherine Banbury, Robert Sinsirock & Sarita Subrahmanyam	Sustainable consumption: introspecting across multiple lived cultures	Journal of Business Research	2012	<p>qualitative: structured interviews with consumers on commodity and luxury goods</p> <p>three overarching themes emerge from the narratives:</p> <ol style="list-style-type: none"> (1) Ecological consciousness: ecological consciousness and the questions it raises regarding our consumption driven way of life came from the lived experience outside of academia. It took growing up outside of, or repeated acts of stepping out of, the western historical cultural context and education system, such as immigration, personal spiritual practices, travel and literature to break through the dominant cultural logic → the education system needs to be instrumental in awakening ecological consciousness. (2) Self-fashioning: the extent and limits, place (where one lives with infrastructures and supporting political, economic and social systems) enables or enables sustainable lifestyles as people are physically, as well as economically and ideologically mindful of sustainability with each and every purchase decision. People embodied in them, it takes considerable effort to remain mindful of sustainability with each and every purchase decision. (3) Sustainable consumption: business as usual? → individual micro choices regarding what we consume will not turn the tide → sustainability ultimately is not about individual choices in the market place, it's about the commons, the public space

Eleni Papakonstantinou, Gerard Ryan & Matias Gnieis Towards a Holistic Approach of Consumer Behavior Gap in Ethical Consumer Behaviors: Empirical Evidence from Spain	International Advances in Economic Research 2011 21	Theory of Planned Behavior and discussion of already identified factors that intervene in ethical decision making: -Scepticism Concerning Companies' Motives -Brand Loyalty as a Moderating Factor -Customer's Support of Ethical Practice and the Relativity of Ethics (as what seems good or ethical for one consumer may not be so for another) -Traditional Purchasing Criteria Come First, -Consequences of Consumer Action	<ul style="list-style-type: none"> - focus groups, - In-depth interviews, - traditional and online observation (traditional: lasted 24 months with visits to ethical consumer communities, including various informal unrecorded interviews, online: 26 months for the first group and 12 months for the second group) - documentary analysis (300 pages of a magazine by the members of the consumer communities) <p>→ aimed to reverse the attitude-behavior gap and place emphasis not on the attitudes, but on the actual behaviors of ethical consumers.</p>	<ul style="list-style-type: none"> - barriers only. - Lack of Availability of Ethical Alternatives - Perceived External and Internal Limitation - Lack of Availability of Ethical Alternatives - Lack of Transparency of Information and Concerns about its Legitimacy/difficulty of obtaining information about the production process of the products & doubt of quality and credibility of the existing information - Inefficient Ethical Alternatives - Keeping Up with Social Obligations: no ethical purchase to comply with social obligations by people that do not share the consumer's principles - Peer Power: influence that children exercise on their parents' purchase behavior by nagging and demanding specific products - Opting for the Easy Choice: ethical consumption requires more time and energy to carry out - Compromise in Everyday Life: acceptance of not being able to be ethical all the time with all type of purchases - Change Takes Time <p>→ findings suggest that a main cause of the attitude behavior gap in the context of this study is not the lack of real demand for ethical products, but that the ethical market in Spain is still in an early phase of development.</p>	<ul style="list-style-type: none"> - personal experience - personal obligation - lack of information - quality of goods - inertia / brand loyalty / image consciousness: allegiance to certain brands prevents moving towards an ethical option - cynicism about retailers' ethical claims (seemed related to a lack of information about the benefits of ethical practices combined with an excess of information about unethical practices)
Jeffery Bray, Nick Johns & David Kilburn An Exploratory Study into the Factors Impacting Ethical Consumption	Journal of Business Ethics 2011 B	<ul style="list-style-type: none"> - Theory of Reasoned Action & Theory of Planned behavior - Hunt and Vitell's General theory of Marketing Ethics (Hunt and Vitell, 1996) - based upon the philosophical principles of deontology (obligations or rules) and teleology (guided by the consequences of actions). Ethical decision making begins with the perception of an ethical problem and is influenced by a number of exogenous variables. Individuals (e.g., cynicism about retailers' ethical claims) make deontological and teleological assessments of all possible alternative behaviors to arrive at an overall ethical judgement which guides their intentions and hence their behavior. 	<ul style="list-style-type: none"> - personal sensitivity - personal experience - personal obligation - purchasing sustainable products 	<ul style="list-style-type: none"> - individuals who score high on generativity (and thus believe their contributions to the future are important) are more likely to have eco-friendly intentions and more environmentally responsible consumption behaviors - Self-enhancement, however, was not significant as a main effect in predicting behavioral intentions, but the interaction of generativity and self-enhancement was significant. → the relationship between generativity and self-enhancement was more complex than previous research has indicated: - The effect of self-enhancement was positive, resulting in high intentions to behave environmentally responsibly, when self-enhancement was low. When self-enhancement values were high, however, the result contradicts the prevailing view of self-enhancement. If an individual was high on self-enhancement and low on generativity, intention to engage in ERBs was lower. When generativity was high, however, even high self-enhancing respondents indicated an intention to behave responsibly. - > those who are high on generativity and think their legacy to the future is important to enact their self-enhancement values differently. For this group, self-enhancement takes another form, in which looking out for one's self means being concerned for the welfare of others. → self-enhancement can either take the typical structure in which extrinsic forms of reward are most important, or an alternative structure in which intrinsic rewards are prevalent - those who had more positive intentions indicated engaging in ERBs more often than those respondents with lower intentions 	<ul style="list-style-type: none"> - different behaviors - self-enhancement
Bertrand Urian & William Kilbourne Generativity and Self-Enhancement Values in Eco-Friendly Behavioral Intentions and Environmental Responsibility Consumption Behavior	Psychology & Marketing 2011 B	<ul style="list-style-type: none"> - Erikson's theory of psychological development / human lifecycle (1950): generativity refers to individuals' beliefs that their current behavior has consequences that extend into future generations → it is the seventh of the eight stages of human life, and in its original formulation, it is first associated with the middle adult years - Schwartz' conceptualization of values self-enhancement, in contrast, refers to values relating to power, wealth, and influence. 	<ul style="list-style-type: none"> - quantitative questionnaire among university students in France and America - tested generativity, and self-enhancement values as antecedent variables for environmentally responsible consumption behavior (and intentions) 	<ul style="list-style-type: none"> - individuals who had more positive intentions indicated engaging in ERBs more often than those American and French students 	

Ritsuko Ozaki Adopting Sustainable Innovation: What Makes Consumers Sign up to Green Electricity?	Business Strategy and the Environment 2011	B	- Diffusion of innovation frameworks by Rogers (2003): five sequential stages in innovation adoption: (1) gaining knowledge through social networks, (2) attitude formation (3) adoption or rejection (4) implementation (5) confirmation - Theory of Reasoned Action & Theory of Planned Behavior - The new environmental paradigm (Dunlap and van Liere (1978)) - Schwartz' Norm Activation Theory	- social norms (2) normative beliefs (social norms and compliance) (3) controllability (ease of adoption) (4) access to information	- personal relevance - convenience of switching over - quality of green electricity - accurate information	- green electricity, an easy-to-adopt service Innovation (electricity)	x
W. Kip Viscusi, Joel Huber & Jason Bell Promoting Recycling: Private Values, Social Norms, and Economic Incentives	American Economic Review 2011	A+	empirical case study which makes use of an existing dataset consisting of households from the authors' 2009 US survey of recycling behavior among bottled water users from a nationally representative sample of households - independent variables on state recycling and deposit laws, income, self-perception of greenness, economic incentives and income - dependent variable: disposal mode for waste as a binary choice (returning vs. throwing in the garbage)	- Although private values and social norms matter, the policy levers that can be manipulated—bottle deposits and recycling laws—potentially have a powerful effect on recycling rates. However, individual attitudes with respect to both the environment and actions that others should take are influential as well. - Perceptions of how others will perceive a household's environmental behaviors matter less. - Substantial changes in recycling are unlikely to derive from perceived external pressure. However, recycling by others influences one's recycling behavior. - Neither private values nor social norms are more influential than the combined effect of the variables that capture the role of economic incentives. - In terms of demographics, higher income levels boost recycling rates	- policy from governments on recycling and deposit - higher income - economic incentives - attitudes with respect to both the environment and actions that others should take are influential as well	x	
"Why Don't Consumers Care About CSR?": A Qualitative Schlegelmi Study Exploring the Role of CSR in Consumption Decisions	Journal of Business Ethics 2011	B	none mentioned, only discussion of Corporate Social Responsibility in past research	- interviewees agreed on the minor importance of CSR compared to other purchase criteria such as price, quality, brand, country of origin, or service Factors influencing the Assessment of CSR as a Purchasing Criterion: (a) core factors: information on a company's CSR position (when equipped only with some vague idea of a company's CSR practices, consumers tend to overlook this information) and personal concern (attitudes consumers have toward CSR initiatives if these address issues that are important for the particular consumer → very subjective in nature and cannot be influenced by companies) Most interviewees wait to be informed instead of actively search for information → If consumers do not have any information or do not care about CSR initiatives, they do not consider CSR as a purchase criterion (b) central factors: consumer's financial situation / price consumers often assume that they will not be able to afford products of a socially responsible company (sometimes wrongly due to the assumption that sustainable alternatives are always more expensive) (c) peripheral factors: image of the company, the credibility of CSR initiatives, and the influence of peer groups; there is an interrelatedness of these factors, e.g., image, for instance, is often affected by both peer groups and the credibility of CSR initiatives interviewees experience the assessment of the core and central factors as a complex process that demands much more involvement than other criteria, such as brand familiarity, which is easy for them to determine when standing in front of the shelf → could be an explanation of the minor importance of CSR as purchase criterion Moreover, the process follows a hierarchical structure, as the central factor will not come into play without the presence of both core factors. However, even when all core and central factors are met, the respondents argue that CSR does not automatically become relevant in their decision-making Consumers report positive attitudes toward buying products from socially responsible companies, but these positive attitudes are not transferred into actual purchase behavior due to the above-mentioned criteria the complexity of the evaluation process, which may hinder consumers with a positive attitude toward CSR to incorporate CSR into their decision-making process	- complexity of the evaluation process of a company's (and therefore products') responsibility sustainability criteria - information about CSR of a company - financial situation/price - personal concern - image of the company - credibility of CSR initiatives - influence of peer groups	x	

		takes into account different models/theories developed within the consumer behavior and/or social psychology literatures (Rest's (1979) model of moral judgment and Hunt and Vitell's General Theory of Marketing Ethics, Schwartz's Norm Activation Theory and framework of 'reasoned action' (Fisbein and Ajzen, 1975) and 'planned behavior' (Ajzen, 1991) especially the perceived behavioral control construct (refers to an individual's perception of their capability to perform a given behavior)				
Michal J. Carrington, Benjamin A. Neville & Gregory J. Whitwell	Why Ethical Consumers Don't Walk Their Talk: Towards a Framework for Understanding the Gap Between the Ethical Purchase Intentions and Actual Buying Behavior of Ethically Minded Consumers	Journal of Business Ethics	B	P1: The ethical consumerism intention-behavior gap will be positively mediated by implementation intentions/plans. P2: The ethical consumerism intention-behavior gap will be positively moderated by actual behavioral control (ABC). P3: The ethical consumerism intention-behavior gap will be positively and negatively moderated by the Situational Context (SC).	/	purchasing sustainable products xx
Gana M. Eckhardt, Russell Salk & Timothy M. Devinney	Why don't consumers consume ethically?	Journal of Consumer Marketing	C/D	proposed a framework in an ethical context to examine the intention-behavior gap taking into account the mediating role of implementation intention (planning), as well as the moderating roles of actual behavioral control (ABC) and situational context. → significant interaction occurs between the three constructs (interplay) framework: intentions → implementation intentions → behavior; ABC and SC moderate the relationship between implementation intentions and behavior	qualitative: - in-depth interviews with consumers of eight different countries (Australia, China, Germany, India, Spain, Turkey, Sweden, and the United States) - the respondents were presented with three ethical consumption scenarios (two versions of each scenario were created) and discussed their views on the consumption issues as well as their consumption behavior	- governmental inaction* - cost* - a person's worldview*
Michael G. Luchs, Rebeca Walker Naylor, Julie R. Irwin & Rajagopal Raghunathan	The Sustainability Liability Potential Effects of Ethically on Product Preference	Journal of Marketing	A+	none mentioned; but explanation of a justification: an account that takes responsibility for the unethical act but attempts to make it seem ethical. An excuse denies full responsibility for the action.	respondents used three types of rationales to explain their inconsistencies: (1) economic rationalism: justification via rational arguments that focus on personal consumer utility. The economic rationalist justifications included citations of costs as more important than any other consideration. (2) governmental dependency: lack of individual responsibility for the issues presented to the customers as they feel that it is the responsibility of various institutions to only allow ethical consumer choices → legislation and laws are the way to fix things (3) developmental realism: Many of the informants save breaching their own sense of morality as part of the price to pay for economic growth → unethical behaviors are seen as examples of the way the world works during a particular stage of development (argument was most common in developing economies)	- governmental inaction* - cost* - a person's worldview*
Catherine Mobley, Wade M. Vargas & Sarah L. DeWard	Exploring Additional Determinants of Environmentally Responsible Behavior: The Influence of Environmental Literature and Environmental Attitudes	Environment and Behavior	98	five quantitative studies (first four in laboratory environments using projective techniques) (1) Implicit association test among students (2) study where the relative preference between two brands that varied in their level of sustainability were tested between subjects (3) study with a 2x2 Point of View: Self versus Other) × 2 (Order of Placement of the Detergent Bottles: Left versus Right) design (4) study were participants were shown four possible combinations of these two attributes: 'Sustainability: sustainable versus less sustainable') × 2 (Guarantee type: strength versus available in your area) [the control condition] and were then asked to rate a hypothetical brand of car tires (5) observational field study: cafeteria visitors had the choice between two liquid hand sanitizers (one sustainable and the other regular) which were placed next to each other	- product sustainability, though appealing as a virtue on its own, can be either a liability or an asset with respect to consumer preferences and choice. The effect of sustainability on preference is not uniformly positive (or negative), because the presence of sustainability affects consumers' judgments about offer product attributes - consumers associate higher product ethicality with gentleness-related attributes and lower product ethically with strength-related attributes → the positive effect of product sustainability on consumer preferences is reduced when strength-related attributes are valued, sometimes even resulting in preferences for less sustainable products alternative [i.e., the 'sustainability liability'] as the effect of gentleness works against perceptions of effectiveness and competence - sustainability is more of an asset when gentleness-related attributes are valued more than strength-related attributes → moderating role of type of benefit sought - the sustainability liability observed when no explicit information is provided about product strength is attenuated when consumers are reassured that the sustainable product is strong → evidence that the sustainability liability is indeed due to consumers' - Study 5 also shows that people are not as likely to reveal this preference when they know that their choices are being observed → sustainability is a liability for product choice when strength is explicitly valued	perceived strength attributes of products different products: baby shampoo, car shampoo, hand sanitizer & car tires
	Norm Activation Model, Theory of Reasoned Action, and the Theory of Planned Behavior: Value-Belief-Norm Theory (Stien and Dietz's, 1994), New Environmental Paradigm, Environmental literature (three key environmental literature books), Environmental worldview and Environmental concern				- reading environmental literature is an important predictor of environmental responsible behavior (ERB), independent of background characteristics. Respondents who reported higher levels of environmental reading reported higher levels of ERB - reading environmental literature is also a stronger predictor of ERB than background characteristics and the environmental world view - environmental literature remained a strong predictor of ERB, even with general attitudes and concern entered into the model - environmental concern was a even stronger predictor in comparison to environmental literature - political orientation was a moderately strong predictor of ERB, its influence was moderated with the addition of the literature and attitude variables - specific concerns were a slightly better predictor than general attitudes supports (in line with Fisbein and Ajzen	- reading environmental literature - environmental concern - background characteristics and environmental worldview (only small influence)

Caroline Josephine Doran	Fair Trade Consumption: In Support of the Out-Group	Journal of Business Ethics	B	Schwartz's theory on the universal structure and content of values	- quantitative questionnaire among consumers of online retailers of fair-trade store and university students - independent variables: the values that comprise benevolence and universalism - two categories of the values defined by Schwartz - dependent variable: fair trade consumption	- all of the universalism values (wisdom, social justice, equality, a world at peace, a world of beauty, unity with nature, broadminded, and protecting the environment) were positively correlated with fair trade consumption as were three benevolence values: helpful, benevolence in life, and mature love - four of the benevolence values did not correlate in either direction for fair trade consumption: spiritual life, forgiving, honest, and true friendship - It appears that nonconsumers of fair trade may have been influenced in the decision not to buy fair trade by the values loyal (=faithful to my friends, group) and responsible (= dependable and reliable) → nonconsumers may want to be loyal to their in-group whereas fair trade consumers make no distinction between in-groups and out-groups and thus are more open to sharing their resources with strangers	- social influence (somebody's in-group) - universalism - benevolence - purchasing fair trade products
Leonidas C. Leonidou, Constantinos N. Leonidou & Olga Kvasava	Antecedents and outcomes of consumer environmentally friendly attitudes and behavior	Journal of Marketing Management	C	Cognitive Consistency Theory (Festinger, 1957): argues that an individual who is concerned about ecological problems is very likely to be motivated to take actions that will minimize them and discussion of prior research on environmental consciousness of consumers	- quantitative study with consumers - independent variables: cultural factors (collectivism & long-term orientation), political factors (political action & liberalism) and ethical factors (deontology & law obedience) - mediator: environmental attitude (inward and outward) - dependent variable: green purchasing behavior and general environmental behavior (as well as their influence on product satisfaction and life satisfaction)	- both the inward and outward environmental attitudes of a consumer are positively influenced by his/her degree of collectivism, long-term orientation, political involvement, deontology, and law obedience, but have no connection with liberalism. - adoption of an inward environmental attitude was conducive to green purchasing behaviour that ultimately leads to high product satisfaction. - an outward environmental attitude facilitates the adoption of a general environmental behaviour, which is responsible for greater satisfaction with life → this finding can help to resolve the attitude-purchase paradox: a person with an outward environmental attitude can act in a friendly way to the general environment, but is not necessarily involved in a green purchasing behavior, which is the result of the development of an inward green attitude. - individual can simultaneously exhibit both inward and outward environmental attitudes, with each of them influencing a different aspect of behavior	- collectivism - long-term orientation (e.g. purchasing sustainable products) - politically active - deontology - law obedience
William Young, Kumlu Hwang, Seonaidh McDonald & Caroline J. Oates	Sustainable Consumption: Green Consumer Behaviour when Purchasing Products	Sustainable Development	C	review of key literature relating to the micro purchasing processes of green consumer (e.g. Chatzidakis (2007)) or the typology of ethical consumer practices by Harrison et al., 2005)	None mentioned, only qualitative in depth interviews with self-declared green consumers on recent purchases of technology products	- situational context is important and included time of purchase, experience of using or buying other (similar or different) products or services, lifestyle, life stage, living arrangements and work patterns the following barriers emerged: (1) high price; often reduced the influence of interviewees' green values in their decision making process (2) insufficient time to conduct research (e.g. on details of a company's corporate social responsibility programme) / lack of information / no good knowledge of environmental issues (3) cognitive effort needed for each purchase (4) habits and desires: reduced their influence of many of our interviewees' green criteria in their decision making process → Overall, it can be concluded that being environmentally and socially appeared to be hard work However, there were three factors that facilitated green criteria in the product purchase decision: (1) reduction of cognitive effort, especially under time pressure by trusting certain information sources, labels or organizations (specialist information) providing a shortcut to choosing a greener product (2) availability of green products in mainstream retail stores (3) guilt → being green needs time and space in people's lives that is not available in increasingly busy lifestyles authors also developed a tentative green consumer purchase model (circular) (1) the consumer's green value is strong, (2) the consumer has purchase experience, (3) the consumer has plenty of time for research and decision-making; (4) s/he has good knowledge of the relevant environmental issues; (5) green products are reasonably available and (6) the consumer can afford and is prepared for the financial costs → if any one of these criteria is a weak or negative influence, then this may water down the influence of the green criteria on the final purchase.	barriers: - price - time for research / effort-willingness - knowledge about environmental issues - level of information - habits - desires - trustworthiness (and readily available) information (labels & organization's sales specialists) - availability of green products in mainstream retailers - guilt xx purchasing consumer technology products (technology)
Johan Jansson, Agata Marek and Annika Nordlund	Green consumer behavior: determinants of curtailment and eco-innovation adoption	Journal of Consumer Marketing	C/D	Value-belief-norm theory (Stern et al., 1999)	- values, beliefs, norms, and habit strength determine willingness to curtail and willingness for eco-innovation adoption → confirms the importance of biospheric values and personal norms for both curtailment behaviors and high involvement purchase decisions. - personal norms have a strong positive influence on willingness for the behaviors and habit strength has a negative influence. - habits, previously primarily associated with curtailment behaviors, also have an influence on willingness for adoption against changing low involvement behaviors, but also against performing habits might act as barriers not only the other determinants have varying influence depending on type of behavior - socio-demographics played no significant role - previous adoption was found to be a strong determinant of future willingness to adopt an eco-innovation, but not for curtailment behavior → values, beliefs and norms, not only predict low involvement post-purchase green behaviors, but also adoption of a high involvement eco- innovation such as the alternative fuel vehicle → however, values, beliefs, norms and habit strength were considerably more effective in explaining willingness to adopt compared with willingness to curtail (29 per cent compared with 18 per cent)	curtailment of car use and adoption of an eco-friendly car - values - beliefs - norms - habits - transportation	

Eckhardt et al. (2006) identified three major reasons used by consumers to justify their unethical behaviors, on which the authors study based: - economic rationalism: behaving in a socially responsible manner is more costly than the benefits received - economic development reality: to achieve economic growth and improvement in acceptable standards of living, ethical considerations have to be put aside (so costs outweigh benefits at a macro-level) - government dependency: denying the urgency for ethical behaviour because the government would do something if it really was that important (government is responsible for preventing unethical behavior)	Understanding Consumers' Ethical Justifications: A Scale for Appraising Consumers' Reasons for Not Behaving Ethically	B	Journal of Business Ethics	2009	- main aim was the development of a scale for appraising why consumers do not behave ethically - empirical support for the relevance of the arguments made by Eckhardt et al. (2006) - a 28-item three-dimensional scale (the CRUB) (=consumer reasons for unethical behavior scale) was developed and tested. - items converged towards their corresponding factors, and that the three sub-scales composing the instrument were reliable - findings of this study have confirmed the relevance of the consumer-perceived effectiveness concept (consumers who perceive whether their individual actions can make a real difference were less likely to agree with the aforementioned three arguments for justification of their unethical behaviors - (lack of) knowledge and perceived ineffectiveness as antecedents to economic rationalisation & economic development reality and government dependency justifications for not adopting socially responsible behavior. -> these antecedents have a moderating effect on the adoption of such justifications such that they were found to be used less where knowledge about socially responsible behavior and/or consumers' perceived effectiveness of their actions would make a difference) were greater.	x	- (lack of) knowledge* - perceived ineffectiveness*	purchasing sustainable products
Seonaidh, McDonnell, Cates, Maree, Thyne, Penyala, Alvarez & McMorland (2009) Comparing sustainable consumption patterns across product sectors	International Journal of Consumer Studies	D	2009	two qualitative studies (semi-structured interviews) where they explored sustainable consumption practices through examining consumers' information search and decision-making processes for recent purchases of five different categories of goods/services: • white goods (such as fridges and washing machines); • small electrical products (such as TVs and computers); • fast moving consumer goods (FMCGs) (such as food and household products); • green energy tariffs (such as electricity from renewable sources); • inclusion products and service	- even the same green consumer will not use the same information sources or decision-making criteria, consider the same options or focus on the same industry actors, for products in different sectors - lends further empirical support to the conceptualization of a stream of incongruent and unrelated purchases	/	purchasing white goods, small electrical products, FMCGs, green energy tariffs, tourism	
Schwartz's (1992) theory of human values, described different value types and the conflict and compatibilities between these. The 10 value types included in the theory, namely Universalism, Benevolence, Conformity, Tradition, Security, Power, Achievement, Hedonism, Stimulation, and Self-direction. -> 45 of the 47 values are universal in nature, that is, they have similar meanings across all cultures.	The Role of Personal Values in Fair Trade Consumption	B	Journal of Business Ethics	2009	- four issues that showed the most substantial variation across the researched sectors are discussed: (1) scrutinized parts of the supply chain, (2) considered alternatives, (3) information that supported decision making and (4) sustainability criteria used in decision making: - FMCGs sustainability taken seriously, consumers willing to compromise on price, brand, convenience, and in some cases, product performance in order to ensure that their purchases are achieved in line with their principles - White Goods Sector (WGS): dominance of a single sustainability-criterion, energy efficiency; primary criteria are brand, availability and price. - green electrical appliances (SEA): brand is by far the most important decision-making criterion. Sustainability criteria are rarely used or even discussed in relation to these purchases - green energy tariffs, green energy tariffs, environmental criteria are paramount. Issues such as price and brand are secondary - tourism-like with WGS, sustainability criteria are often discussed as part of the purchase priorities, but ultimately, these are often compromised in favour of other criteria, i.e., journey time, price and convenience. - sustainability criteria are not used consistently across product sectors -> consumers focus their environmental or ethical concerns on different aspects of the product or service and scrutinize different parts of the supply chain. For example, for FMCGs, green or ethical consumers may investigate retailer ethics, but the same consumers are unlikely to consider the same issues in their purchases of travel and tourism products (2): doing without a ridge or washing machine is now not seen as a viable option even for the greenest consumers (3): differences in information seeking behavior, e.g. hardly any instances of active information seeking around green energy tariffs vs. Use of social networks for travelling choices	- universalism values were ranked as the most important values by loyal fair trade consumer - Unfair fair traders ranked benevolence values lower than did intermittent consumers. Both universalism and benevolence values are focused on supporting others; however, the focus of universalism values is on all people and nature, whereas benevolence values focus on the needs of everybody in favor of those in their in-group, whereas, loyal fair traders subordinate the in-group to prioritize the needs of all people - loyal fair traders ranked self-direction values higher than both non-consumers and intermittent consumers (one possible reason: many sustainable products are ethically inspired, which appeal to the Curious and Creative self-direction values) - Non-consumers of fair trade ranked the security values in second place (As this value type contains Social Order, Family security, Nationality and Non-consumers) - all respondents ranked power values as the least important of all values -> there are significant interactions between personal values and fair trade consumption and demographics proved to be useless in creating a profile of the American fair trade consumer	- universalism - benevolence values: - purchasing fair trade products	

Determinants of pro-environmental consumption: The role of reference groups and routine behavior	Heiner Welsch & Jan Kühlung	B	quantitative survey (questionnaire) on people's pro-environmental behaviors and their potential determinants, along with socio-demographic characteristics and environmental attitudes → contains information not only on people's own pro-environmental behavior but also on corresponding behaviors of friends, neighbors and relatives	- Traditional economic and cognitive factors (income, costs, information level) are significant covariates of all three kinds of pro-environmental consumption. Their influence is greatest in the case of green electricity and less important in the cases of solar thermal systems and organic food consumption patterns of reference persons are significant covariates of all three kinds. Their influence is greatest in the case of organic food and smallest in the case of green electricity → social comparison is relevant.	- reference groups - routine behavior - social pressure	installation of residential solar energy equipment, subscription to green-electricity programs and purchase of organic food (food and electricity)
Modes of Consumer Choice by Janssen and Jager (2002), which focusses on two types of rationales which influence how choices are being made: (a) economic on cognitive effort and (b) social needs.			- four modes of choice behavior are distinguished: (1) Repetition, (2) Imitation (consumption patterns of reference persons unconditionally initiated), (3) Social comparison (evaluation of reference people and comparison to own past behavior) and (4) Deliberation (maximization of satisfaction per unit cost)	- some had developed strong views when young, reflecting that past behavior relating to social causes is the most important predictor of future ethical behavior - while the participants differed in their particular concerns, local sourcing was a common theme for most factors such as price, quality and convenience particular sometimes still came first for participants	- situational factors - social influence (family, friends)	towel reuse in hotels (tourism)
The conscious consumer: taking a flexible approach to ethical behavior	Noah J. Goldstein, Carolyn Cialdini, Morven G. McCrae	C	- qualitative in-depth interviews with consumers who identified themselves as regularly buying ethical products	- all the participants displayed varying degrees of flexibility in their ethical consumption behavior, e.g. due to price, mood or need for variety - situational factors and social context also all contributed to the flexibility of the participants, e.g. wishes of family members - most participants admitted to feeling good when purchasing ethically and also saw the wider moral context of their choices. Some admitted to feeling uncomfortable with inconsistencies in their attitudes and behavior → no linear and unproblematic relationship between attitude and behavior, but consumers reconcile a plural of ethical stances underpinned by competing priorities and compromises	- different situational factors (e.g., purchasing clothes, doing without meat)	- kind of social norm
A Room with a Viewpoint: Using Social Norms to Motivate Environmental Conservation in Hotels	Noah J. Goldstein, Robert B. Cialdini, Vladas Trinklevicius	A+	- quantitative - two field experiments in a hotel on the effectiveness of signs requesting hotel guests' participation in an environmental conservation program - study 1: between-subjects message sign with or without explicit descriptive norm (i.e. what majority of other guests do) - study 2: investigate how the conformity to norm varies as a function of the type of reference group attached to that norm: - Festinger's (1954) social comparison theory: people often evaluate themselves by comparing themselves to others—especially to others with whom they share similar personal characteristics.	- descriptive norm condition yielded a significantly higher towel reuse rate (44.1%) than the condition with environmental protection promotion in general - the same room identity descriptive norm condition yielded a significantly higher towel reuse rate (44.3%) than the other three descriptive norm conditions, although this is a reference group that participants felt was the least personally meaningful to them (only the most physically proximate) - the other three descriptive norm conditions—citizen identity, gender identity, and guest identity (not same room)—did not differ from one another → normative appeals were most effective when describing group behavior that occurred in the setting that most closely matched individuals immediate situational circumstances (referred to as provincial norms) → making a meaningful social identity salient without providing descriptive normative information is not an optimal approach		

Irene Tilikidou & Antonia Delistavrou	Types and Influential Factors of Consumers' Non-Purchasing Ecological Behaviors	B Business Strategy and the Environment	Theory of Reasoned Action & Theory of Planned Behavior	2008	- quantitative survey; structured questionnaire, administered through personal interviews by trained marketing students - variables: Recycling behavior Post-purchasing behavior, Pro-environmental activities, Recycling attitudes, Spheres of Control, Doubt About Self-Determination	- Those who are engaged in one type of non-purchasing pro-environmental behavior are more likely to engage in another type as well → inter-relationships were found between and among recycling behavior, pro-environmental post-purchasing behaviors and pro-environmental activities - Recycling behavior is more strongly correlated to recycling attitudes, whereas post-purchasing behavior and ecological activities can be predicted by other behaviors - Consumers are most likely to adopt any type of pro-environmental behavior where cost and/or inconvenience are minimized or activities hardly demand radical pro-environmental behavioral changes.	- education - spill-over effects between behaviors non-purchasing ecological behaviors - locus of control - positive attitudes and social responsibility - beliefs of power over politicians
William Kilbourne & Gregory Pickett	How materialism affects environmental beliefs, concern, and environmentally responsible behavior	B Journal of Business Research		2008	- New Environmental Paradigm (NEP) - Cognitive Dissonance Theory with the key argument that when confronted with the negative environmental consequences of their behavior, consumers experience cognitive dissonance that must be resolved to preserve their self-image. The consequent dissonance can only be reconciled if they change their views of the value of materialism or change their views about the consequences of their behavior	- quantitative, random telephone survey - independent variables: materialistic values - last-stage dependent variables: indirect and direct behavior - causal model: materialism → environmental beliefs → environmental concern → environmental behaviors	- environmental concern - materialism*
Iris Vermeir & Wim Verbeke	Sustainable food consumption among young adults in Belgium: Theory of planned behavior and the role of confidence and values	B Ecological Economics	Theory of Planned Behavior	2008	- survey data collected through self-administered questionnaires among the age group 19-22 - dependent variable: intention - independent variables (following the TPB): attitude towards purchasing sustainable dairy products, PCE, perceived availability of sustainable dairy products, social norms - possible mediators: confidence that the product does what it promises and human values (value types by Schwartz (1992))	- 50% of the variance in intention to consume or purchase sustainable dairy was explained by the combination of attitudes, perceived social influences, perceived consumer effectiveness and perceived availability - Attitudes were the main predictor of behavioral intentions, irrespective of consumers' personal values and their level of confidence in the sustainability claim of the dairy product considered - two other factors also determine the decision-making process: social influences and perceived behavioral control - findings indicate that the consideration of social norms differed between high and low confident consumers, while no differences were found for attitudes, PCE and perceived availability → Consumers, who are less confident about the sustainable character of the products, take their personal attitudes, perceived availability and PCE beliefs into account when deciding to purchase sustainable products, while high confident consumers also consider social norms. - Intentions of low confident consumers are less guided by social norms compared to confident consumers - consumers who hold traditional values (e.g., be humble, devout, respect traditions, no extreme ideas or image, having authority, respect and power over others) are less inclined - attitudes were most important in guiding behavior, a vital intention for all consumers, while perceived availability, PCE and social norms varied in importance according to the value levels, e.g., high universalists will buy sustainable products, while power seekers (influential, preserving what it promises*)	- attitude* - social norms* - a person's values* - PCE* - confidence that the product does what it promises*
Deborah J. Webb, Lois A. Mohr & Katherine E. Harris	A re-examination of socially responsible consumption and its measurement	B Journal of Business Research		2008	- Stakeholder Theory: companies should consider the effects of their actions on all relevant constituencies (shareholders, customers, employees, suppliers, environment, and community) (Smith, 2003).	- main contribution is the development of a scale for Socially Responsible Purchase and Disposal - Three dimensions of socially responsible consumption emerge: (1) purchasing based on firms' corporate social responsibility (CSR) performance, (2) recycling, and (3) avoidance and use reduction of products - PCE is a key determinant of socially responsible consumption. - consumers' beliefs about trade-offs between CSR and traditional corporate abilities can affect consumers' responses to CSR - collectivism was only related to CSR performance on purchasing	- different behaviors, e.g., recycling, electric saving and purchasing behavior - PCE

Deirdre Shaw, Edward Shiu, Louise Hassan, Caroline Bekin & Gillian Hogg	Intending To Be Ethical: An Examination of Consumer Choice in Sweatshop Avoidance	C	Theory of Reasoned Action, Theory of Planned Behavior and modifications	- desire was found to be distinct from intention and pertinent in fully mediating the effect of attitude and partially mediating the effect of subjective norm on intention → suggests that attitude does not directly impact intention but rather required the motivational stage of desire (reflective of a personal motivation to act) - In the context of avoiding sweatshop apparel this personal motivation is important and can be energized by emotive feelings surrounding the issue, resulting in a strong desire to → desire to avoid sweatshop apparel informed by an attitude that sweatshop apparel is negatively valued is necessary before forming an intention - findings highlight the significance of plan as a volitional stage toward behavior, with results revealing the impact of attitude, subjective norm, perceived behavioral control, and desire on plan as fully mediated through intention - TPB antecedents all significantly impact desire in the expected direction. TPB antecedents all significantly impact intention in the expected direction. Thus, the TPB is potentially valid in this behavioral context. Desire fully mediates the effects of attitude on intention, partially mediates the effects of subjective norm on intention, with no evidence of mediating effect on the relationship between perceived behavioral control and intention. Intention fully mediates the effects of attitude, subjective norm, perceived behavioral control and desire on plan.
				- quantitative questionnaire with subscribers to the UK Ethical Consumer magazine - influencing role of the variables "plan" and "desire" are integrated into the TPB model
	A Model for Fair Trade Buyingbehavior: The Role of Perceived Quantity and Quality of Information and of Product-specific Attitudes	B	Theory of Reasoned Action, Theory of Planned Behaviour & the modification by Shaw and Shiu (2002); ethical obligation and self-identity as additional antecedents - The Hunt and Viell (1986, 1993) model	- overall knowledge and attitudes towards the fair trade issue have a considerable effect on fair trade buying behavior - perceived quantity and quality of information, also have a significant effect on buying behavior, especially through its effect on overall attitudes and to a lesser extent on product specific attitudes → better and more credible information about the fair trade issue and about fair trade products indirectly stimulates fair trade buying behavior - product attitudes mediate the effect of general attitudes and information factors - results confirm the relevance of "perceived effectiveness" or "control belief" that was also found or suggested in earlier studies - results also confirm the suggested importance of product-related attitudes, although there are remarkable differences between the four product-related attitudes investigated - lack of shopping convenience does not have any impact on buying behavior and also the role of price acceptability and product likeability is limited. These two factors only had a small significant effect on buying behavior - product interest is the most important variable influencing buying behavior - your (fair trade concern and scepticism had a large impact on product interest)
Iris Verneir & Wim Verbeke	Sustainable food consumption: exploring the consumer "attitude-behavioral intention" gap	41	Journal of Agricultural and Environmental Ethics	- involvement with sustainability, certainty, and PCE have a significant positive impact on attitude towards buying sustainable dairy products, which in turn correlates strongly with intention to buy - perceived availability*, personal values, i.e. power and universalism* - PCE* - involvement with sustainability* - social pressure from peers (social norms)* - consumers who score high on universalism and low on power have more positive attitudes towards sustainable products

Patrick De Pelsmacker, Wim Janssens, Ellen Sierckx & Caroline Mielants	Consumer preferences for the marketing of ethically labelled coffee	International Marketing Review	B	none mentioned	- distribution attribute generates the highest average importance, followed by type of label, issuer of label, label information, brand, and promotion - conjoint analysis → consumers were asked to indicate their preference for products with varying characteristics (different ethical labels) - attributes used in the conjoint analysis: Type of label (fair trade, social, bio-label, eco-label), Label issuer (local government, European government or non-governmental organizations), Label information (label only on the front or additional product information on the back), Distribution ('shop-in-the-shop', on shelves together with other coffee brands and specialty shops), Promotion (mass media advertising, and mailing of brochures), Branding	- respondents assigned the largest utility to a situation where the pack of coffee is grouped with other 'normal' coffees → ethically-labelled coffee should be available in ordinary supermarkets and be presented along with non-ethical coffee brands - the fair trade label generates the highest utility, fair trade and social labels are significantly more preferred than eco-labels and especially bio-labels - Belgian government as an issue was assigned the least utility, better: labels issued by the European government or by NGOs - label information: consumers prefer extra information on the package, in addition to a label - brand attribute: manufacturer brand generates a significantly higher utility than a store brand - promotion: media advertising generates a significantly higher utility than brochures - results are similar across different socio-demographic groups	x	sort of label/ marketing strategy in purchasing coffee general/information
Sebastian Bamberg	How does environmental concern influence specific environmentally related behaviors? A new answer to an old question	Journal of Environmental Psychology	112	Theory of Reasoned Action & Theory of Planned Behavior	- quantitative questionnaire analysing high vs low environmentally concerned students' decision to request information brochure about green electricity - Independent variables: behavioral normative and control beliefs - dependent variable: actual behavior (request of an information brochure) → research is only about requesting information, not actually taking action	- general attitude like environmental concern cannot influence specific behaviors directly. Only the situation-specific cognitions concerning the salient consequences associated with a specific behavior are direct determinants of a specific behavior. But via their impact on the 'definition of the situation', that is how to frame the decisional problem, the relevant behavioral alternatives (like environmental concern) are important indirect determinants of specific behaviors - highly environmentally concerned students show not only a greater interest in obtaining information about green electricity products, they are also more likely to associate this information with using the offered brochure. - whereas the intention of highly concerned students is mainly determined by control-related cognitions, the intention of low concerned students is mainly determined by social-norm-related cognitions.	- environmental concern* - specific attitudes*	
Carmen Tanner & Sybille Wölfling Kast	Promoting Sustainable Consumption: Determinants of Green Purchases by Swiss Consumers	Psychology & Marketing	B	review of most important determinants for environmental behavior, e.g. knowledge and personal norms + stress the importance of also taking contextual factors (less attention in research until then) into account	- extent of people's green food purchases decreased when people perceived a need to save time, and when they shopped mainly in supermarkets - positive attitudes toward environmental protection, fair trade, and local production are major facilitators of green purchases - action-related knowledge is an additional predictor of green purchases (but no strong relationship between behavior and knowledge) - cost does not play an integral role in green purchases - no significant association between personal norms and green food purchases - food purchases are remarkably susceptible to conditions in the stores where consumers mainly shop for edibles	- perceived time barriers - NOT: costs - store where people shop - positive attitudes toward environmental protection, fair trade, and local production - action-related knowledge		
Ian H. Rowlands, Daniel Scott & Paul Parker	Consumers and green electricity: profiling potential purchasers	Business Strategy and the Environment	B	- quantitative questionnaire - dependent variable: purchase of green electricity - 12 potential independent variables: (general) ecological concern, liberalism, altruism, education, age, perceived consumer effectiveness, income, communication (frequency of discussion about energy conservation with others), knowledge about sources of electricity in the informants place of residence, participation (involvement in the community), gender, others (perceived energy efficiency of another member of their social network)	- all potential independent variables were significant except 'knowledge', 'gender' and 'others' - demographic characteristics were not found to be the most useful in the investigation, but three of them – namely, higher level of education, lower level of age and higher income level – still had significance. - attitudinal characteristics – specifically ecological concern, liberalism and altruism - best identify the potential purchasers of green electricity - PCE also had a relatively strong explanatory power	- attitudinal characteristics (especially ecological concern, liberalism and altruism) - demographic characteristics (education, age and income) - PCE		

- Balance Theory and Dissonance Theory: claim that people have a need to avoid inconsistencies in their beliefs, attitudes, and behaviors - Bem's (1972) SelfPerception Theory of attitude formation: gives additional support to this hypothesis. This theory predicts that if a person starts behaving environmentally friendly in one area (e.g. separating one's waste for recycling), that person's attitudes and self-image are likely to change in a way that increases his or her preparedness to behave environmentally friendly in other areas. - Norm Activation Theory: predicts that when the personal costs of behaving in a way that primarily benefits others or the society at large are perceived to be too high, people tend to post-rationalize the situation by denying that continuing their current behavior has any serious consequences or by denying their own responsibility for solving the problems produced by their current behavior (Schwartz, 1968, 1973, 1977)	- identified some clusters of behavior that seem to "go together" in what the authors conceive as behavioral categories (between behaviors that are closely associated in a person's mind) - cases of transfer of environment-friendly conduct between behavioral categories, but only in a few of the possible instances and, as expected, only transfers of a modest size - the likelihood of spillover is marginally but significantly higher: if the value domain "universalism" is given high priority or if a person possesses strong personal norms for environmental-friendly behavior propensity to behave environmentally friendly in other areas - the process of transfer of environment-friendly conduct between behavioral categories is a slow one and that depends on various conditions → as many of the analysed behaviors are performed frequently and in a stable context, the conditions for developing habits are ideal → habits deserve particular attention in future research on the contingencies of spillover → the likelihood that environment-friendly behavior makes a person reflect on behaviors in other domains may be lower the more habitually these other behaviors are performed	- quantiative panel study with consumers consisting of three waves of interviews, each separated by a year: - dependent variable: pro-environmental behavior (main categories: Buying organic, Buying green non-food, Transport Conservation, Recycling) - independent variables: values & ethical norms	- spill-over effects for certain behaviors only - habits might be an inhibitor to this	variety of behaviors: Buying organic, Buying green non-food, Transport Conservation, Recycling		
Spillover of environment-friendly consumer behavior	Journal of Environmental Psychology	2003	John Thøgersen & Föike Olander			
Beyond the intention-behavior gap: or mythologizing An integrated model of recycling	Marketing Theory	C	Theory of Reasoned Action (Ajzen and Fishbein, 1977), Theory of Planned Behavior (Ajzen and Madden, 1986) and Schwartz's (1977) social-psychological model of altruistic behavior.			
Willing consumers - or locked-in? Policies for a sustainable consumption	Ecological Economics	B				

Marilyn Cartigan & Ahmad Attalla	The myth of the ethical consumer - do ethics matter in purchase behavior?	Journal of Consumer Marketing	C/D	Theoretical considerations about SMEs and their strengths/weaknesses, e.g. SMEs possess certain behavioral advantages (BERR, 2009), including their ability to respond more rapidly, flexibly, and efficiently to customer needs than larger organizations.	- Consumers seem only willing to be selectively ethical if ex. due to the importance of brand image with products such as clothing takes precedence over ethical criteria - not all unethical activity affects purchase behavior (ex: unethical work practices elicit little sympathetic purchase behavior, while a animal abuse induces positive discrimination in favour of ethical producers) - negative information does <i>not</i> influence consumer attitudes more than positive information - time pressure influences consumption decisions, e.g. through the reduction of search activity - consumers do not wish to be inconvenienced, and ethical purchasing will only take place if there are no costs to the consumer in terms of added price, loss of quality or having to shop around - consumers do seem to be aware of unethical behavior, but appear to be confused about who is guilty and who is not, and retain an unhealthy scepticism that there is little to choose from between companies → this may be influential in maintaining a reluctance to go to the ethical purchasing route, if consumers believe that not only do companies behave irresponsibly in some way, but also that consumer purchase behavior can have little impact in changing the situation	- level of information about unethical behavior of firms as well as product features - convenience of ethical purchase - price, quality and value - importance of brand image	xx
Ricky Y. K. Chan	Determinants of Chinese Consumers' Green Purchase Behavior	Psychology & Marketing	B	Hofstede's assertions about culture and values	- traditional Chinese man-nature orientation and collectivism (cultural values) are found to exert significant bearing on Chinese consumers' attitudes toward green purchases, which in turn, affect their green purchase intention, and ultimately, their green purchase behavior. - ecological affect, and marginally, ecological knowledge, also influenced attitudes - although positive attitudes toward green purchases are translated rather effectively into green purchase intention (0.77), the translation of green purchase intention into corresponding behavior does not enjoy the same degree of effectiveness (0.34)	- values, man-nature orientation and collectivism* - ecological affect* - knowledge*	
John A. McCarty & L.J. Shrum	The Influence of Individualism, Collectivism, and Locus of Control on Environmental Beliefs and Behavior	Journal of Public Policy & Marketing	B	none mentioned, only discussion of the constructs that make up their proposed model	- beliefs about the importance of recycling not only positively relates to recycling behavior but also to beliefs about the inconvenience of recycling - the relationship between beliefs about the importance of recycling and beliefs about the inconvenience of recycling are not as simple as suggested by previous research: → people who are more individualistic or have a lower economic status, the importance of recycling is not a motivating issue, only convenience predicts recycling behavior → people who are more collectivistic or have an internal locus of control, beliefs about the importance of recycling are positively related to recycling behavior - economic status is negatively related to the beliefs about the inconvenience of recycling, which in turn negatively influenced recycling behavior; economic status had no influence on the beliefs about the importance of recycling	- beliefs about the importance of recycling and collectivism* - beliefs about the inconvenience of recycling (+) - beliefs about the inconvenience (-) - value orientation (individualism vs. collectivism and locus of control) influences beliefs	
Marcel Hunecke, Anke Böbaum, Ellen Matthes & Rainer Höger	Responsibility and Environment: Ecological Norm Orientation and External Factors in the Domain of Travel Mode Choice Behavior	Environment and Behavior	98	quantitative field experiment, in which two external factors (costs for using the subway and station range) were varied (quasi)-experimentally: - costs were experimentally modified by handing out free tickets to half of the participants - station range was quasi-experimentally modified by deliberately selecting participants by means of the distance between their residences and the subway station → the dichotomous variable fare (fee ticket vs. no free ticket) and the dichotomization of the variable station range (a distance of less than 500 m vs. a distance of more than 500 m) lead to a 2 × 2 factorial design - dependent variable: travel mode choice (subway vs. private car/motorcycle) - further measured variables included awareness of consequences and feelings of ecological guilt	- Personal ecological norm as well as external costs influence travel mode choice. These two factors are comparably strong predictors - Personal norm is not negatively affected by external rewards such as the distribution of free tickets, but the interaction between these variables is additive - the effect of free tickets led to an increase in the relative number of subway rides for both conditions of station range → station range has not proven to be a behavior-relevant external factor (maybe due to the fact that almost all participants judged the station to be easily accessible, irrespective of its actual distance) → results suggest that the "economy-plus-moral" formula best describes the fact that the integrative mechanism (external factor/fare plus normative ecological orientation) is the determinant of travel mode choice	- cost - personal norm	travel mode behavior / use of public transport (transportation)

				- Social-norms theory: people measure the appropriateness of their behavior by how far away they are from the norm / peers	- providing residents with descriptive normative information had a dramatically different effect depending on whether they were initially above or below the average level of energy consumption → for low-energy consuming households constructively decreased energy consumption → for high-energy consuming households, the same descriptive message produced a destructive boomerang effect, leading to increased levels of energy consumption BUT: adding an injunctive component to the message proved reconstructive by buffering this unwelcome boomerang effect (consumption stayed at low rate)	- social norms / perception about what others do	- energy saving behavior (electricity)	
P. Wesley Schulz, Jessica M. B. Cialdini, Nolan J. Goldstein & Vladas Griskevicius	The Constructive, and Reconstructive Power of Social Norms	227	Psychological Science	- Focus Theory of Normative Conduct emphasizes the importance of social normative influence in affecting behavior. A major component is the distinction between Injunctive (which behaviors are normically approved or disapproved) and Descriptive (how most people behave in a situation) social norms → both types influence behavior, but do not do so in all situations	- field experiment with 2 feedback descriptive norm only vs. descriptive plus injunctive information conveying that their energy consumption was either approved or disapproved) X 2 (consumption: above- vs. below-average energy consumption) X 3 (time: base-line, short-term follow-up, longer-term follow-up) mixed-factorial design	- the longer-term results indicate that the effects of the normative messages continued to be strong even 4 weeks after the initial intervention. - descriptive normative message detailing average neighborhood usage produced either desirable energy savings or the undesirable boomerang effect, depending on whether households were already consuming at a low or high rate. Also as predicted, adding an injunctive message (conveying social approval or disapproval) eliminated the boomerang effect.	- message framing (related to social norms)	- energy saving behavior (electricity)
Elisabeth Kals, Daniel Schumacher & Leo Montada	Emotional affinity towards nature as a motivational basis to protect nature	98	Environment and Behavior	Theory of Reasoned Action & previous studies around the concept of emotional affinity toward nature (EATN) are discussed. EATN embraces various inclinations toward nature such as the love of and interest in nature.	quantitative questionnaire study among both people who were expected to express no specific interests in nature and nature protection as well as active members in various groups or organizations for nature protection (1) independent variable: present and past experience with nature; dependent variables: cognitive interest in nature and emotional affinity towards nature (2) i.v.: cognitive interest in nature, emotional affinity towards nature and emotional indignation about insufficient nature protection; d.v.: nature protective willingness and behavioral decisions	- emotional affinity is as powerful to predict nature-protective behavior in addition to indignation about insufficient nature protection and interest in nature - together these three predictors explain up to 47% of variance of the criterion variables - 39% of emotional affinity toward nature traces back to present and past experiences in natural environments	- different nature-protective behaviors, e.g. use of public transportation or installation of solar panels	- different nature-protective behaviors, e.g. use of public transportation or installation of solar panels
Robert D. Straughan & James A. Roberts	Environmental segmentation alternatives: a look at green consumer behavior in the new millennium	1999	Journal of Consumer Marketing	C/D none mentioned	- quantitative questionnaire among students - dependent variable: ecologically conscious consumer behavior ECCB (measures the extent to which individual respondents purchase goods and services believed to have a more positive (or less negative) impact on the environment) - independent variables: demographic variables (age, family income, sex, and academic classification) and psychographic variables: (liberalism, perceived consumer effectiveness, environmental concern and altruism)	- age, sex, and classification are significant and that income lacks significance overall; the demographically only model has an R2 of 0.087 - overall, the demographically only model and perceived consumer effectiveness were significant, while liberalism lacked statistical significance - psychographics-only model outperformed the demographics-only model as indicated by an R2 value of 0.393 - While several of the demographic variables achieve statistical significance, they lack the explanatory power of the psychological variables. - although significant, environmental concern does not play an integral role in ECCB - a person's belief that individuals can play an important role in combating environmental destruction (PEC) is likely the driving force behind ECCB	- perceived consumer effectiveness - altruism - environmental concern	- perceived consumer effectiveness - altruism - environmental concern
Deirdre Shaw & Ian Clarke	Beliefformation in ethical consumer groups: an exploratory study	1999	Marketing Intelligence & Planning	59	Theory of Reasoned Action and Theory of Planned Behavior	- qualitative focus groups with readers of the UK Ethical Consumer magazine - quantitative elicitation questionnaire with a broader sample to ascertain the nature of factors influencing their beliefs on this subject	- normative beliefs - habits - information - cost - availability of alternatives	- purchasing ethical products

A structural model of environmental attitudes and behavior Alexander Grob	Journal of Environmental Psychology 1995	two quantitative studies - dependent variable: environmental behavior - independent variables (main groups): perceived control, personal philosophical values, environmental awareness and emotions (1) questionnaire testing the influence of 11 different attitude sub-components (e.g. creative thinking, values) on environmental behavior (2) same instrument as in (1); survey among both members of a green car association and traditional drivers	- most important effects on environmental behaviour come from personal-philosophical values, i.e. post-materialistic values and openness to new thinking - weakest effect was due to factual environmental awareness - the more subjects were emotionally affected by damage to the environment, the more appropriately they behaved - negative relation between perceived control and pro-environmental behavior: the less control the subjects perceived, the more appropriately they behaved towards the environment (possible explanation: people who are more environmentally concerned have developed a more realistic view of their abilities) - results provide evidence for a hierarchical value-attitude-behaviour sequence - Persons driving new cars without catalytic converters differed importantly from drivers who were members of a green car association, which recognized more environmental problems, reacted more affectively to environmental degradation, held more post-materialistic values, were more open-minded, and believed less in technological and scientific solutions for environmental problems than the traditional drivers; groups did not differ in their domain-specific factual knowledge or perception of control. - green care association members behaved more appropriately towards the environment than traditional drivers -> social group membership is associated with differences in environmental attitudes and behaviour	- personal-philosophical values, i.e. post-materialistic values and openness to new thinking - emotional affectiveness - social group membership	
A model of recycling behavior, with evidence from Danish source separation programmes John Thøgersen	International Journal of Research in Marketing 1994	- Theory of Reasoned Action - Motivation-Opportunity-Abilities (MOA) Model: these three factors play a role in whether a behavior is carried out or not. → Motivation: Expectancy-value attitude theory (Fishbein and Ajzen, 1975; Ajzen and Fishbein, 1980), which proposes that motivation has its roots in values, beliefs about outcomes, attitudes, and norms. The single variable which captures the motivational factors and transforms them into a behavioral disposition is the person's intention to engage in the behavior (Ajzen, 1988) → Ability: operationalized in task knowledge and habit → Opportunities: subjective ("perceived control") and an objective ("situational variables")	- quantitative data from a number of (mainly non-published) evaluations of source separation programmes for household waste - dependent variable: behavior (consumer's waste handling and specifically the performance or avoidance of recycling activities) - independent variables: "beliefs & evaluation of outcomes" influence attitude towards the behavior*, which influences "intention" "social norms" also influences "intention" - "intention" "ability" (habits, task knowledge), and "opportunity" (overall situational conditions) moderate this relationship	- results confirm that for the understanding of consumer's waste disposition, the three variables motivation, ability and opportunity are essential - most participants in the programmes express that they are motivated by the public benefits to separate their waste. (A minority believe they get additional private side-benefits) - The discouragement to separate waste rarely stems from financial costs. The majority expresses that it is acceptable that recycling costs extra. But some are discouraged by the additional trouble and nuisance that they expect from the activity - It takes time to acquire new waste handling habits and the tasks of source separation are difficult to understand at least for some → facilitating conditions may be decisive for the building of new habits - information is indeed an important instrument, but only for creating motivation (and relevant task knowledge). When the goal is to change consumer behavior the management of information conditions is as important as the management of information	- provision of information / knowledge - habits - facilitating conditions that lower the work the consumers have to do - financial costs do not play a role
Analysis and Synthesis of Research on Responsible Environmental Behavior: A Meta-Analysis Jody M. Hines, Harold R. Hungerford & Audrey N. Tomera	The Journal of Environmental Education 1987	meta analysis of 128 studies which assessed variables in association with responsible environmental behavior and which reported empirical data on this relationship	- proposed a model of environmental behavior which views the intention to act and objective situational factor as direct determinants of pro-environmental behavior - cognitive variables: the correlation coefficient (cc) between greater knowledge of environmental issues and/or knowledge of how to take action and environmental behavior was: .299 / .347 (b) internal locus of control: $cc = .356$ (c) verbal commitment: $cc = .49$ (d) feelings of personal responsibility: $cc = .323$ (e) cost / consciousness & concern about the economic impact: $cc = .162$	- demographic variables: (a) age: $cc = -.151$ (b) higher income: $cc = .162$ (c) higher educational level: $cc = .185$ (d) gender: $cc = .075$ (no relationship)	→ It appears that intention to act is merely an artifact of a number of other variables acting in combination (e.g., cognitive knowledge, cognitive skills, and personality factors)

Appendix G: Literature table 2 – Further reviewed articles

The articles in this literature table were read in addition to the ones incorporated into the compilation of drivers and barriers. They either served theoretical or conceptual understanding or are related with facilitators and obstacles of sustainable consumption but were not included in chapter four as they only discussed intentions or were too narrow or detailed. Determinants that are asterisked only influenced intention or attitudes and not directly behavior.

Author(s)	Title	Year	Journal	Rating Theories	Methodology	Results
Pat Auger Timothy M. Devlinney	Do What Consumers Say Matter? The Misalignment of Preferences with Unconstrained Ethical Intentions	2007	Journal of Business Ethics	B	- quantitative - compared the results from a replication of the MORI poll (Market & Opinion Research International: a large scale survey that found that more than one-third of consumers in the UK were seriously concerned with ethical issues) to results from a structured choice experiment (forced consumers to trade-off product attributes against one another)	<ul style="list-style-type: none"> - very inconsistent patterns of associations between the MORI poll items and the willingness-to-pay estimates of the choice experiment - unconstrained survey instruments and the modus operandi of much of the empirical research on ethical consumerism do not force consumers to reveal their true attitudes or intentions due to inherent weaknesses in survey design and the sensitivity of the issues under investigation <ul style="list-style-type: none"> → simple rating scales used in traditional survey methods may be overstating the importance of ethical issues to the purchase behavior of consumers and add unwanted variance into the measurement process by swamping the true preferences with spurious information → additionally, traditional survey instruments may not be specific enough about the ethical issues and the context under which those ethical issues influence purchase decisions (broadly worded questions may be simply too general to have predictive power)
Alan Bradshaw & Dietlev Zwick	The Field of Business Sustainability and the Death Drive: A Radical Intervention	2016	Journal of Business Ethics	B	literature review / multidisciplinary approach: draw together strands of contemporary philosophy, critical theory and psychological inquiry, in particular Zizek, Freud and Glover → put forth a psychoanalytically informed account of the failure of the sustainability movement to bridge its own attitude-behavior gap Freud's concept of unconscious (direct one's own desires and impulses toward pleasurable instincts by excluding them from one's consciousness) & 'beyond the Pleasure' Principle & Civilisation and Its Discontents (idea of death drive), Glover (also believed in repressed sadism and masochism, f.ex. the will to save the planet stems from the same part of the psyche in which our destructive instincts are to be found and we simply cannot trust ourselves) and Zizek (f.ex. people are unable to accept mentally and comprehend such an all-encompassing and deeply traumatic reality → social consciousness embarks upon a series of delusions)	<ul style="list-style-type: none"> - suggests that in reality capitalism in any form—sustainable or otherwise—is diametrically opposed to the salvation of the global ecology, relying on the attitude-behavior gap for its very survival. Thus, the field of Business Ethics and CSR could be unconsciously working towards the planet's destruction, rather than salvation. → any analysis of the attitude-behavior gap should take into consideration that contradictory emotions are at play and that any notion of green consumer harbours the antagonistic desire to see our planet destroyed. → the attitude-behavior gap cannot be eliminated without also eliminating capitalism / 'sustainable growth' is an impossible notion
Peter M. Gollwitzer, Paschal Shearan, Verena Michalski & Andrea E. Seifert	Implementation Intentions and Goal Achievement: A Meta-analysis of Effects and Processes	2006	Advances in Experimental Social Psychology	78	meta-analysis of 94 studies implementation intentions = intentions, that contain an if-then plan specifying when, where and how the person will instigate responses that promote goal realization.	<ul style="list-style-type: none"> - article is based on several different constructs/theories in psychology (e.g model of interpersonal behavior (Triandis, 1977)) - implementation intentions, that contain an if-then plan specifying when, where and how the person will instigate responses that promote goal realization. - implementation intention/planning increases the likelihood of attaining one's goals (no matter what self-regulatory problem was at hand) <ul style="list-style-type: none"> - people who form implementation intentions are in good position to recognize opportunities to act and respond to the opportunities swiftly and effortlessly - often people have problems getting started towards realising an intention because they forget to act accordingly, particularly when the intended behavior is unfamiliar or not part of their routine - barriers for goal achievement in general: forgetfulness & unwanted distractions: Situational influences and behavioral control

Stephen Sturton	Predicting and Explaining Intentions and Behavior: How Well Are We Doing?	Journal of Applied Social Psychology	B	Theory of Reasoned Action & Theory of Planned Behavior	Meta-analyses of the TRA and the TPB show that these models explain, on average, between 40% and 50% of the variance in intention and between 19% and 38% of the variance in behavior. The paper gives further suggestions for successful research on the relationship between intention and behavior e.g. The principle of compatibility should be extended to include not simply the wording of the question, but also the response format and the number of response categories
Jan Willem Wieland	Willful Ignorance	2017	Ethic Theory & Moral Practice	20	<p>Moody-Adams' (1994) view of willful ignorance</p> <p>The author presents his concept of willful ignorance by supplementing Moody-Adams' view with further conditions. Willful ignorance is about avoiding inconvenient information. Thus, it does not really matter what attitude the agent has, and willful ignorance is compatible with awareness and unawareness of various kinds.</p> <p>(i*) P (proposition) implies that A (action or omission), an action of S (agent) or another agent S*, is wrong:</p> <ul style="list-style-type: none"> (ii) S should have considered p; (iii) S could have considered p; (iv) but S does not consider p; (v*) because this is inconvenient for S, due to the following motivations: forward-looking self-interest (S wants to keep on doing A in the future, since A has certain advantages for her over alternatives), backward-looking self-interest (S did not prevent S* or herself from doing A in the past, and this affects the image that S and/or others have of S), or other-interest (S cares about S*, and S does not want to know that S* commits wrongful actions) <p>An application of his concept are contemporary consumers (they fulfill all above-listed criteria)</p> <p>Willful ignorance might be culturally and socially embedded, as behavior might be legally permissible and many peers act the same</p> <p>The only attitude incompatible with willful ignorance is full awareness that one is doing something wrong.</p>
Antonieta Di Giulio, Daniel Fischer, Martina Schäfer & Birgit Blättel-Mink	Conceptualizing sustainable consumption: toward an integrative framework	2014	Sustainability : Science, Practice and Policy	17	<p>- interdisciplinary process during a research program that ran from 2008 to 2013 and was funded by the German Federal Ministry of Education and Research (BMBF)</p> <ul style="list-style-type: none"> - multi-method approach, which encompassed several incremental loops. An average of 50 researchers met six times in two-day synthesis workshops methodologically based on structured integration-oriented dialogue techniques. <p>- Core Statement 1: Consumption is a Complex Issue, because (a) the individual consumer behavior is embedded in multiple contexts (cultural, institutional..) and (b) there are different types of consumption acts (e.g. degree of reflexion)</p> <p>- Core Statement 2: Concepts of Need and of a Good Life Help to Define the Relationship Between Consumption and Sustainability (\rightarrow acts of consumption are only means to ends)</p> <p>- Core Statement 3: Sustainability in Consumption is a Matter of Intentions and Impacts (\rightarrow established classifications in the literature (Stein, 2000; Weber, 2008); individual acts of consumption can be evaluated with an impact-oriented and/or an intent-oriented approach)</p> <p>- Core Statement 4: Intervention Strategies for Sustainable Consumption Are More Effective if Combined (\rightarrow applying a mix of instruments carefully adapted to the type of consumption act addressed and the specific contexts by the use of (a) regulatory Instruments, (b) economic Instruments, (c) communicative Instruments and (d) cooperative Instruments)</p>
Russel W., Belk	Situational Variables and Consumer Behavior	1975	Journal of Consumer Research	A+	<p>- Revised S-O-R model: Situation & Object - Person - Behavior</p> <ul style="list-style-type: none"> - consumer situation = all those factors particular to a time and place of observation which do not follow from a knowledge of personal (intra-individual) and stimulus (choice alternative) attributes and which have a demonstrable and systematic effect on current behavior <p>five groups of situational characteristics:</p> <ol style="list-style-type: none"> (1) Physical Surroundings (most readily apparent features like decor, sounds, lighting), (2) Social Surroundings (Other persons present, including interactions with them), (3) Temporal Perspective (ranges from time of day to season of the year), (4) Task Definition (intent or requirement to select, shop for, or obtain information about a purchase) and (5) Antecedent States (momentary moods or conditions rather than chronic individual traits, e.g. fatigue or anxiety)

Florian G. Kaiser, Katarzyna Byrka & Terry Hartig	Reviving Campbell's Paradigm for Attitude Research	Personality and Social Psychology Review	134	Campbell's paradigm: describes individual engagement in a specific behavior as the arithmetic difference between a person's general attitude and the costs of the specific behavior in question → the apparent inconsistency between verbal evaluations and other behavioral performances originates from the disregard of the relative difficulties or costs of the various performances.	<ul style="list-style-type: none"> - two components shape how a person acts : (a) the person's disposition, e.g. the level of his or her environmental attitude, and (b) the specific difficulty of the particular behavior, which is the composite of the costs involved when enacting the behavior - a person's attitude manifests as a constant in each behavior that defines the attitude, irrespective of the specific difficulties of those behaviors - the situational forces that impinge on a behavior—its difficulty—factually affect individual behavior, irrespective of the strength of the individual attitudes - the strength of a personal attitude and the costs of a behavior are conjointly and additively pertinent for individual action.
Icek Ajzen	The Theory of Planned Behavior	Organizational behavior and Human Decision Processes	128	The theory of planned behavior. <ul style="list-style-type: none"> - is designed to predict and explain human behavior in specific contexts - postulates three conceptually independent determinants of intention, namely attitude toward the behavior, subjective norms and perceived behavioral control → together, they shape an individual's behavioral intentions and furthermore behaviors. - the relative importance of attitude, subjective norm, and perceived behavioral control in the prediction of intention is expected to vary across behaviors and situations - suggests that perceived behavioral control, together with behavioral intention, can be used directly to predict behavioral achievement 	<p>literature review that explores an almost forgotten attitude concept: Campbell's paradigm and makes adjustments to it</p>
Anja Kollmuss & Julian Agyeman	Mind the Gap: Why do people act environmentally and what are the barriers to pro-environmental behavior?	Environmental Education Research	34	<p>literature review to identify the most influential and commonly used analytical frameworks of pro-environmental behavior:</p> <p>(a) early US linear progression models: environmental knowledge leading to environmental attitudes (concern), which in turn leads to pro-environmental behavior → proven to be wrong</p> <p>→ Theory of Reasoned Action, Theory of Planned behavior & Model of Responsible Environmental Behavior by Hines, Hungerford and Tomera: found the following variables associated with responsible pro-environmental behavior: knowledge of issues, locus of control, attitudes, verbal commitment, individual sense of responsibility and situational factors</p> <p>(b) altruism, empathy and prosocial behavior models, e.g. Stern et al.'s (1993) model: motivation = egoistic orientation + social orientation + biospheric orientation</p> <p>(c) sociobiological models, e.g. Model of ecological behavior (Fietkau & Kessel, 1981): five variables that either directly or indirectly influence pro-environmental behavior: Attitude and values, Possibilities to act ecologically, Perceived feedback about ecological behavior, Knowledge and Behavioral incentives</p> <p>→ conclusion: the question of what shapes pro-environmental behavior is such a complex one that it cannot be visualized through one single framework or diagram</p> <p>factors that have been found to have some influence, positive or negative, on pro-environmental behavior:</p> <p>(a) demographic factors, e.g. gender and years of education</p> <p>(b) external factors (e.g. institutional, economic, social and cultural)</p> <p>(c) internal factors (e.g. motivation, pro-environmental knowledge, awareness, values, attitudes (low-cost/high-cost model by Diekmann & Preisendorfer: people choose the pro-environmental behaviors that demand the least cost), emotional involvement, locus of control, responsibilities and priorities)</p> <p>Finally, the authors propose our own model based on the work of Fliegenschnee and Schelakovsky (1998), (too large to describe here)</p>	<p>literature review that explores an almost forgotten attitude concept: Campbell's paradigm and makes adjustments to it</p>
Shelby D. Hunt & Scott J. Vitell	The General Theory of Marketing Ethics: A Revision and Three Questions	Journal of Macromarketing	2006	<p>The General Theory of Marketing Ethics: A Revision and Three Questions</p>	<ul style="list-style-type: none"> - core: H-V theory posits that an individual's ethical judgments are a function of the individual's deontological evaluation (i.e., applying norms of behavior to each of the alternatives) and the individual's teleological evaluation (i.e., an evaluation of the sum total of goodness versus badness likely to be provided by each alternative for all relevant stakeholders). - The resulted overall judgement guides the individual's intention and hence their behavior. - ethical decision making is influenced by a number of exogenous variables. - ethical judgments will sometimes differ from intentions because the teleological evaluation also independently affects intentions.

Michael J. O'Fallon & Kenneth D. Butterfield	A Review of The Empirical Ethical Decision-Making Literature: 1996–2003	2005	Journal of Business Ethics	<p>literature review that summarizes and critiques the empirical ethical decision-making literature from 1996–2003 -> summarized research articles, offering information regarding the findings, summary information on the number of published articles by the independent and dependent variables, and conclusions regarding the state of the research on each dependent variable (awareness, judgement, intent and behavior; an equal number of studies had intent as a dependent variable in comparison to behavior)</p> <p>categories of dependent variables (32 different variables):</p> <ul style="list-style-type: none"> - individual factors (e.g., age, locus of control, gender, philosophy/value orientation..) - moral intensity - organizational factors (e.g. industry type, business competitiveness..) <p>Overall, researchers have produced more empirical articles in the area of ethical decision making over the past 7 years (1996–2003) than in the previous four decades</p> <p>Surprising lack of research into identifying variables that may moderate key relationships of the existing ethical decision-making models.</p>
Paschal Sheeran	Intention-Behavior Relations: A Conceptual and Empirical Review	2002	European Review of Social Psychology	<p>literature review to answer the questions: (a) how well do intentions predict behavior? and, (b) what determines how well intentions predict behavior?</p> <p>A meta-analysis of meta-analyses indicated that intentions explain 28% of the variance, on average, in future behavior</p> <p>factors determining how well intentions predict behavior:</p> <p><u>Issues of Control</u>, f.ex: behavior being predicted is not single action/goal → person must have control over performing a behavior</p> <ul style="list-style-type: none"> - knowledge, - ability, - resources, - opportunity, - availability, - cooperation, - unexpected situations - whether it was a behavioral intention (form: "I intend to do X") or an implementation intention (form: "I intend to do X in situation Y") → the ladder increases both the likelihood of performing a behavior and the speed of action initiation <p><u>Properties of Behavioral Intentions</u></p> <ul style="list-style-type: none"> - Temporal Stability of Intentions: intentions change - Degree of Intention Formation: extent to which participants have thought through the consequences of their decision to act in a particular manner - Attitudinally versus Normatively Controlled Intentions: whether an intention is predominantly determined by attitude (attitudinally controlled intentions) or by subjective norms (normatively controlled intentions) - Certainty and Accessibility of Intentions: intentions held with greater certainty or confidence are associated with greater intention-behavior consistency <p><u>Personality and cognitive variables</u></p> <ul style="list-style-type: none"> - Action Control: focus on the actions required to reduce the discrepancy between their current and future intended state - Anticipated Regret - Self-schemas: people's self-definitions in domains of enduring investment and concern - Conflicting Intentions
Paul C. Stern	Toward a Coherent Theory of Environmentally Significant Behavior	2000	Journal of Social Issues	<p>literature review which led to the development of the value-belief-norm (VBN) theory of environmentalism, which links value theory, norm-activation theory, and the New Environmental Paradigm (NEP) perspective through a causal chain of five variables leading to behavior: (1) personal values (especially altruistic values), (2) Ecological world view, (3) Adverse consequences for valued objects, (4) perceived ability to reduce threat, (5) beliefs about general conditions in the biophysical environment (6) personal norms for proenvironmental action</p> <p>Four types of causal variables are suggested:</p> <ol style="list-style-type: none"> (1) attitudinal factors, including norms, beliefs, and values (2) contextual forces, including interpersonal influences, community expectations; advertising; government regulations, the physical difficulty of specific actions and others (3) personal capabilities, including knowledge and skills required for particular actions availability of time to act, and general capabilities and resources such as literacy, money, and social status and power. (these have very limited explanatory power for many environmentally significant behaviors they may be important for behaviors that depend strongly on particular capabilities.) - habit / routine <p>→ environmentally significant behavior depends on a broad range of causal factors, both general and behavior-specific</p>

Marcus Phipps, Lucie K. Ozanne, Michael G. Luchs, Sardha Subrahmanyam, Sonnern Kapitan, Jesse R. Gau, Caitlin, Roland Gau, Rebecca Walker Naylor, Randall L. Rose, Bonnie Simpson & Todd Weaver	Understanding the inherent complexity of sustainable consumption: A social cognitive framework	Journal of Business Research	B	<p>Literature review with the goal of the proposed SCT-based framework is to capture the complexity of factors underlying sustainable consumption behaviors and to provide a heuristic model</p> <p>Discussed theories:</p> <ul style="list-style-type: none"> Stern's (1998) Values-Beliefs-Norms model Ölander and Thøgersen's Motivation-Opportunity-Ability (MAO) mode Bandura's (1986) social cognitive theory (SCT): <ul style="list-style-type: none"> -role of behavior as not just an outcome, but also as a determinant of other factors -human functioning is explained in terms of a model of triadic reciprocity in which behavior, cognitive and other personal factors, and environmental events all operate as interacting determinants of each other -behaviors are determined by, and in turn affect, both personal and environmental factors -past behavior can influence future behavior, as well as personal and environmental factors <p>no explicit research undertaken, the authors draw on existing theories (mainly SCT) to propose a new perspective and approach to research on the complex subject of sustainable consumption.</p> <p>What their model distinguishes from others:</p> <ul style="list-style-type: none"> -depiction of the interdependency of the three general factors: personal (e.g. cognitive, affective), environmental (e.g. physical, sociocultural) and behavioral (e.g. actions, habits) → reciprocal determinism is included: consumers receive feedback from both tangible outcomes (e.g. economic benefits) and feelings (positive and negative) that arise from past behaviors → the two critical feedback-loops are: 1) past behavior affecting future behavior and 2) behavior affecting both personal and environmental factors
Linda Sieg & Charles Vlek	Encouraging pro-environmental behavior: An integrative review and research agenda	Journal of Environmental Psychology	112	<p>literature review on three topics:</p> <p>(1) the selection and measurement of environmental behavior (problems with self-reports; interdisciplinary collaboration needed, e.g. for energy usage)</p> <p>(2) factors influencing environmental behavior:</p> <p>motivational factors:</p> <ul style="list-style-type: none"> - Weighing costs and benefits - Moral and normative concerns (environmental beliefs and behavior, environmental concern, moral obligations and social norms) - Affect: symbolic and affective motives (theory of material possessions) <p>→ These three theoretical perspectives are not mutually exclusive. Behavior results from multiple motivations, as suggested by goal-framing theory (Lindenberg, 2001)</p> <p>contextual factors:</p> <ul style="list-style-type: none"> operate in four different ways: direct influence on behavior (e.g. no bus service available), mediation by motivational factors (e.g. introduction of recycling facilities may result in more positive attitudes towards recycling), personal factors influencing the moderation of the relationship between behavior and motivational factors (e.g. environmental concern may only result in reductions in car use when feasible alternatives are available), and recycling facilities may promote recycling only among those high in environmental concern) and determination of which type of motivations most strongly affects behavior. <p>The relationship between contextual factors and PEB might be mediated by intrapsychic factors such as attitudes, values, or beliefs:</p> <p>habitual behavior:</p> <ul style="list-style-type: none"> automated cognitive processes which might lead to misperceptions and selective attention <p>(3) strategies for behavior change: informational strategies (information, persuasion, social support and role models, public participation) or structural strategies (availability of products and services, legal regulation, financial strategies)</p>
Sonja M. Geiger, Daniel Fischer & Ulf Schrader	Measuring What Matters in Sustainable Consumption: An Integrative Framework for the Selection of Relevant Behaviors	Sustainable Dev C	2018	<p>no explicit research undertaken</p> <p>→ use of four dimension for defining sustainable consumption behavior (scb), resulting in a scb-cube:</p> <ol style="list-style-type: none"> 1. Sustainability dimension: Sustainability comprises a socio-economic dimension as well as an ecological one (different assessment approaches, e.g. planetary boundaries indicator: CO2) 2. Consumption phases: Consumption comprises different phases: (a) acquisition, (b) usage and (c) disposal 3. Consumption areas: People have needs in different areas of life such as food, housing, mobility, clothing etc. <p>cross-sectional 4. dimension (within the cube): Impact of chosen behaviors: Behavioral measurement scales have to concentrate on the ecologically and socially most impactful behaviors in order to capture the essence of sustainable consumption.</p>

<p>Andrea Prothero, Sustainable Opportunities for Consumer Research and Public Policy</p> <p>Susan Dobscha, Jim Freund, William E. Kilbourne, Michael G. Luchs, Lucie K. Ozanne & John Thøgersen</p>	<p>Journal of Public Policy and Marketing</p> <p>B</p> <p>2011</p>	<p>The essay discusses three opportunities for further research in the context of sustainable consumption:</p> <ul style="list-style-type: none"> (1) Expanded agenda is needed along the following three dimensions: reducing consumption, consideration of the full consumption cycle, and expanding the scope of consumption research (other products/practices) (2) Empowering the Consumer-Citizen, including so-called "duty conflicts" (consumers attempting to balance the contrasting goals of the many roles that they play in their daily lives) and spillovers between behaviors in different domains (3) Institutional and Other Macro Approaches to Change, divided into three broad areas: policy initiatives, education programs, and collaborative consumption (sharing, social lending, etc.)
<p>Environmental Consumerism: A Process of Children's Socialization and Families' Resocialization</p> <p>Debbie Easterling, Shirley Miller & Nanci Weinberger</p>	<p>Psychology & Marketing</p> <p>B</p> <p>1995</p>	<p>No explicit research was undertaken, but a model addressing the development and impact of children's concern for the environment is presented. It illustrates that such development may be based upon children's cognitive status, their exposure to nature, and their exposure to particular socializing influences. One of the possible outcomes of children's concern for the environment is that they may become catalysts for family environmental consumerism, and thereby influence related family attitudes and decision-making. They propose that environmental consumerism may be moderated by the nature of family communication patterns, which can affect the possibility of family resocialization regarding environmental concerns. In addition, family resources (i.e. time, location and income) are also expected to moderate the degree of family environmental consumerism</p> <p>They suggest that environmental consumerism will be reflected in both purchasing and recycling choices and behavior</p> <p>→ not empirically tested!</p>
<p>Remi Trudel</p> <p>Sustainable consumer behavior</p>	<p>Consumer Psychology Review</p> <p>/</p> <p>2018</p>	<p>Literature review of the past 20 years to explores the psychological drivers of sustainable consumer behavior.</p> <p>Four areas of scientific inquiry that have dominated research agendas are identified:</p> <ul style="list-style-type: none"> (a) cognitive barriers; explanation of system 1 and system 2 thinking (Kahneman) → Sustainable consumer behavior is characteristically intertemporal, and thus, the environmental benefits of decisions made today result in benefits years down the road that consumers themselves may not even realize, and therefore, they almost always involve System 2 (Manning, 2009) - economic incentives and nudges, i.e. positive reinforcements, small suggestions, or changes in choice architecture intended to influence the behavior of consumers, e.g. in the form of default options (b) the self; underlying premise that consumers choose sustainable actions because these are consistent with and allow them to express their environmental beliefs. - self-signaling; signaling what type of person somebody is to him/herself → sustainable consumption to avoid discrepancy between self-standards and own behavior - self-identification: people are motivated to develop a sense of self-identification that distinguishes them from others. Whereas self-signaling provides a positive self-image without regard to the perceptions of others, most of the self-identification benefits that consumers seek involve signaling information about themselves to others. - social identification (group identity): people tend to mimic behaviors that strengthen group identity and their ties to the group (c) social influence and social norms: change in a person's attitude or behavior resulting from the influence of others in a group. - descriptive (how many ppl do something) and injunctive norms (what ought to be done) - social proof: type of descriptive social norm providing proof of how people actually behave. (d) product characteristics: can be beneficial or detrimental (lack of strength attributes / perception of worse quality); depends on the product category

Author(s)	Title	Year	Journal	Rating Theories	Methodology	Results	Barriers & Drivers
Andreas Chatzidakis, Minas Kastanakis & Anastasia Strathopoulou	Socio-Cognitive Determinants of Consumers' Support for the Fair Trade Movement	2016	Journal of Business Ethics	B	Theory of Planned behavior: Theory of Reasoned Action & Neutralization Theory	<ul style="list-style-type: none"> - large scale quantitative survey (questionnaire) to test their proposed model (see "Results") - dependent variable: intention - independent variables: attitudes, subjective norms, perceived behavioral control, personal norms, self-identity, moderators: neutralization, past-experience, ambivalence <p>→ highlights the need to explore and effectively operationalize potential impediments to individuals otherwise positive inclination toward ethical products</p> <p>→ the final resulting model (that includes subjective norms, attitude, PBC, perceived difficulty, internal ethics, neutralization, past experience, and attitudinal ambivalence) represents an empirically robust and holistic approach</p>	<ul style="list-style-type: none"> - TPB antecedents explain a substantial amount (47 %) of the variance in intention to support fair trade - inclusion of the additional measures contributed to an additional 17 % of the variance explained - the measure of "internal ethics" (self-identity and personal norms) was the most important predictor of intention, over and above traditional determinants such as attitude and subjective norms (proxy for rational considerations) - perceived difficulty was the third most significant predictor of intention - in terms of moderating variables, it is most notably that attitudinal ambivalence, a variable that has no significant direct effect on intention, moderates the perceived difficulty-intention relationship, in that the higher the ambivalence, the weaker is the negative effect of perceived difficulty on intention - neutralization has a moderating effect on the subjective norms-intention relationship - → highlights the need to explore and effectively operationalize potential impediments to individuals otherwise positive inclination toward ethical products - TPB antecedents explain a substantial amount (47 %) of the variance in intention to support fair trade - inclusion of the additional measures contributed to an additional 17 % of the variance explained - the measure of "internal ethics" (self-identity and personal norms) was the most important predictor of intention, over and above traditional determinants such as attitude and subjective norms (proxy for rational considerations) - perceived difficulty was the third most significant predictor of intention - in terms of moderating variables, it is most notably that attitudinal ambivalence, a variable that has no significant direct effect on intention, moderates the perceived difficulty-intention relationship, in that the higher the ambivalence, the weaker is the negative effect of perceived difficulty on intention - neutralization has a moderating effect on the subjective norms-intention relationship - → highlights the need to explore and effectively operationalize potential impediments to individuals otherwise positive inclination toward ethical products
Leanne Johnstone & Cecilia Lindh	The sustainability age dilemma: A theory of (un)planned behavior via influencers	2018	Journal of Consumer Behavior	C	Theory of Planned behavior and based on that, they introduce the Model of unplanned behaviour for millennials:	<ul style="list-style-type: none"> - proposes that both intentions and behavior are influenced by influencers as the intervening variable - assumes that millennials give a high degree of value to influencers as their motivators, rather than the sustainability cause per se 	<ul style="list-style-type: none"> - sustainability awareness increases with age - importance of influencers is stronger for the younger part of the dataset - although younger people (i.e., the millennial subgroup) are generally less aware of sustainability, those who follow influencers promoting ethical consumption would demonstrate increased sustainability awareness, whether intentionally or incidentally.
Sham Abdulrazaka & Farzana Quoqabb	Exploring Consumers' Motivations for Sustainable Consumption: A Self-Deterministic Approach	2018	Journal of International Consumer Marketing	39	self-determination theory (SDT) by Ryan and Deci 2000:	<ul style="list-style-type: none"> - highlights the importance of humans' evolved inner resources for personal development and behavioral self-regulation - key premise of SDT is that human motivation is driven by the need to satisfy three psychological needs, namely autonomy, relatedness, and competence - holds that motivation can be either self-regulated (motivated to do something because it is inherently interesting or enjoyable) or externally regulated (motivated to do something because it leads to a separable outcome) 	<ul style="list-style-type: none"> - consumers in Malaysia are extrinsically motivated to practice sustainable consumption, driven primarily by their psychological need for relatedness → consumers were found to perceive their sustainable consumption practices as an avenue for them to care for and connect with other members of their community in a meaningful way → consumers experienced an increased sense of well-being, in the form of personal growth and self-enhancement - As in Western cultures, people are said to have other self-construals than Asian people (independent v.s. interdependent), it could be inferred that individuals from western countries are motivated by other factors

Do consumers really care about corporate responsibility: highlighting the attitude-behavior gap?	Emma Boulstridge & Marylyn Carrigan	Journal of Communication Management, 2000	none mentioned, only conceptualization of corporate reputation & what makes a good reputation	<ul style="list-style-type: none"> - All participants felt that the past behavior of companies was not an important consideration in their purchasing behavior. - There was definite scepticism about corporate involvement with charity. Most felt it was done for commercial gain rather than kindness. - The overall consensus was that if a company produced a product they liked and had always bought, they would find it difficult to boycott. - The most important influences on purchase behavior were price, cost/value, quality, and brand familiarity. Respondents neither favoured good behavior nor boycotted poor behavior by companies. <p>→ Corporate responsibility activities may not deliver the results that have been suggested in the previous literature, particularly in terms of influencing consumer purchases.</p> <p>→ Link between consumer purchasing behavior and corporate behavior is not proven.</p>
Ethical Consumption and New Business Models in the Food Industry. Evidence from the Eataly Case	Roberta Sebastiani, Francesca Montagnini & Danièle Dalli	Journal of Business Ethics, 2013	none mentioned, only discussion of customer social responsibility & emergence of social movements	<ul style="list-style-type: none"> - The overt collaboration between the company and Slow Food played a significant role in endorsing and authenticating the market offering. This interaction between the company and the social movement also influences Eataly customers' acceptance. - social movements may act like any other public or international institution that contributes to setting the rules for ethical consumption and business s. - authors suggest that collaborations between companies and social movements can effectively contribute to improving the social context in which ethical purchases occur - leveraging this collaboration, Eataly was able to provide an adequate range of selected products, balanced information on the products features , as well as on the suppliers and their production processes, and a suitable in-store layout , thus impacting some of the factors affecting the attitude-behaviour gap - this process of co-designing the market offering supports ethically minded customers buying behaviour and, simultaneously, attracts mainstream customers. Many of them feel actively involved in the process (Arnold and Price 2000); they seem to enjoy the same experience as when purchasing directly from the original producers
Articulating the Meanings of Collective Experiences of Ethical Consumption	Eleni Papaikonomou, Mirela Valverde & Gerard Ryan	Journal of Business Ethics, 2012	none mentioned	<ul style="list-style-type: none"> - ethical consumption in a group project offers a greater sense of effectiveness and control when compared to individual actions. - these groups facilitate the creation of a social circle and encourage new learning as a result of the social interaction that takes place in the ethical community of the cooperative. - initial motives of the participants for joining can be classified under three main constructs: utility (getting access to the products that the cooperative could provide), social interaction (with people with similar interests and principles) and political ideology (as a form of reacting to the existing dominant economic and political structure) - Additionally, members see the cooperative as a space where they can express their real ethical self and they feel that they gain more control over their lives. - participation in collective ethical projects seems to overcome the well-documented obstacle of the limited perceived impact of individual ethical action

				discussion of many different theories used in (ethical) consumer research, e.g. Theory of Planned Behavior or Theory of Valuation by Dewey (1939): the formation of ethical or value judgements cannot be viewed in isolation of individual acts; they must grow both from experience and from existing valuations → a theory of valuation must necessarily include both a psychological and a sociological dimension, as humans exist in a cultural environment that shapes desires and ends and, therefore, valuations.	- all respondents suggested their purchasing (or at least their consumption desires) centred around buying fewer items and those which would last - the retailer set frequented by respondents (their habit) was relatively stable, and only changed when personal events drove the search for new styles or brands - results suggest that ethical consumption extends to myriad practices, which are integrated into an individuals' search for a morally good life. - Informants' stories frequently contain evidence of complex, but repetitive patterns of attributes, preferences, morals, values, desires, identities and relationships that contribute to value.
Alex Hiller & Tony Woodall	Everything Flows: A Pragmatist Perspective of Trade-Offs and Value in Ethical Consumption	Journal of Business Ethics	B	Cycling into Headwinds: Analyzing Practices That Inhibit Sustainability	<p>Practice theory: focuses on material, meanings, and competences as the components of a practice, positing that a practice can thrive and grow only when these elements come together.</p> <p>→ The fieldwork adds up to 40 typed pages of diary, 846 minutes of video material, and 36 hours of taped interviews.</p> <ul style="list-style-type: none"> - emphasize that for a practice to survive and grow, it requires nourishing relationships with supporting practices. This creates a situation of critical mass, in which enough practices come together to support one another and create strong synergies; only then can a practice thrive. - Practices that have strong synergistic relations in place are very difficult to contest. - This is not the case in the researched city, e.g. numerous bicycle parking facilities are located at leisure sites, whereas facilities in the city center are non-existent. → the research shows that some sustainable practices do not occur because of practice constellations instead of unclear individual consumer barriers, which current consumer centered ontologies often emphasize
Klara Scheurenbrand, Elizabeth Parsons, Benedetta Cappellini & Anthony Patterson	Cycling into Headwinds: Analyzing Practices That Inhibit Sustainability	Journal of Public Policy and Marketing	B	Green Leather for Ethical Consumers in China and Korea: Facilitating Consumption with Value-Belief-Attitude Logic	<ul style="list-style-type: none"> - hedonic and utilitarian values lead to positive pro-environmental belief, while there was no significant impact of conspicuous value - consumers desire to acquire both utilitarian and hedonic benefits and are not willing to give up either value - consumers are not much interested in the named brand or conspicuous effect - the EFFE product attributes of aesthetics, sustainability, and brand are significant mediators for creating ethical consumption attitudes toward EFFE products - cultural disparities can be seen, e.g. Chinese consumers are actively motivated by pro-environmental belief to advance their positive attitude, while the Korean consumers employ information on EFFE product attributes to avoid uncertainty in their heuristic decision-making process - age also played a role: although the influence of values on pro-environmental behavior remains nearly the same, younger consumers have their positive attitudes toward EFFE products through mediation of information about the product attributes of EFFE, whereas the older cohort shows a significant mediation of pro-environmental belief
Hye Jung Jung, Hae-Jung Kim & Kyung Wha Oh	Green Leather for Ethical Consumers in China and Korea: Facilitating Consumption with Value-Belief-Attitude Logic	Journal of Business Ethics	B		<ul style="list-style-type: none"> - quantitative online survey with consumers from China and Korea with attitude towards Eco-friendly faux-leather (EFFL) products as a dependent variable: - independent variables: Conspicuous Value, Utilitarian Value & Hedonic Value on pro-environmental beliefs - pro-environmental beliefs influence Aesthetic Attribute, Brand Attribute & Sustainability Attribute and these, in turn, influence the attitude towards Eco-friendly faux-leather (EFFL) products

Daniel Hanss, Gisela Böhm, Rouven Doran & Andreas Homburg	Sustainable Consumption of Groceries: the Importance of Believing that One Can Contribute to Sustainable Development	2016	Sustainable Development	C	Theory of Planned behavior	<ul style="list-style-type: none"> - quantitative survey among consumers in Norway - independent variables: demographic characteristics, attitudes, norms and domain-specific sustainable development self-efficacy - dependent variable: intentions to purchase sustainable groceries
Giulia Miniero, Anna Codini, Michelle Bonera, Elisabetta Corvi & Giuseppe Bertoli	Being green: from attitude to actual consumption	2014	International Journal of Consumer Studies	D	<p>- Regulatory Focus (being the strategic orientation individuals use to pursue their goals) Theory (Higgins, 2000, 2002)</p> <p>contemplates two separate and independent self-regulatory orientations: prevention and promotion. These foci guide the pursuit of goals using various behavioral means; e.g.: prevention-focused individuals are orientated to safety, responsibilities and security needs and behave accordingly</p> <ul style="list-style-type: none"> - Regulatory Fit Theory (Higgins, 2000); when the match between the goal pursuit strategy and the individuals' orientation takes place, the perceived importance of the issue is enhanced, resulting in higher compliance values - Time horizon = the time consumers believe will elapse before they can experience the outcomes caused by their eventual choices (Wright and Weitz, 1977) and can push them to immediately engage in a certain behavior → the literature about time horizon supports the idea that when gains and losses occur in the future, this results in a general optimism 	
Mohamed M. Mostafa	A Hierarchical Analysis of the Green Consciousness of the Egyptian Consumer	2007	Psychology & Marketing	B	Theory of Reasoned Action & Theory of Planned Behavior	<ul style="list-style-type: none"> - findings confirms the existence of a value- attitude-behavior hierarchy in the green purchase context → substantial empirical support to some of the important premises of such classic behavioral theories as the TRA and TPB - influence of consumers' natural environment orientation on ecological knowledge, and environmental concern on their attitudes towards green purchase. - consumers' attitudes toward green purchase, in turn, affect their actual green purchase behavior via the mediator role of green purchase intention. - the link between intention and actual purchase is weak -> concern over the ecological situation may not be manifested consistently

Deirdre Shaw, Robert McMaster & Terry Newholm	Care and Commitment in Ethical Consumption: An Exploration of the Attitude-behavior Gap'	Journal of Business Ethics	B	<p>- Care Theory: Care has dual set of meanings: mental dispositions of interest, concern and commitment, as well as practices arising from such interest, concern and commitment</p> <ul style="list-style-type: none"> - Blustein's (1991) forms of care: "To care for" - "To have care of," "To care about" (→ most significant form of care for this research), "To care that" For Blustein, commitments have two distinct elements: they presuppose a belief, or beliefs, in something, and involve a dedication to actions implied by that belief or beliefs. <p>Though there cannot be commitment without care, there can be care without commitment. There may be a sense of obligation and responsibility that follows from commitment.</p>
Tina Mainieri, Elaine G. Barnett, Trisha R. Valdero, John B. Unipan, Stuart Oskamp	Green Buying: The influence of Environmental Concern on Consumer Behavior	The Journal of Social Psychology	1997	<p>67</p> <p>none mentioned</p> <p>- quantitative questionnaire</p> <p>- dependent variable: environmental consumerism</p> <p>- independent variables: awareness about environmental impact of products, specific environmental beliefs of consumers, environmental attitude, demographic variables and proenvironmental behaviors other than buying behavior</p>
Bodo B. Schlegelmilch, Greg M. Bohlen & Adamantios Diamantopoulos	The link between green purchasing decisions and measures of environmental consciousness	European Journal of Marketing	1996	<p>- there are variations in conceptualisations of care by informants, inter-linkages across conceptualisations and variation in intensity of care and impact on behavior</p> <ul style="list-style-type: none"> - explanatory inter-linkage: commitment to "care about" is linked with a "care for" and resultant desire to act, motivated by a responsibility to enact "care of;" → commitment to action cannot be assured as a result of the existence of duties of care - "caring about" does not necessarily lead to "care-giving," but a closer examination of the intensity, morality, and articulation of care can lead to a greater understanding of consumer behavior (incl. abstention) - ethical consumption behaviors are not restricted to consumption contexts, rather such consumption choices are reflective of and informed by wider identity issues - care as a potentially broad concept facilitates the inclusion of attitudes and associated behaviors that are not entirely or solely consumption orientated. These articulations mainly included trade-offs between objects of care <p>- respondents did not display their concerns in their purchasing behavior (only 14-30% stated they had ever bought any category of product because of its environmental impacts even if respondents expressed generally favorable environmental viewpoints)</p> <p>- consumer's pro-environmental beliefs is a significant predictor of all three of our measures of environmental consumerism (and also of environmental attitudes)</p> <ul style="list-style-type: none"> - demographics, confusion over environmental marketing claims, general environmental concern (which was usually moderate to strong among informants) and participation in other pro-environmental behaviors did not significantly predict green buying behavior - some relationships among environmentally relevant behaviors emerged, e.g. participation in a community curb side recycling program and the number of materials recycled were both positively predicted by resource conservation activities - women were found to be more likely than men to be environmental advocates, age, income and education were not related to green purchasing behavior <p>- consumers' overall environmental consciousness has a positive impact on pro-environmental purchasing behavior (environmental consciousness variables often explain more than 20 per cent of the variation in the purchasing measures)</p> <p>- results vary between sample type: more variation in pro-environmental purchasing behavior is explained for the general public sample</p> <p>- results are inconsistent across the specific purchasing items, particularly for the general public sample. For instance, approximately four times the variation is explained in purchasing levels of ozone-friendly aerosols in relation to organically-grown fruit and vegetables → it is possible that the discrepancies in the strength of the relationships are a consequence of moderating factors in respondents' purchasing decision criteria</p> <ul style="list-style-type: none"> - a strong relationship was discovered for the environmental attitudes scale (also most consistent explanatory variable; the remaining variables vary considerably in terms of their explanatory power) - environmental knowledge scale did not manifest strong relationships for either sample - the behavioral measure did not explain substantial variation in the purchasing measures - political action scale is only observed to be an important explanatory variable for environmentally-friendly detergents and organically-grown fruit and vegetables <p>Overall, consumers' environmental consciousness may impact on their purchasing decisions, although the latter are also likely to be influenced by other moderating factors</p> <p>- Attitudes are the most consistent predictor of pro-environmental purchasing behavior</p>

Linda F. Alwitt and Robert E. Pitts	Predicting Purchase Intentions for an Environmentally Sensitive Product	Journal of Consumer Psychology	1996	A	Theory of Reasoned Action	<ul style="list-style-type: none"> - General environmental concern (GEC) has an only indirect effect on purchase intentions for environmentally related products and the relation is mediated by product-specific attitudes about consequences of using the environmentally related product as well as the product's environmental attributes - Environmental attitudes do indeed influence consumers' intentions to purchase environmentally sensitive products, although the influence may be indirect - The stronger the attitude toward the environmental consequences of disposable diaper consumption, the smaller the proportion of disposable diapers the respondent intends to use - The impact of general environmental concern is mediated by attitudinal variables relevant to the specific product class → GEC does not generally or directly index purchase intentions for environmentally sensitive products 	<ul style="list-style-type: none"> - general environmental concern (only indirect)*
Abdullah Al Mamun ^a , Mohd. Rosli Mohamad ^a , Mohd. Rafi Bin Yaacob ^b , & Muhammad Muhiuddin ^c	Intention and behavior towards green consumption among low-income households	Journal of Environmental Management	2018	B/C	Theory of planned behavior	<ul style="list-style-type: none"> - quantitative cross-sectional study that relied on low-income household respondents - dependent variable: intentions towards environmentally friendly products and in the next step" behavior towards environmentally friendly products - independent variables: attitudes towards environmentally friendly products (influences by eco-literacy and self-efficacy), subjective norms & perceived behavioral control - mediating effects: attitude towards green products and intention e towards green products 	<ul style="list-style-type: none"> - attitude had a direct effect the intention towards green consumption - personal judgment on the execution of green activity and the preservation of natural systems was important to gain positive attitudes toward eco-friendly products among consumers - subjective norms did <i>not</i> have significant effect on the intention to consume green products - PBC was a salient determinant of the intention and behavior towards the purchase of green products - when the consumers are able to learn the competency in improving the environmental quality, they strive for achieving desire outcome through efforts to solve environmental issues. This reaction is facilitated by the past experiences that improve the efficiency of performing certain behaviors - positive effect of eco-literacy and self-efficacy on attitude towards green products - positive effect of attitude and perceived behavioral control on intention and consumption of green products
Maarten Elen, Evelien D'Heer, Maggie Geaens, Iris Vermeir	The influence of mood on attitude-behavior consistency	Journal of Business Research	2013	B	Cognitive Capacity Theory	<ul style="list-style-type: none"> - Cognitive Capacity Theory: holds that a positive mood triggers a broader array of thoughts than does a negative mood - Mood Maintenance Theory: argues that people seek to maintain or achieve a positive mood state - Feelings as Information Theory: assumes that a person's affective state signals the state of the environment. Based on whether the environment is safe or not, people spend less or more cognitive effort in decision-making and information processing → e.g. a negative mood signals a potentially problematic situation, which requires extra attention → Overall, it can be said that while a negative mood enhances thoughtful processing, a positive mood causes a processing deficit, or in other words, a sad mood induces a deliberative decision strategy whereas a positive mood leads people to respond more intuitively - Fazio's MODE-model (1990): predicts that when people are sufficiently motivated and have the opportunity, they reflect more on their attitudes and as a consequence, behavior is likely to be in line with attitudes 	<ul style="list-style-type: none"> - attitude (influenced by eco-literacy and self-efficacy) - perceived behavioral control <p>three main findings:</p> <ol style="list-style-type: none"> (1) mood significantly affects attitude-behavior consistency, (2) not the decision style that mood activates (i.e., a deliberative style under negative mood versus an intuitive decision style under positive mood), but a fit in decision style respondents use during attitude formation and decision making underlies this mood effect (3) this mood effect holds for individuals who tend to experience their emotions intensively (i.e., high affect intensity individuals), but reverses for individuals who experience their emotions less intensively (i.e., low affect intensity individuals) <p>- attitude-behavior consistency is higher under a negative mood than under a positive mood</p> <p>- participants who receive instructions to base their product ratings on their gut feelings (intuitively reporting of one's attitude score higher on attitude-behavior consistency under a positive mood) versus a negative mood). Participants who do not receive deliberation instructions, are more consistent under a negative mood. This is also the case when controlling for choice variety → fit in decision style used to construct attitudes and to make a behavioral decision underlies the effect of mood on attitude-behavior consistency</p> <p>- high AI-people are more consistent under negative mood, while low AI-people are more consistent under positive mood. A negative mood during decision making after reporting deliberate attitudes causes a fit for high AI persons because they adopt a deliberative decision strategy under a negative mood</p> <p>- low AI-persons experience a fit in decision style between attitude formation and decision style when they report deliberate attitudes and make a decision in a positive mood</p> <p>- sum: mood & fit of decision style used in attitude formation and decision making played a role in how well attitude translated in behavior</p>

				<ul style="list-style-type: none"> - considering subjectively perceived contextual factors, in addition to intra-personal factors, is a more fruitful approach to assess PEB as opposed to exclusively using either objective contextual factors or intra-personal factors - positive full/indirect effect of perceived busyness and wealth on private sphere PEB through importance and cost but no indirect effect of perceived power on either public or private behavior - perceived power is a direct antecedent to PEB if it is performed privately, such as recycling - the positive effect of perceived power is not explained by attitudinal variables. When a consumer considers that she has the capacity to recycle her cardboard or used batteries, she is likely to do it, regardless of the importance of the behavior - the lack of relationship between perceived power and public behavior might be explained by the fact that consumers enact environmental activist behavior when they feel helpless about a given situation, and view public activism as an ultimate recourse for solving the problem. - Conversely, consumers are more likely to engage in private behavior when they feel increased capability - consumers who have more money and time available will be more likely to engage in private behavior, not because they do have more money and time available, but because these two contextual factors lead them to perceive PEB as more important and less costly
Exploring pro-environmental behaviors of consumers: An analysis of contextual factors, attitude, and behaviors	Myriam Ertz, Fahri Karakas, Emine Sarigülu	B	Journal of Business Research 2016	<ul style="list-style-type: none"> - quantitative questionnaire among university students - dependent variable: behavior (private-sphere and public-sphere behavior) - independent variables: contextual factors (perceived busyness, perceived wealth, perceived power) and attitude (importance, duration & cost of the behavior)
Why and when do consumers perform green behaviors? An examination of T regulatory focus and ethical ideology	Lili Wenli Zou & Ricky Y.K. Chan	B	Journal of Business Research 2019	<p>survey data collected from Hong Kong and the United States → proposed conceptual model: regulatory focus (promotion vs. prevention) influences ethical ideology (relativism vs. idealism), which in turn influences the ethical judgement via the moderating variables moral intensity and ATSCI (= attention to social comparison information). Ethical judgement then influences ethical intention which finally determined the ethical behavior</p> <ul style="list-style-type: none"> - Hunt and Vitell's ethical decision-making model - Regulatory Focus Theory
The Effect of Descriptive Norms and Construal Level on Consumers' Sustainable Behaviors	Yuhosua Ryoo, Na Kyong Hyun & Yongjun Sung	B	Journal of Advertising 2017	<p>two quantitative studies to examine whether the effect of two types of descriptive norms on consumers' sustainable behaviors can be moderated by construal-level messages</p> <p>(1) laboratory experiment: 2 (descriptive norms: general versus provincial) x 2 (construal level: high versus low) between-subjects design; high-level construal is concerned with the desirability of an action (i.e., "why" certain things are done), while a low-level construal focuses on the feasibility of an action (i.e., "how" certain things are done)</p> <p>(2) field experiment: as in Study 1, different combinations of the descriptive norms and construal level were used</p> <p>- provincial norms (versus general norms) are more effective in encouraging consumers to participate in a sustainability campaign when paired with low- construal-level messages; but provincial norms are no longer superior to general norms when both norms are presented with high-construal-level messages.</p> <p>-> the superiority effect of provincial norms on sustainable behaviors can be either facilitated or hindered depending on the level of the construal message paired with the norms</p> <p>-> findings collectively indicated that the congruence between types of descriptive norms and construal level messages leads to consumers' attitudinal and behavioral changes</p> <p>-> the authors reasoned that when concepts between descriptive norms and construal-level messages are congruent, rather than mismatched, they are more fluently processed, which enhances the perception of self-efficacy and increases positive intention toward and engagement in sustainable behaviors</p> <p>-> highlights the importance of accounting for spatial distance in understanding the superiority of provincial norms (versus general norms).</p>

				- guilt, hope, pride, and optimism as relevant triggers of increased intent to manage personal consumption in pursuit of a desirable social outcome (i.e., reduction of disposable plastic bottled water consumption). - while guilt, hope, and pride are relevant self-referential emotions to initial stages of change, optimism is a principal construct in motivating people to adopt and maintain the behavior over time - stage of change moderates the effectiveness of message type → an optimism message is more successful than an information message in increasing overall intent for precontemplative people, whereas this type of optimistic message does not seem to have a significant effect on people in action or maintenance stage (no additional intentional effect over informational message) → social marketers should consider optimism an effective message appeal to motivate the reluctant consumer to adopt a social consumption management activity	
				two quantitative studies (1) questionnaire among students only measuring affective stages as dependent variables: guilt, pride, hope, optimism; independent variable: stage of change (2) experiment with a 4 x 2 between-subjects design with independent variables: stages of change: precontemplative, contemplative, action and maintenance and message type: optimism vs. information; dependent variables: intent towards reducing disposable plastic bottled water consumption	
				four quantitative studies: (1) one-factor (default policy: opt-in vs. opt-out) between-subjects design in which individuals' active environmental consciousness was measured; among students; dependent variable: participation intention to the green service; one of the independent variables was guilt (2a) one-factor (three conditions of default policy: opt-in vs. opt-out vs. forced choice) between-subjects design; among students; dependent variable: respondents' choice to participate in the e-statement service (bank) (2b) one-factor (default policy: opt-in vs. opt-out vs. forced choice) between-subjects; among actual consumers; dependent variable: respondents' participation intentions to the e-bill service (3) two (default policy: opt-in vs. opt-out) x 2 (co-operation strategy: incentive-based vs. reciprocal-based) between-subjects design; among students; dependent variable: participation intention in the green service	<ul style="list-style-type: none"> - show that the opt-out default policy is more effective than the opt-in, because it increases anticipated guilt. This effect is stronger for consumers who are less conscious for the environment - a forced choice policy, in which the consumer is not automatically assigned to any condition and is forced to choose between the green and the non-green service option, is more effective than the opt-in policy and not significantly more effective than the opt-out policy - the role of defaults is weakened (enhanced), if a negotiated (reciprocal) cooperation strategy is used
Aris teids Theotolis & Emmanouela Manganari	The Impact of Choice Architecture on Sustainable Consumer Behavior: The Role of Guilt	Journal of Business Ethics	B	<p>Theories and Attitudes as Predictors of Ecologically Responsible Consumption Patterns</p> <p>In this so-called intensity hypothesis, Heron (1976) postulates that ecologically concerned consumers possess certain psychological characteristics to a significantly higher degree than other consumers. Webster (1975) developed his so-called social involvement model, which suggests that socially conscious consumers are more active and socially involved than the average consumer.</p>	<ul style="list-style-type: none"> - each behavioral pattern has its own cluster of predictors (examples below), although the ecologically concerned consumer belongs to the upper social classes - neither personality variables nor attitudes influence home insulating behavior. Home insulation activities increase with age (.13), income (.20), and better education (.11). - Consumers with an internal control ideology save more energy than others (.24) → this general belief concerning control over critical social events is the strongest energy-saving predictor - the predictive power of the attitude toward pollution is disappointingly poor (.08). Energy is being saved in households of more educated consumers (.11) and in rural areas (-.13) - The more a consumer believes in the power of the individuals, the more they buy and use nonpolluting products (.25) → no general picture of the ecologically concerned consumer can be drawn from the results, it depends on the behavior in question

				Profiles of typology groups, where each has a distinct sustainability consciousness, human values and demographic profile (a) Financially careless consumers: not very concerned with sustainability; a typical feature: a lack of worry about debt (have high income); except for power and stimulation, human values matter little to these consumers; although these consumers express, at best, average ecological and social concern, they buy significantly more green and fair-trade clothing than average (-> reverse concern-behavior gap) (b) Non-simplifiers: least concern with simple living among all groups; highly educated, and their incomes are above average for clothing.	
	B	The many faces of sustainability-conscious consumers: A category-independent typology Ingo Balderjahn, Mathias Peyer, Barbara Seegerbarth, Klaus-Peter Wiedmann & Anja Weber	Journal of Business Research 2018	- CSC model: - discussion of segmentation typologies, e.g. Poortinga and Damert (2016)'s sustainability segmentation model that can be used by governments and civil society organizations across different policy areas related to sustainability → conclusion: existing segmentation studies lack a comprehensive approach to the multifaceted phenomenon of sustainable consumption	- quantitative - analysis is based on three representative datasets: an online survey , a fast-moving consumer goods (FMCG) panel and a textile panel - influencing variables: environmental consciousness, social consciousness and economic consciousness - profiling variables: Schwartz Human Values, Actual Buying Behavior and Sociodemographic
	A+	Ecologically Concerned Consumers: Who Are They? Thomas C. Kinnear, James R. Taylor & S-Saddiqin A. Ahmed	Journal of Marketing 1974	- personality variables were better predictors than the socioeconomic variables → no demographic characteristics were found to be statistically significant in relation to the ecological concern index - individual's perceived consumer effectiveness relative to environmental pollution has a marked effect on his level of ecological concern - those with a strong desire to know how things work (understanding) were also more ecologically concerned than the average - Concern for ecology increased with increased harm avoidance. However, as harm avoidance becomes extremely high, a person reacts to potential pollution harm by ignoring or repressing the problem The author suggests the following profile of ecologically concerned consumers: - tend to score high in perceived consumer effectiveness against pollution - high in openness to new ideas (tolerance) - high in their need to understand the workings of things and satisfy intellectual curiosity (understanding)	- personality traits*: - perceived consumer effectiveness - tolerance (openness to new ideas) - understanding - harm avoidance